PRAYER BEFORE & AFTER THE HOLY SACRIFICE OF THE MASS

PRAYER OF SAINT AMBROSE BEFORE HOLY MASS:
I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to lift the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE AFTER HOLY MASS:
Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savor, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.

WELCOME TO St. Patrick Catholic Church

FOURTEENTH SUNDAY OF ORDINARY TIME - JULY 7TH, 2019

Musings from your Parish Priest:
The following is taken from Dom Prosper Guéranger’s treatise on the Liturgical year, an essay on Prayer.

Prayer is man’s richest boon. It is his light, his nourishment, and his very life, for it brings him into communication with God, who is light [St. John viii. 12], nourishment [Ibid. vi. 35], and life [Ibid. xiv. 6]. But of ourselves we know not what we should pray for as we ought [Rom. viii. 26]; we must needs, therefore, address ourselves to Jesus Christ, and say to Him as the apostles did: ‘Lord, teach us how to pray.’ [St. Luke xi. 1] He alone can make the dumb speak, and give eloquence to the mouths of children; and this prodigy He effects by sending His Spirit of grace and of prayers [Zach. xii. 10], who delights in helping our infirmity, asking for us with unceasing eloquence. Now it is in the holy Church that this divine Spirit dwells. He came down to her as an impetuous wind, and manifested Himself to her under the expressive symbol of tongues of fire. Ever since that day of Pentecost, He has dwelt in this His favoured bride. He is the principle of everything that is in her. He is it that prompts her prayers, her desires, her canthicles of praise, her enthusiasm, and even her mourning. Hence her prayer is as uninterupted as her existence. Day and night is her voice sounding sweetly in the ear of her divine Spouse, and her words are ever finding a welcome in His Heart.

At one time, under the impulse of that Spirit, who animated the admirable psalmist and the prophets, she takes the subject of her canthicles from the Books of the old Testament; at another, showing herself to be the daughter and sister of the holy apostles, she intones the canthicles written in the Books of the new Covenant; and finally, remembering that she, too, has had given to her the trumpet and harp, she at times gives way to the Spirit who animates her, and sings her own new canticle [Ps. cxxii. 9]. From these three sources comes the divine element which we call the liturgy.

The prayer of the Church is, therefore, the most pleasing to the ear and heart of God, and therefore the most efficacious of all prayers. Happy, then, is he who prays with the Church, and unites his own petitions with those of this bride, who is so dear to her Lord that He gives her all she asks. It is for this reason that our blessed Saviour taught us to say our Father, and not my Father; give us, forgive us, deliver us, and not give me, forgive me, deliver me. Hence we find that, for upwards of a thousand years, the Church, who prays in her temples seven times in the day and once again during the night, did not pray alone. The people kept her company, and fed themselves with delight on the manna which is hidden under the words and mysteries of the divine liturgy.

In Mary’s Immaculate Heart,
St. Patrick’s Prayer Line

Have a certain need that prayer can help? St. Patrick’s Prayer Line is available. Call Jackie Silkey (483-3109).

St. Patrick’s Church is located at 505 W. St. Thomas More Way, Spokane, WA 99208. Phone: 509-666-7738.

Parishioner Needs a Ride

One of our long-time parishioners, Cathy Swan, needs a ride to the 9:00 AM Mass on Sundays. She lives near Cooper School. If you can help, please call 487-2974.

Prayer for Our Nation

All-powerful God, today we rededicate ourselves to your service, and to the works of justice and freedom for all. As you have called us from many peoples to be one nation, help us to witness in our lives and in our life as a nation to the rich diversity of your gifts. We ask this through Christ our Lord.

Mass Intentions

Memorial Candle for June

Billie Curtis, Anita Frederick

St. Thomas More Parish

5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: spanstpokanebulletin@gmail.com

Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to: St. Patrick’s, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208 www.stpatrickspokane.org

Holy Sacrifice of the Mass St. Patrick’s

Sundays 9:00 AM (Church)
Weekdays 7:00 AM (Convent)
Saturdays 8:00 AM (Church)
Holy Days Consult Bulletin

Holy Sacrifice of the Mass St. Francis Xavier

Saturday 6:00 PM
Sundays 7:00 AM (Church)
7:00 AM (Convent)
Weekdays (M,T,W) 8:00 AM
Holy Days Consult Bulletin

Sacramental Celebrations

Holy Baptism: Weekdays (M,T,W) 9:00 AM or by appointment.
Also at St. Francis Xavier: Tuesdays, 4:00 – 5:00 PM.
Saturdays, 3:00-3:30 PM, & Sundays 10:30-11:00 AM
Holy Communion: Please contact a Parish Priest at least 6 months in advance of your wedding.
Holy Matrimony
Weekdays 8:00 AM (Church)
Saturdays, 8:30—11:00 AM
Sundays 10:30 AM (Church)
Consult Bulletin

For spiritual emergencies, scheduling sacraments or funerals please contact Fr. Gaines at 487-6363.

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish. 509-466-7738.

Office Hours for Fr. Gaines:

Tuesday and Wednesday Mornings after Mass 8:30 AM at St. Francis Xavier
Or call 487-6363 to schedule an appointment.

The Missionaries of Charity would like to invite you to join them in a Novena here at St. Patrick’s on the 13th of each month beginning in May and continuing until October. This is in commemoration of the apparition of Our Lady of Fatima. The Novena will begin with Mass at 6:00 PM and a rosary procession in the neighborhood will follow and conclude with the Exposition and Benediction of the Blessed Sacrament.

Attention Parishioners: Did you know that there is a library in the back of the church? Check it out and look for the Holy In-One Golf Tournament. The Novena will run from 9:00 AM to 12:30 PM, Downriver Golf Course. $100, sistersofmarymc.org

Sign up soon for: Cornerstone Catholic Conference October 18-19, 2019, Tacoma.

Keynote Speakers: Cardinal Daniel DiNardo, Archbishop of Galveston-Houston and President of the USCCB
Bishop Frank Caggiano, Diocese of Bridgeport, CT
In addition to these speakers, there will be a variety of break-out sessions from which participants will be able to select from.

Registration now open at www.wacatholics.org/cornerstone

Abortion is murder. Pray the rosary to end abortion.

Caffeine and Donuts

Join your fellow parishioners for coffee and donuts following Mass today.