

*From the Desk of
Mrs. Kathleen Spina,
Principal of Holy Trinity School
September 25, 2020*

The Virtue for the month of September was Respect. The Virtue for the month of October is Thankfulness.

As we end September and begin the month of October, let us think about how we have respected our classmates, teachers, and new friends as we began a new school year. Let us also think about the people, places, and objects we are thankful for, and how do we show we are grateful.

Gentle Reminder.

If you are a remote learner, and have not picked up your books please call the office to arrange a pick up.

Health Information:

Please read the attached health flyers.

Fight Flu at Home and School

2020-2021 School Year NYS Immunization Requirements

Please make sure your child's immunizations are up to date.

Individual students received a letter of Immunization Referral, please check backpacks. It is very important the immunizations are up-to-date.

All classwork and homework should be emailed to the teacher using Google Classroom or the preferred platform of the class teacher. Please do not drop papers off at the office.

Teachers can be reached by using School Notes, or by leaving a message at the office for your teacher to call you back.

Parents, please email a teacher with questions and they will get back to you as soon as they can. Please do not connect with the teacher during class time in your child's zoom meeting, this is a noticeably big distraction. Our teachers will answer your questions, keep in mind they are teaching to a class and you can be heard throughout the classroom.

Yearbooks:

Yearbooks were sent home. If you are interested in purchasing 2019-2020 for \$25.00 please call the office.

Parent Forms:

Located on Holy Trinity School website are parents forms that are to be emailed to your child's teacher.

Please fill out forms and send them to your child's teacher as soon as possible.

Telecommunication, script, Safe Environment Forms

New Families:

Please fill out the Record Request form and send it in with your child if you have not already done so.

Emergency Pickups

It would be greatly appreciated if you did not pick up your child before dismissal.

If, however your child has a scheduled appointment, please call the office and you will be guided as to where to pick up your child.

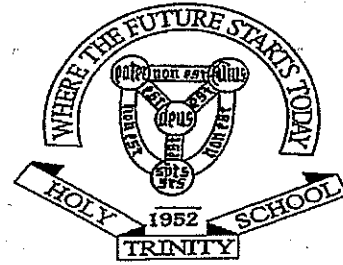
I am honored to serve as the principal at Holy Trinity School. It is truly a privilege to be part of a community who all work collaboratively to help our students become positive role models.

Please feel free to contact me at 845-471-0520 or at kathleen.spina@archny.org

Kathleen Spina

Holy Trinity School

20 Springside Ave.
Poughkeepsie, NY 12603
845-471-0520
Fax: 845-471-0309



Immunization Referral Letter to Parents 2020-2021

Date: _____

RE: _____

Grade: _____

New York State Public Health Law, Section 2164 mandates that schools shall not permit a child to be admitted unless the parent provides the school with a certificate of immunization or proof from a physician, nurse practitioner or physician's assistant that the child is in the process of receiving the required immunizations. Enclosed is a copy of the "New York State Immunization Requirements for School Entrance/Attendance" form for you reference.

Immunizations must be documented by your health care provider, health department where the child received the immunizations, or must be from an official copy of the immunization record from the child's previous school (a copy of the original immunization record from the healthcare provider – not a copy of the school health record).

The problem(s) with your child's immunization requirement(s) is/are:

If you have further questions or concerns about immunizations, please feel welcome to contact the school health office at (845) 471-0520. Your physician may also fax it to school at (845) 471-0309. Thank you.

Sincerely,

A handwritten signature in cursive script that reads "Liuping Wang, RN".

School Nurse: Liuping Wang, RN.



Fight Flu

at Home and School

Flu, or influenza, spreads easily and can make people very sick, especially kids. You can help stop flu!

Flu symptoms include:

Fever or chills, body aches, cough, sore throat, headache, runny or stuffy nose, feeling very tired. Some people, especially children, may have stomach problems and diarrhea. Unlike a cold, the flu comes on very suddenly.

Prevent flu!

- Flu vaccine is the best protection against the flu. It is recommended every year for everyone 6 months and older.
- Get the flu vaccine for you and your children every year! It helps make flu sickness milder or prevents it all together.
- Getting the vaccine early in the fall means you and your children will be protected when flu season starts.
- Ask people close to your children, like babysitters and relatives, to get the vaccine, too.
- The vaccine is especially important for people with certain health conditions, like asthma, diabetes, heart or lung conditions because the flu can make them even sicker.

If your child gets the flu:

- Your child will need plenty of rest and lots of fluids.
- Keep your child home from school for at least 24 hours after their fever is gone without using fever-control medicine. This helps avoid giving the flu to others.
- Talk with your child's health care provider before giving a child any over-the-counter medicine.
- Never give your child or teenager aspirin or any medicine that has aspirin in it. Aspirin can cause serious problems.
- If your child gets flu symptoms and is younger than 5 or has a medical condition like asthma, diabetes, or heart or lung disease, call their health care provider. Young children and those with certain medical conditions are at greater risk for getting seriously ill from the flu. Ask their health care provider if they recommend an antiviral drug.
- If you are worried about your child, call their health care provider.

Don't spread flu!

- Wash hands often with soap and water for at least 20 seconds.
- If soap and water aren't handy, use an alcohol-based hand rub.
- Cough or sneeze into a tissue or your elbow, not your hands. Put used tissues in the trash.
- Avoid touching your eyes, nose, and mouth. That's how germs spread.
- Stay away from people who are sick.

health.ny.gov/flu



2020-21 School Year New York State Immunization Requirements for School Entrance/Attendance¹

NOTES:

Children in a prekindergarten setting should be age-appropriately immunized. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine should be in accordance with the ACIP-recommended immunization schedule for persons 0 through 18 years of age. Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes should meet the immunization requirements of the grades for which they are age equivalent.

Dose requirements MUST be read with the footnotes of this schedule

Vaccines	Prekindergarten (Day Care, Head Start, Nursery or Pre-k)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td)²	4 doses	5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older		3 doses
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap)²		Not applicable		1 dose
Polio vaccine (IPV/OPV)⁴	3 doses		4 doses or 3 doses if the 3rd dose was received at 4 years or older	
Measles, Mumps and Rubella vaccine (MMR)⁵	1 dose		2 doses	
Hepatitis B vaccine⁶	3 doses		3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years	
Varicella (Chickenpox) vaccine⁷	1 dose		2 doses	
Meningococcal conjugate vaccine (MenACWY)⁸		Not applicable	Grades 7, 8, 9, 10 and 11: 1 dose	2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib)⁹	1 to 4 doses		Not applicable	
Pneumococcal Conjugate vaccine (PCV)¹⁰	1 to 4 doses		Not applicable	