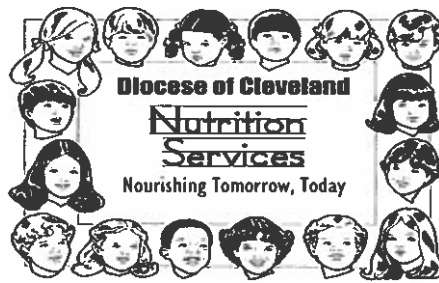


Lunch Includes:

- *Main Item
- *Vegetable Side
- *Fruit Side
- *1/2 Pint Milk



Lunch Menu

Correspond the cycle week to the color-coordinated calendar below.

January-May 2021

| CYCLE WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|---|---|--|---|--|
| 1 | Riblets with a Roll Seasoned Potato Wedges Seasonal Fresh Fruit | Chicken Patty on a Bun Baked Beans and Tossed Garden Salad Applesauce Cup | Hamburger / Cheeseburger on a Bun French Fries Mixed Fruit | Chicken Tenders Broccoli and Tossed Garden Salad Fruit Cup | Cheese Stuffed Breadsticks with Dipping Sauce Carrots Seasonal Fresh Fruit |
| 2 | Chicken Nuggets with a Roll Mixed Veggies Fruit Yogurt Parfait | Mini Corn Dogs Green Beans and Tossed Garden Salad Seasonal Fresh Fruit | French Toast Sticks with Syrup Tater Tots Strawberry Cup | Chicken Patty on a Bun Baked Beans and Tossed Garden Salad Seasonal Fresh Fruit | Stuffed Crust Cheese Pizza Carrot Sticks with Dip Fruit Cup |
| 3 | Personal Pepperoni Pizza Carrots Sticks with Dip Seasonal Fresh Fruit | Popcorn Chicken and a Breadstick Corn and Tossed Garden Salad Pears | Hot Dog on a Bun Baked Beans Applesauce | Chicken Tenders Potato Smiles and Tossed Garden Salad Peaches | Mozzarella Sticks with Dipping Sauce Green Beans Seasonal Fresh Fruit |
| 4 | Riblets with a Roll French Fries Seasonal Fresh Fruit | Fiestada Pizza Carrots and Tossed Garden Salad Mixed Fruit | Popcorn Chicken with a Breadstick Baked Beans Applesauce Cup | Hamburger / Cheeseburger on a Bun Broccoli and Tossed Garden Salad Peaches | Mac & Cheese with a Pretzel Rod Mixed Veggies Seasonal Fresh Fruit |

Substitutions of items may be necessary.

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January 2021

| | | | | | | |
|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | | 1 | 2 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |

February 2021

| | | | | | | |
|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | | | | | | |

March 2021

| | | | | | | |
|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

April 2021

| | | | | | | |
|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 1 |

May 2021

| | | | | | | |
|----|----|----|----|----|----|----|
| S | M | T | W | T | F | S |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |

Week 1 Meal Plan
 Week 2 Meal Plan
 Week 3 Meal Plan
 Week 4 Meal Plan

Monthly Lunch/Milk Order Form

Student Name: _____

Room: _____

Grade: _____

Parent Signature: _____

If writing a check, please make payable to: DOC Nutrition Services

| | |
|--|--|
| # of Days Lunch Desired (Milk included with lunch) ⇨ | |
| Multiplied by Lunch Cost Paid \$3.00, Reduced 40¢ or Free | |
| Total Lunch Cost | |
| # of Days Milk Only Desired | |
| Multiplied by Milk Cost 50¢ | |
| Total Milk Cost | |
| Grand Total (Lunch plus Milk) | |

Please place only one symbol per day:

