



- Dynamic catholic.com - sign up for daily emails during Advent - Best Advent Ever
- Ascension Press- Rejoice with the Holy Family, order your journal and get weekly videos with Fr. Josh Johnson, Sr. Miriam Heiland, Fr. Mark Toups
- Log on to formed.org for spiritual formation, movies, books, videos etc
- Advent Longing for God Saturday December 5, 1pm- 4pm (Zoom Presentation) Register on the Archdiocesan Spirituality Website. Presenter Sr. Dorothy Trosclair OP, Donation \$30.00.
- Overshadowed by the Spirit: Christ is conceived. Friday Dec. 4th 9:30 to noon. Presenter Jan Tate at the Archdiocesan Spirituality Center, Eucharist celebrated at noon. Donation \$30.00.

Podcast Suggestions

- Discerning Hearts has many offerings for Spiritual growth
- Abiding Together podcast
- Not Lukewarm Podcast
- Ask Fr. Josh
- People of Hope
- Godsplaining

Podcasts for Young Adults

- The Father Mike Schmitz Catholic Podcast
- Outcast Catholic
- The Holy Ruckus
- Thirty minutes with the Perry's (for married couples under 30)

Marriage and Parenting Podcasts

- Electric Waffle Podcast
- Messy Family Project
- Coffee and Pearls: Wisdom for Catholic Moms
- Diapers and Disciples

For Men

- The Catholic man show
- Vital masculinity
- Just a guy in the pew
- The Catholic gentleman Podcast

For Women

- Blessed is she
- The Feminine Genius
- Fountains of Carrots
- Just one small thing