PRAYER OF SAINT AMBROSE
BEFORE HOLY MASS:
I draw near, loving Lord Jesus Christ, to the table of your most delightful banquet in fear and trembling, a sinner, presuming not upon my own merits, but trusting rather in your goodness and mercy. I have a heart and body defiled by my many offenses, a mind and tongue over which I have kept no good watch. Therefore, O loving God, O awesome Majesty, I turn in my misery, caught in snares, to you the fountain of mercy, hastening to you for healing, flying to you for protection; and while I do not look forward to having you as Judge, I long to have you as Savior. To you, O Lord, I display my wounds, to you I uncover my shame. I am aware of my many and great sins, for which I fear, but I hope in your mercies, which are without number. Look upon me, then, with eyes of mercy, Lord Jesus Christ, eternal King, God and Man, crucified for mankind. Listen to me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

PRAYER OF SAINT BONAVENTURE
AFTER HOLY MASS:
Pierce, O most Sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, with true, serene, and most holy apostolic charity, that my soul may ever languish and melt with love and longing for Thee, that it may yearn for Thee and faint for Thy courts, and long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the bread of angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savory and every delight of taste; let my heart ever hunger after and feed upon Thee, upon whom the angels desire to look, and may my inmost soul be filled with the sweetness of Thy savory; may it ever thirst after Thee, the fountain of life, the fountain of Holies. And grant me, therefore, most merciful Father, that this sacred foretaste of Holies. And grant me, therefore, most merciful Father, put right what I have done. Take from me, as I place my hope in you, have pity on me, full of miseries and sins, you, who will never cease to let the fountain of compassion flow. Hail, O Saving Victim, offered for me and for the whole human race on the wood of the Cross. Hail, O noble and precious Blood, flowing from the wounds of Jesus Christ, my crucified Lord, and washing away the sins of all the world. Remember, Lord, your creature, whom you redeemed by your Blood. I am repentant of my sins, I desire to put right what I have done. Take from me, therefore, most merciful Father, all my iniquities and sins, so that, in purified mind and body, I may worthily taste the Holy of Holies. And grant that this sacred foretaste of your Body and Blood which I, though unworthy, intend to receive, may be the remission of my sins, the perfect cleansing of my faults, the banishment of shameful thoughts, and the rebirth of right sentiments; and may it encourage a wholesome and effective performance of deeds pleasing to you and be a most firm defense of body and soul against the snares of my enemies. Amen.

MUSINGS FROM YOUR PARISH PRIEST:
This week we will continue to examine the necessary preparations which the Church lays out for us before Lent. This week, we will examine two readings and the way in which they are connected: Genesis 6:5-7, and Luke 8:4-15.

The Lord saw that the wickedness of humankind was great in the earth, and that every inclination of the thoughts of their hearts was only evil continually. And the Lord was sorry that he had made humankind on the earth, and it grieved him to his heart. So the Lord said, “I will blot out from the earth the human beings I have created—people together with animals and creeping things and birds of the air, for I am sorry that I have made them.” (Genesis 6:5-7)

The passage above comes from the Divine Office for this Sunday, and relates God’s earliest method for dealing with the iniquities and sins of humanity: to simply destroy his creation. Compare this to the well known parable of the sower. We are all familiar with this passage from the 8th chapter of Luke: The sower scatters his seed upon the ground, and some is consumed by birds, some falls upon rocks and does not grow roots, and some falls into thorns. But some fell upon good ground, and produced a hundredfold.

In the narrative of this parable, the seeds are obviously the Word of God. Through use of analogy, Christ makes his message clear to the common people, who might not understand complex theological arguments, but who will understand agricultural terms. Some of us who hear the Word may be swept up by the devil (birds), some of us will not deepen our faith and lose it over time (rocks) and some of us will be consumed by material things (thorns).

This is the great gift of Christ to us here on earth. Whereas our predecessors received rain, and ultimately the wrath of the Lord, we receive seeds, and ultimately the Word of God. We ought to remember this incredible gift of salvation and redemption, and be thankful for Christ’s great mercy. In this time of Pre-Lent, let us use these lessons to reflect upon our own lives, and discern where we are among the four possibilities. Have we turned away from the Lord? Have we failed to deepen our faith and love over time? Have we been consumed by material things rather than the gifts of the spirit, the most common of distractions in our prosperous society? Or has the seed fallen on good ground, and are we carrying the Word of God into the lives of others, reaping a hundred-fold the gift which was given to us?

In Mary’s Immaculate Heart,
**St. Patrick our Patron Pray for us and our families!**

Christ with me, Christ before me, Christ behind me, Christ in me, Christ beneath me. Christ above me, Christ on my right, Christ on my left, Christ lying down, Christ in sitting, Christ in rising up, Christ in the heart of every person who may think of me, Christ in the mouth of every person who may speak of me, Christ in every eye that sees me, Christ in every ear that hears me! St Patrick’s Breasplate

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**5025 N. Nelson St., Spokane, WA 99217 Phone: (509) 466-7738 E-mail: spanspokanebulletin@gmail.com**

**Office Hours: On-site office is now closed.**

Please note: All correspondence/payments should be mailed to:
St. Patrick’s, c/o St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208
www.spatriotpokane.org

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**Holy Sacrifice of the Mass St. Patrick’s**

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
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<tbody>
<tr>
<td>Sundays</td>
<td>9:00 AM (Church)</td>
</tr>
<tr>
<td>Weekdays</td>
<td>7:00 AM (Convent)</td>
</tr>
<tr>
<td>Sundays</td>
<td>8:00 AM (Church)</td>
</tr>
<tr>
<td>Holy Days</td>
<td>Consult Bulletin</td>
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**Sacramental Celebrations**

**Holy Baptism:** Parental preparation is required. Please contact a priest to set up an appointment.
**Parental Preparation:** Saturdays, 8:30–9:00 AM or by appointment.

