PRAYER BEFORE & AFTER
THE HOLY SACRIFICE OF THE MASS
PRAYER OF SAINT AMBROSE
BEFORE HOLY MASS:
I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in stares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE
AFTER HOLY MASS:
Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of heavenly food, the oil of gladness, the fountain of compassion, the all-healing medicine, the living bread, the most sweet sweetness, the all-beneficent compassion, the all-satisfying remedy, and may worthily taste the Holy Sacrifice, the all-sufficient mercy, the all-peaceful tranquility, the all-quiet repose, the all-comforting rest and peace, and may my inmost soul be filled with the sweetness of Thy love; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy love; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire assurance, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my fragrance, my sweet savour, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession and my treasure, in whom may my mind and my heart be fixed and firmly rooted immovably henceforth and forever. Amen.

WELCOME TO
St. Patrick
CATHOLIC CHURCH
A Roman Catholic Church serving Jesus Christ, Located in the Heart of Holland, Diocese of Spokane

31ST SUNDAY OF ORDINARY TIME - NOVEMBER 3RD, 2019
Musings from your Parish Priest:
Praised be Jesus Christ! Now and Forever! Remembering that St. Bede the Venerable says that Christians are to “reproduce in their lives, what they celebrate in the Sacred Liturgy.” In the writings of the saints, there is unanimous agreement that the Holy Eucharist is the greatest gift of God to mankind—for it is nothing less than Jesus Christ himself. We are united body and soul to Jesus in the Eucharist, and by receiving it, we become “partakers of the Divine nature” (2 Peter 1:4). This thought should stagger our minds and fill us with the greatest joy... But despite the tremendous power of the Eucharist, far too many of us don’t appreciate this gift as we should. We receive our Lord casually or carelessly, barely understanding the great mystery we are participating in. This shouldn’t be. Remember, the sacraments aren’t magic. Holy Mother Church teaches us that Eucharist has power in our life in proportion to how well we receive it, so preparing our hearts to receive Christ well is of the greatest importance.

One time-honored tradition is offering a thanksgiving after each Holy Mass. Doing so reminds us of the tremendous gift the Eucharist really is—a gift so great that even angels are envious of it. Here are 3 powerful prayers to pray after Holy Mass. Excerpted from Catholicgentleman.org

1. Prayer of St. John Chrysostom - We give Thee thanks, O most merciful Lord and Redeemer of our souls, for this day Thou hast made us worthy by means of these immortal and heavenly mysteries. Direct our way; grant that our prayers to pray after Holy Mass.

2. Domine Jesu Christe - O Lord Jesus Christ, Son of the living God, who according to the will of the Father, with the cooperation of the Holy Spirit, hast by Thy death given life unto the world, deliver me by Thy most sacred Body, which, I, unworthy, have presumed to receive, from all my iniquities and from every evil, and make me ever to hold fast to Thy commandments and suffer me never to be separated from Thee.

3. Prayer to the Virgin Mary - O Mary, most holy Virgin and Mother, behold, I have received thy most beloved Son, Jesus Christ, whom thou conceived in thy spotless womb, bore, nursed, and held with thy sweet embraces. Behold Him at whose sight thou wilt rejoice and be filled with every delight. With love I humbly return Him and offer Him to thee, to hold once more, to love with all thy heart, and to offer to the Holy Trinity as our supreme act of worship for thy honor and glory and for my good and the good of all the world. Therefore I ask thee, most loving Mother, to ask God for forgiveness of all my sins, abundant graces to help me serve Him more faithfully, and for that final grace that I may praise Him with thee for ever and ever. Amen.

In Mary’s Immaculate Heart,
Our Parish Library

The library is a wonderful resource for parishioners of all ages. It contains books on a variety of subjects, including spirituality, history, and literature.

For more information, please contact Joanna Hyatt at 973-7173 or Joanna@joannahyatt.com.

Sacramental Celebrations

Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Penance: Saturdays, 8:30 - 9:00 AM, or by appointment.

Also at St. Francis Xavier: Tuesdays, 4:00 - 5:30 PM, Saturdays, 3:00 - 5:30 PM, & Sundays 10:30-11:00 AM

Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.

Care of the Sick & Homebound: Communion is taken to the sick and elderly on a regular basis. When we ask families to please notify the Parish office if a sick or infirm person is unable to attend Mass, a volunteer will contact them to offer support.

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363.

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.

5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: spanstownbulletin@gmail.com

Office Hours for Fr. Gaines: Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier

Or call 487-6363 to schedule an appointment.

St. Patrick's Breastplate

I give, devise, and bequeath

Spokane for the benefit of

www.dioceosedspokane.org

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

Please contact a Parish Priest at least 6 months in advance of your wedding.

Consult Bulletin

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363.

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.

5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: spanstownbulletin@gmail.com

Office Hours for Fr. Gaines: Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier

Or call 487-6363 to schedule an appointment.

St. Patrick's Breastplate

I give, devise, and bequeath

Spokane for the benefit of

www.dioceosedspokane.org

Please note: All correspondence/payments should be mailed to:

St. Patrick's, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

Please contact a Parish Priest at least 6 months in advance of your wedding.

Consult Bulletin

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363.

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish.

5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: spanstownbulletin@gmail.com

Office Hours for Fr. Gaines: Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier

Or call 487-6363 to schedule an appointment.