PRAYERS BEFORE & AFTER
THE HOLY SACRIFICE OF THE MASS

PRAYER OF SAINT AMBROSE
BEFORE HOLY MASS:
I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood, which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE
AFTER HOLY MASS:
Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and substantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end. May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immoveably henceforth and forever. Amen.

MUSINGS FROM YOUR PARISH PRIEST:

And Jesus said to them, “Thus it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance and forgiveness of sins should be preached in his name to all nations, beginning from Jerusalem. You are witnesses of these things. And behold, I send the promise of my Father upon you; but stay in the city, until you are clothed with power from on high.” [Luke, 24]

St. Matthew stresses that the Old Testament prophecies are fulfilled in Christ, because his immediate audience was Jews, who would accept this as proof that Jesus was indeed the promised Messiah; St Luke does not usually argue along these lines because he is writing for Gentiles; however, in this epilogue he does report, in a summarized way, Christ’s statement to the effect that everything foretold about him had come true. By doing so he shows the unity of Old and New Testaments and that Jesus is truly the Messiah.


From St. Luke’s account we have seen how slow the apostles were to grasp Jesus’ prophecy of his death and resurrection (cf. 9:45; 18:34). Now that the prophecy is fulfilled Jesus reminds them that it was necessary for the Christ to suffer and to rise from the dead (cf. Acts 2:1-4).

The Cross is a mystery, in our own life as well as in Christ’s “Jesus suffers to carry out the will of the Father. And you, who also want to carry out the most holy will of God, following the steps of the Master, can you complain if you meet suffering on the way?” (St. J. Escrivá, The Way, 213)

St. Luke, who will report our Lord’s ascension in the Acts of the Apostles, here gives a summary account of this mystery which marks the end of Jesus’ visible presence on earth. St Thomas Aquinas explains that it was inappropriate for Christ to remain on earth after the Resurrection, whereas it was appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven, because, although his risen body was already a glorified one, it now receives an appropriate that he should ascend into heaven.

The above commentary if from the Faculty of Theology at the University of Navarre, in Spain.

In Mary’s Immaculate Heart,
St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208
www.stpatricks Spokane.org

Holy Sacrifice of the Mass
Sundays 9:00 AM (Church) Weekdays 7:00 AM (Convent) Saturdays 8:00 AM (Church) Holy Days Consult Bulletin

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For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363.

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St Patrick Parish. 509-466-7738

Office Hours for Fr. Gaines:
Tuesday and Wednesday Mornings: 8:30 AM at 7738 E. Nelson St., Spokane, WA 99217 Phone: (509) 998-18340 Cell. You may also go to the Diocesan website

Good Shepherd Catechism
Join us!! The Sisters will have classes on Mondays, from 3:30 to 4:30 in the Convert. This is for children ages 3-12.

A spiritual backpacking retreat with Fr. Semple, June 27-29
10 miles along the Kettle Crest Trail from Barnaby Butte to Sherman Pass. (responsible for your own meals and gear) over 18 years of age only, please. Email ferrycatholic@gmail.com by June 5th

St. Patrick’s Prayer Line
Have a certain need that prayer can help? St. Patrick’s Prayer Line is available. Call Jackie Silvey (483-3109).

St. Patrick’s Office Hours:
Phone or infirmity impedes a person from coming to church for an 
We ask families to please notify the Parish office when illness 
Communion is taken to the sick and elderly on a regular basis.
Care of the Sick & Homebound

Sundays 9:00 AM (Church)
Weekdays 7:00 AM (Convent)
Saturdays 8:00 AM (Church)
Holy Days Consult Bulletin

Sacramental Celebrations
Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.
Penance: Saturdays, 8:30—9:00 AM or by appointment.
Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.
Care of the Sick & Homebound
Communion is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-1325, ext. 200.

Holy Days Consult Bulletin

Any News for the Bulletin?
Please contact Traci @ 466 6363 or go to www.formed.org for FREE ACCESS

Revised 05/26:
Maintenance Fund
$5,156
$5,156

Stewardship:
Income
Budget—YTD
Received—YTD
$69,614.03
$69,619.50

Envelopes & Plate:
Needed Weekly
Received 05/26:
$7,796.87
$15,650
Charity
$4,22
$4,22
Maintenance Fund
$15,00
$15,00

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, 99208

SUNDAY SCHOOL

Immaculate Heart Retreat Center

Other Events:
Diocese of Spokane Prayer Pilgrimage On the Solemnity of the Most Sacred Heart of Jesus, June 28
Now is the time to gather in prayer—for the flowering of intelligence and the blossoming of the Heart of Jesus. Journey on a charter bus with other prayer pilgrims, from sunrise to sunset, to locations dedicated to the Most Sacred Heart of Jesus throughout Eastern Washington. Stops include Mass, Adoration, the Rosary, and a chapel of Divine Mercy. $50, register at: www.dioceseofspokane.org/prayerpilgrimage-1

Cornerstone Catholic Conference
October 18-19, 2019, Tacoma
Keynote Speakers: Cardinal Daniel DiNardo, Archbishop of Galveston-Houston and President of the USCCB
Bishop Frank Caggiano, Diocese of Bridgeport, CT
In addition to these speakers, there will be a variety of breakout sessions from which participants will be able to select from. Registration will open in early May at www.wacatholics.org/cornerstone

Coffee and Donuts
Join your fellow parishioners for coffee and donuts following Mass today.

For more information, call Jan at 230-1975 or email her at jprovinsal@dioceseofspokane.org