PRAYERS BEFORE & AFTER
THE HOLY SACRIFICE OF THE MASS

PRAYER OF SAINT AMBROSE
BEFORE HOLY MASS:
I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE
AFTER HOLY MASS:
Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and long for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of external light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

May Thou alone be ever my hope, my entire treasure, in whom may my mind languish and melt with love and longing, whose sweetness of Thy savor; may it ever thirst after Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of external light, the torrent of pleasure, the richness of the house of God. May it ever compass Thee, seek Thee, find Thee, run to Thee, attain Thee, meditate upon Thee, speak of Thee, and do all things to the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, and with perseverance unto the end.

Musings from your Parish Priest:
Praised be Jesus Christ! Now and Forever! Before Christmas, we started this series on prayer. We learned about the first two, of the five, kinds of prayer as the Catechism teaches: Prayer of Thanksgiving and Prayer of Petition. This Sunday we look at the third kind of prayer, Prayer of Intercession. Whereas prayers of petition seeks to gain from God that which we need (especially graces pertaining to salvation), intercession seeks to obtain the same gifts for others.

Rather than a truly distinct form of prayer, the Catechism treats it as a particular form of petition: “Intercession is a prayer of petition which leads us to pray as Jesus did. He is the one intercessor with the Father on behalf of all men, especially sinners.” Though charity is certainly a laudable motive for such prayer—that our love of others moves us to pray on their behalf—the Catechism proposes progressive conformity with Christ to be the principal reason for Christians to pray in this manner. The prayer of intercession makes us like Jesus; we “pray as Jesus did.” This focus on conformity with Christ can, for some, help pave the way for them to overcome one of the more demanding aspects of intercession.

Intercession can be made difficult by the fact that we, as Christians, are directed by God to intercede, not only for those whom we love, like, or admire, but for those of whom we think poorly, whom we dislike, or who have done us harm. “The intercession of Christians recognizes no boundaries: ‘for all men, for kings and all who are in high positions,’ for persecutors, for the salvation of those who reject the Gospel.”

Though praying for such as these can be hard, interceding on their behalf makes us like Christ who, “while we were yet sinners […] died for us” (Romans 5:8). In addition to our desire to be conformed to Christ, interceding for people for whom we have negative feelings is also made easier by recalling the initial requirement for all forms of petitionary prayer, contrition.

As we noted from the Catechism before Christmas week: “The first movement of the prayer of petition is asking forgiveness.” Why does this help us to pray, even for those for whom we have negative feelings? When we first acknowledge our own sinfulness and brokenness, it helps us to be more patient, understanding, and forgiving with the sinfulness and brokenness of others. When we realize that we benefit from the mercy and consolation of God, we find ourselves strengthened to show that same mercy and consolation to others.

This dynamic of first receiving and acknowledging God’s goodness to us and thereby passing those same blessings on to others is beautifully captured in the words of St. Paul to the Corinthians: “Blessed be the God and Father of our Lord Jesus Christ, the Father of mercy and God of all comfort, who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God” (2 Cor 1:3-4). In the next two weeks we will finish this series on prayer.

In Mary’s Immaculate Heart,
St. Patrick our Patron Pray for us and our families!

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left. Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me!

St. Patrick’s Breasplate

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Office Hours: On-site office is now closed.

Please note: All correspondence/payments should be mailed to:
St. Patrick’s, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208
www.stpatricksspokane.org

Holy Sacrifice of the Mass St. Patrick’s
Sundays 9:00 AM (Church)
Weekdays 7:00 AM (Convent)
Saturdays 8:00 AM (Church)
Holy Days Consult Bulletin

Holy Sacrifice of the Mass St. Francis Xavier
Saturday 6:00 PM
Sundays 7:30 AM
Weekdays (M,T,W) 11:00 AM (Latin)
8:00 AM
Holy Days Consult Bulletin

Sacramental Celebrations

Holy Baptism: Parental preparation is required. Please contact a priest to set up an appointment.

Penance: Saturdays, 8:30—9:00 AM or by appointment.
Also at St. Francis Xavier: Tuesdays, 4:00—5:00 PM; Saturdays, 3:00—5:30 PM, & Sundays 10:30—11:00 AM
Holy Matrimony: Please contact a Parish Priest at least 6 months in advance of your wedding.

Care of the Sick & Homebound: Continued is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

Common Prayer

A parishioner that lives off of Green Street and Wellsley needs a ride to church. She is ambulatory but does not drive and cannot walk the distance to St. Patrick. Please call her if you could pick her up. Her name is Erin at 251-9646.

Parish Staff: Phone
Fr. David Gaines, Administrator 487-6363
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Ed Sinclair, Music Director 326-7073


Finance Council: Mark Kelly, Chair; Members: Ed Sinclair, Dorothy Moore, Kathy Sharp, Julie Carpenter

For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363

To request a certificate, bulletin ad or to speak to someone about your charitable contributions please contact the office and say you are calling for St. Patrick Parish. 509-466-7738

St. Patrick’s Prayer Line

Have a certain need that prayer can help? St. Patrick’s Prayer Line is available. Call Jackie Silvey (483-3109).

Boot Drive

Due to the overwhelming need for warm winter boots for children in the neighborhood, this year we are partnering with the Boys and Girls Club for a Boot Drive to help local children. Boots of all youth sizes can be left in the Nave of the Church to be collected. Please participate in this charitable endeavor, as works of charity are fundamental to the practice of a Christian and Catholic life.

Finance Council:

Jennifer Silvey, Business Manager jsiira@thomasmorespokane.org
Jan Provinsal, DRE jprovinsal@dioceseofspokane.org
Mike Samuel, Deacon msamuels@dioceseofspokane.org
Fr. David Gaines, Administrator dgaines@dioceseofspokane.org

St. Pat’s News and Thanks

The music on Sunday, December 29th exemplified by the A. Capella of the music groups and the congregation singing was beautiful. The solo by Anna of Silent Night in German resonated with people from all around the world celebrating the birth of Christ. The worship surely pleased the angels and saints in heaven as much as it did the parishioners of St. Patrick.

A parishioner that lives off of Green Street and Wellesley needs a ride to church on Sundays. She is ambulatory but does not drive and cannot walk the distance to St. Patrick. Please call her if you could pick her up. Her name is Erin at 251-9646.

A big thank you to Jan Provincial who is temporarily filling in as Sacristan on Saturdays and Sundays. She confirms all those designated to serve in the different ministries at Mass and prepares the wine, water, and bread for the Eucharistic Celebration. She assists the altar servers to ready the altar area and also cleans the holy containers after Mass. You do a terrific job.

We also thank Mike Dillow for picking up the donuts at Safeway and preparing the coffee and hall for the coffee hours that follow Mass. We appreciate you, Mike.

Join your fellow parishioners for coffee and donuts following Mass today.

**WARNING: Misuse of Tobacco Products can result in Lung Cancer and other diseases.**