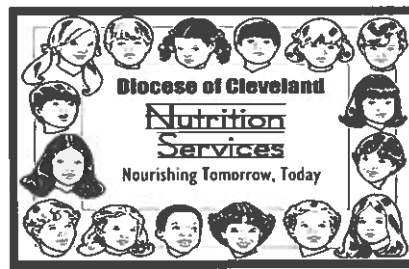
L = Lunch

M = Milk only (milk is included with the lunch)

January 2021

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------|-----------------|-----------|----------|----------------------------|
| | | | | 1 NEW YEAR'S DAY |
| Week 4-Orange 4 | 5 | 6 | 7 | 8 |
| Week 1-Blue 11 | 12 | 13 | 14 | 15 |
| 18 MARTIN LUTHER KING DAY | Week 2-Green 19 | 20 | 21 | 22 |
| Week 3-Yellow 25 | 26 | 27 | 28 | 29 |
| | | | | |

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Breakfast Menu Correspond the cycle week to the color-coordinated calendar below. **January-May 2021**

| CYCLE WEEK | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|------------|---|--|--|--|--|
| 1 | Poptarts (Cinnamon or Strawberry) Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Assorted Bagels with Cream Cheese and Jelly Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Breakfast Bun Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Bowl of Cereal Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Cinnamon Roll Fruit Cup 100% Fruit Juice 1/4 Pt. Milk |
| 2 | Poptarts (Cinnamon or Strawberry) Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Bowl of Cereal Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Breakfast Muffin Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Assorted Bagels with Cream Cheese and Jelly Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Cinnamon Roll Fruit Cup 100% Fruit Juice 1/4 Pt. Milk |
| 3 | Poptarts (Cinnamon or Strawberry) Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Assorted Bagels with Cream Cheese and Jelly Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Breakfast Bun Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Bowl of Cereal Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Cinnamon Roll Fruit Cup 100% Fruit Juice 1/4 Pt. Milk |
| 4 | Poptarts (Cinnamon or Strawberry) Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Bowl of Cereal Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Breakfast Muffin Applesauce Cup 100% Fruit Juice 1/4 Pt. Milk | Assorted Bagels with Cream Cheese and Jelly Fruit Cup 100% Fruit Juice 1/4 Pt. Milk | Cinnamon Roll Fruit Cup 100% Fruit Juice 1/4 Pt. Milk |

Substitutions of items may be necessary.

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| January 2021 | | | | | | | February 2021 | | | | | | | March 2021 | | | | | | | April 2021 | | | | | | | May 2021 | | | | | | |
|--------------|----|----|----|----|----|----|---------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|------------|----|----|----|----|----|----|----------|----|----|----|----|----|----|
| S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S | S | M | T | W | T | F | S |
| | | | | | 1 | 2 | 31 | 1 | 2 | 3 | 4 | 5 | 6 | | 1 | 2 | 3 | 4 | 5 | 6 | | | | | 1 | 2 | 3 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 | 28 | | | | | | | 28 | 29 | 30 | 31 | | | | 25 | 26 | 27 | 28 | 29 | 30 | 1 | 30 | 31 | | | | | |

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan

Monthly Breakfast Order Form

Student Name: _____

Room: _____

Grade: _____

| | |
|--|--|
| # of Days Breakfast Desired ⇒ | |
| Multiplied by Breakfast Cost Paid \$1.75, Reduced 30¢ or Free | |
| Total Breakfast Cost | |

Parent Signature: _____

If writing a check, please make payable to: DOC Nutrition Services

**If your child chooses to order BREAKFAST, please place a check (✓)
on the appropriate date(s).**

January 2021

| Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------------------------|-----------------|-----------|----------|----------------------------|
| | | | | 1 NEW YEAR'S DAY |
| Week 4-Orange 4 | 5 | 6 | 7 | 8 |
| Week 1-Blue 11 | 12 | 13 | 14 | 15 |
| 18 MARTIN LUTHER KING DAY | Week 2-Green 19 | 20 | 21 | 22 |
| Week 3-Yellow 25 | 26 | 27 | 28 | 29 |
| | | | | |

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