

The Morning Offering

Oh Jesus, through the Immaculate Heart of Mary,
I offer you all my prayers, works, joys, and sufferings
of this day
in union with the holy sacrifice of the Mass
throughout the world.

I offer them for all the intentions of Your Sacred Heart:
the salvation of souls,
reparation for sin,
and the reunion of all Christians

I offer them for all the intentions of our bishops
and all of the other apostles of prayer
Especially for those recommended by our Holy Father
for this month:

[After citing the Holy Father's intentions, we are invited to add
any special intentions of our own!]