



# **FAQ**



**YOUTH LEADERSHIP  
FOUNDATION**

## **1. How long is each session?**

Sessions are 30 to 45 min

## **2. What platforms are you using?**

Google Hangout

## **3. Will they be monitored?**

Yes

## **4. What topics will be covered?**

We will discuss virtues and how we can incorporate them into our everyday life as a son/daughter, friend, member in the community.

## **5. Who will be included in the video chat?**

In Group Sessions: Peers and the mentor(s). In One-on-One sessions: The mentee and the mentor(s).

## **6. What are the formats?**

One-on-One & Group sessions will be available

## **7. How often will sessions be available?**

At the moment, the group sessions are once per week. One on One sessions will be scheduled with the mentor and family.

## **8. Who do I contact for questions/ suggestions?**

Feel free to contact [JBennett@HelpingKids.org](mailto:JBennett@HelpingKids.org) & [GHolmes@HelpingKids.org](mailto:GHolmes@HelpingKids.org)

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