

What does it mean to Sacrifice?

This session is based off of the word “Stewardship”. We are called to be good stewards of our time, our talents, and our treasures. Be honest in your reflection, and grow to be the person God intended you to be!

TIME:

YOU VS. THE CLOCK

Look together at this and make edits when needed:

	EXAMPLE	REALITY
School Day:		
Sleep	8 hours	_____
Shower, dressing, ready for school	1/2 hour	_____
Breakfast/time with God	1/2 hour	_____
Bus to school	1/2 hour	_____
School	7 hours	_____
Bus home	1/2 hour	_____
Soccer practice	2 hours	_____
Household chores	1/2 hour	_____
Homework	2 hours	_____
Dinner	1/2 hour	_____
Netflix	1 hour	_____
Reading/prayer time	1 hour	_____
Total time spent:	24 hours	_____

In an ideal world, this would work out, because it all adds up to 24 hours, but sometimes life gives you more than you can handle... So priorities take over.

What are some of your priorities?

What is something you can monitor to allow for more time?

Let's look at just one week at a time... Can you try to plan in space for you to dedicate to your faith? (challenge yourself, but make it manageable)

Action Steps:

1. Do you have good boundaries? If you don't set them well, others will be more than happy to schedule your life and priorities for you (example: impromptu Netflix binges). How can you design rules for living that help you live the life God has planned for you and set boundaries around it to protect it?

2. What are some ideas or ways you can incorporate some of the spiritual habits we've been discussing?

TALENT:

Read the Parable of the 10 talents – Matthew 25: 14-30

What good is a talent that has been buried in the ground?

My talents include:

1. _____
2. _____
3. _____
4. _____

I'm willing to share these talents with our parish community:

1. _____
2. _____

*** Allow for someone to hold you accountable to the above ***

TREASURE:

List 3 items you saw recently that made you say “ooh, I want that!”

1. _____

2. _____

3. _____

The Big 5: Handy questions to ask when making those big purchases

1. Would you buy this product tomorrow if you were to wait overnight and had time to think about it?

2. Is this item a need or a want?

3. Do you understand the item?

4. Is there a better use for the money?

5. Have you asked anybody their opinion?

Fill In The Holes:

Do you agree or disagree with the below points about purchases?
Why or why not?

Where do you feel money controls you the most?

How do you think money affects your relationship with God?

Read the parable: Matthew 19: 16-24

What is God speaking about in this Parable?

What does society say you need to purchase?

What possessions “own” you?

Things that I've given away that I used/really liked, because someone else really needed it -

How can I be better about sacrificing my time; sharing my talents; and not allowing my treasures to run my life?

GIVING

(time, talent, & treasure)

1. Giving proves that I put God first in my life.

“But seek first the kingdom of God and his righteousness, and all these things will be given you besides.” *Matthew 6:33*

2. Giving proves I trust God to provide for me

“Honor the Lord with your wealth and with the best part of everything your land produces. Then he will fill your barns with grain, and your vats will overflow with the finest wine.” *Proverbs 3:9-10*

3. When you give to God inspect your heart (give cheerfully), reject recognition (give in secret) and expect God’s blessings (get beyond expectations).

“If you give, you will receive. Your gift will return to you in full measure, pressed down, shaken together to make room for more, and running over. Whatever measure you use in giving—large or small—it will be used to measure what is given back to you.” *Luke 6:38*

(remember that prayer can be spontaneous, and a discussion from the heart, so use the following to assist if need be: Name God, Thank God, Hit Him up for something, and end “in Jesus’s name we pray, AMEN”)

Prayer outline:

NAME GOD (examples):

- Dear God,
- God and gracious God,
- Heavenly Father,

THANK GOD (examples):

- We come to You in thanksgiving because of
- I thank you for
- We appreciate all the blessings you’ve given us. All of our (*insert blessings here*)...

HIT HIM UP FOR SOMETHING (examples):

- We ask that you guide us in
- We ask for your assistance as we
- Please be with us when

Ending with:

“In Jesus’s name we pray. Amen”