

<https://pastart.org/about/>

What is PA Start?

PA Start is about building healthy, capable children. Meeting developmental needs while providing the right guidance to achieve is a delicate balancing act. It can be a challenge for families and educators. We want kids to grow in a safe environment and learn how to make good choices, but sometimes we are at a loss in knowing what works best.

On this site, you will find free, thought-provoking materials that pose a question about an important lesson or milestone. Then a positive action is suggested. They inspire and motivate.

The downloadable materials (posters, flyers, digital ads, and video public service announcements) can be used for promoting proven, evidence-based programs. These programs provide usable strategies for caring adults who impact the life of a child.

Also included on this site are reliable resource links to help you learn more about particular topics such as developmental stages, prevention of risk-taking behaviors, and positive discipline techniques.

START building your healthy child today!