

R./ The Lord is my light and my salvation.

The Lord is my light and my salvation;  
whom should I fear?

The Lord is my life's refuge;  
of whom should I be afraid?

R./ The Lord is my light and my salvation.

One thing I ask of the Lord;  
this I seek:

To dwell in the house of the Lord  
all the days of my life.

That I may gaze on the loveliness of the Lord  
and contemplate his temple.

R./ The Lord is my light and my salvation.

Hear, O Lord, the sound of my call;  
have pity on me, and answer me.

Your presence, O Lord, I seek.

hide not your face from me.

R./ The Lord is my light and my salvation.

I believe that I shall see the bounty of the Lord  
in the land of the living.

Wait for the Lord with courage;  
be stouthearted, and wait for the Lord.

R./ The Lord is my light and my salvation.