**Holy Eucharist:** Please contact a Parish Priest at least 6 months in advance of your wedding.

**Care of the Sick & Homebound:** Continuation is taken to the sick and elderly on a regular basis. We ask families to please notify the Parish office when illness or infirmity impedes a person from coming to church for an extended period of time. The Sacrament of Anointing of the Sick is offered on request. Call 487-6363.

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**For spiritual emergencies, scheduling sacraments or funerals please contact Fr Gaines at 487-6363**

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**Office Hours for Fr. Gaines: **

**Tuesday and Wednesday Mornings after Mass about 8:30 AM at St. Francis Xavier**

Or call 487-6363 to schedule an appointment.

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**Parish Staff:**

**Phone**

Fr. David Gaines, Administrator
487-6363
djgaines@dioceseofspokane.org

Mike Samuel, Deacon
msamuels@dioceseofspokane.org

Jan Provincial, DRE
jprovinaal@dioceseofspokane.org

Jennifer Sirta, Business Manager
jsirta@thomasmorespokane.org

Ed Sinclair, Music Director
326-7073

**Parish Council:**

George Baertlein, Chair - Members: Mike Dallavo, Bill Scheres, John Hart, Lola L’Esperance, Louise Andrews, Ex Officio

**Finance Council:**

Mark Kelly, Chair; Members: Ed Sinclair, Dorothy Moore, Kathy Sharp, Julie Carpenter

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**St. Patrick’s Prayer Line**

Have a certain need that prayer can help? St. Patrick’s Prayer Line is available. Call Jackie Silvey (483-3109).

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**St. Thomas More Parish**

**Memorial Candle for February:**

- Ted & Frances Eckhardt

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**Good Shepherd Catechism**

Join us!
The Sisters will have classes on Mondays, from 3:30 to 4:30 in the Convent. This is for children ages 3-12.

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**Other Happenings:**

- **Our Lady of Lourdes Sacred Music Series:**
  - Laus Tua, Christi, 3/8, 7:30 PM, St. Dominic School
  - Visit helenacw.com

- **St. Thomas More Altar Society Card Party & Luncheon:**
  - 3/25, Noon, $10, RSVP by 3/19 to 487-6363

- **Our Lady of Lourdes Sacred Music Series:**
  - **Tapestry of Voices:**
    - 3/15, 7:30 PM, In Mullierbux, a female vocal ensemble with music from Hildegard of Bingen, Josquin des Prez, and Leonora D’Este
  - **Our Lady of Lourdes Sacred Music Series:**
    - **Tapestry of Voices:**
      - 3/15, 7:30 PM, In Mullierbux, a female vocal ensemble with music from Hildegard of Bingen, Josquin des Prez, and Leonora D’Este

- **St. Francis of Assisi Spring Card Party and Luncheon:**
  - 3/25, Noon, $10, RSVP by 3/19 to 487-6363

- **Save the Date:**
  - **Helena Catholic Women’s Conference:**
    - 4/18-20, Civic Center, Helena, MT, visit helenacw.com

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**Calling all Middle School and High School Age Youth!**

Join North Spokane Catholic Youth Group on Tuesdays at St. Charles Parish at 6:30 PM Find us online: www.ncymspokane.com

Facebook: NCYSpokane
Twitter: NCYSpokane
Instagram: NCYSpokane

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**Mass Intentions**

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**Stewardship:**

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<th>Actual: $49,975.00</th>
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</table>

Please note: Mail your contributions to St. Thomas More Parish, 505 W. St. Thomas More Way, Spokane, WA 99208

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**Please continue to pray for those ill in our parish:**

Roger Ackaret, Pat Casey, Catherine Swan, Rose & Joe Nguyen, Dorthea Moore.

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**One of our parishioners, Erin Burke, is still in need of a ride to church. Her number is 251-8636. She lives near Green Street and Wellsley. If you can help her out, please give her a call.**

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Did you know that Father exposes the Blessed Sacrament before the Saturday 8:00 AM Masses for an opportunity to spend time with our Lord in Adoration? Such a wonderful way to start off the weekend! Please come join us beginning around 7:15 AM for silent prayer, Holy Mass, Rosary, and Confession. Come for one of these or for all. You will be filled with joy and peace.

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**Find us online:**

www.ncymspokane.com

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**Income Stewardship:**

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**ANy News for the Bulletin?** Please contact tracie@466-3811, ext. 200 OR EMAIL: spatriotpokanexbulletin@gmail.com

Bulletin items are due no later than Thursday at 4:00 PM. Also, if you know of any homily who would like to have the bulletin mailed to them, please send us their address.

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**Clause for a Christian Will:** I give, devise, and bequeath to St. Patrick Catholic Parish—Spokane for the benefit of (insert St. Patrick Catholic Church), a Washington nonprofit corporation, (description of gift).

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The diocese is committed to helping victims/survivors of sexual abuse and to protecting children and vulnerable adults. Volunteers who supervise other volunteers who work with minors and vulnerable adults are required to report any suspected abuse by others they supervise. Contact: Roberta Smith, Victims Assistance Coordinator (509) 353-0442 Office Phone or (509) 998-18340 Cell. You may also go to the Diocesan website: www.wsdioceesepokane.org