PRAYER OF SAINT AMBROSE
BEFORE HOLY MASS:
I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

WELCOME TO St. Patrick
CATHOLIC CHURCH
A Roman Catholic Church serving Jesus Christ, Located in the Heart of Holland, Diocese of Spokane

NINETEENTH SUNDAY OF ORDINARY TIME - AUGUST 11TH, 2019

Musings from your Parish Priest:
Praised be Jesus Christ! Now and Forever! Have you ever heard the expression, “you are what you eat”? Another version of this comes from a French lawyer and politician: “Tell me what you eat and I will tell you what you are.” For our purposes this week I would like to change this phrase around entirely to say, “Become what you behold!”

This past Tuesday, August 6th, is the Feast of the Transfiguration of our Lord. Sts. Peter, James, and John, saw Christ is all of His Heavenly glory on Mount Tabor. This profound moment in our Salvation History, was a foretaste of the glory that we are called to in Heaven. We keep our “eyes on the prize” to borrow another common expression. When Peter, James, and John beheld Christ at the Transfiguration of His body, they were given the strength to follow where He lead them. They were given the foresight to face any future challenges (like Calvary) in their lives, and they were given the grace to choose on a daily basis to become what they beheld, namely Jesus the Christ.

Each time we are in Holy Mass, or even on a daily basis when we make a spiritual communion (when remember Christ’s presence in the Blessed Sacrament), we are to “become what we behold.” I would say there are two key moments in the Sacred Liturgy when we are challenged to “Become what we behold.” First, when at the consecration, the Priest shows us the Body, Blood, Soul, and Divinity of Christ, and second, when the Priest shows us God and says, “Behold the Lamb of God, behold Him who takes away the sins of the world...” It is especially at these moments in the Sacred Liturgy that we are challenged to become what we behold. Just as Christ revealed His heavenly glory to Peter, James, and John, He reveals this glory to us at every Sacred Liturgy. This means that, daily we are challenged to become more and more, through conversion, repentance, receiving of the Blessed Sacrament, etc., what we behold. From the Magnificat publication this Feast Day, we see more clearly what the Church calls us to. “The resplendence of the Transfiguration reveals the fullness of life destined to be ours; we glimpse the glory God wills for our humanity. But we experience this transfiguration like Jesus only by configuration to Jesus. As we peer into the glory that pours from every pore of the transfigured Christ, we cast off everything unworthy of our personal relationship with the Savior. We do this especially through confession and the Eucharist, where Jesus gazes back at us with a look of love that makes us desire to live his luminous beauty. Silently from Tabor’s splendor, the Savior tells us: “Become what you behold!” And we “fall silent” in adoration.”

In Mary’s Immaculate Heart,
The Life of Vietnamese Catholics Before, during, and after the Vietnam War, Fr. Je Hien, IHRC, 8/14, 8:00 AM-9:30 AM, breakfast will be served, no cost, IHRC

Silent Weekend: Everyone’s Call to Holiness, 8/16-18, $204 per person, Fr. Ciarra, IHRC

Silent Day of Prayer on Following Jesus Discipleship in the Bible and in Life, 8/20, 9:00 AM, Fr. Hightower, 509-150, IHRC, wwwihrc.net

Catholic Charities Dig In 2019, 8/22, 6:00 PM, Historic Washington Crocker Bldg., $65, catering from Smoke & Mirrors, River City Brewing, and Oberbluff Cellars, benefits Catholic Charities programming that improves access to fresh healthy food for everyone in our region

Sisters of Mary, Mother of the Church “Holy-In-One” Golf Tournament, 9/7, 12:30 PM, Downriver Golf Course, $100, sistersofmarymc.org


Northwest Eucharistic Marian Conference, 10/18-19, St. Anthony’s, Newport, nationally-known speakers and artists to help you re-chARGE your soul and increase your prayer, email pearlsofgrace@aol.com


St. Patrick’s Prayer Line
Have a certain need that prayer can help? St. Patrick’s Prayer Line is available. Call Jackie Silvey (483-3195).

Sabbath Offerings:
A Mass Intention for August
Memorial Candle for August

\(\text{St. Patrick’s Staff}^{\text{Phone}}\)
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Ed Sinclair, Music Director
326-7073
 Parish Council:
George Baertlein, Chair; Members: Mike Didilwro, Bill Scheres, John Hart, Lola L’Esperance, Louise Andrews, Ex Officio

Finance Council:
Mark Kelly, Chair; Members: Ed Sinclair, Dorothy Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363.

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish. 509-466-7738

Office Hours for Fr. Gaines:
Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier
Or call 487-6363 to schedule an appointment.

\(\text{Sacramental Celebrations}^{\text{Parish Staff}^{\text{Phone}}}\)
Holy Sacrifice of the Mass St. Patrick’s
Sundays 9:00 AM (Church)
Weekdays 7:00 PM (Convent)
Saturdays 8:00 AM (Church)
Holy Days Consult Bulletin

Holy Sacrifice of the Mass St. Francis Xavier
Saturday
6:00 PM
7:30 AM
11:00 AM (Latin)
6:00 PM
8:00 AM
Holy Days Consult Bulletin

\(\text{Sacramental Celebrations}^{\text{Parish Staff}^{\text{Phone}}}\)
St. Francis Xavier
Weekends 5:00 PM

\(\text{Sacramental Celebrations}^{\text{Parish Staff}^{\text{Phone}}}\)
Holy Days Consult Bulletin

\(\text{Sacramental Celebrations}^{\text{Parish Staff}^{\text{Phone}}}\)
Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Parishioners who supervise other volunteers who work with minors and vulnerable adults are required to report any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: www.wacatholics.org

\(\text{St. Patrick our Patron Pray for us and our families!}^{\text{Office Hours}}\)
Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ in every eye that sees me, Christ in every ear that hears me! St. Patrick’s Breasplate

5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: spanspokanebulletin@gmail.com
Office Hours: On-site office is now closed.

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