

Keeping Kids Safe Online

Information and Resources for Adults Who Care



The Federal Trade Commission (FTC)

The FTC offers a treasure trove of information to help parents protect kids online. Topics include: talking to your kids, online security, how to set parental controls, kids and phones, kids and texting, and [more](#).

Common Sense - Media – Digital Well-Being

A guide for parents to support their kids in a tech-driven, hyperconnected world. [More](#).

NetSmartz

An interactive, educational program of the National Center for Missing & Exploited Children® (NCMEC) that provides age-appropriate resources to help teach children how to be safer on- and offline. The program is designed for children ages 5-17, parents and guardians, educators, and law enforcement. With resources such as videos, games, activity cards, and presentations, NetSmartz entertains while it educates. [More](#).

Common Sense - Education – Internet Safety

This website offers free research-backed lesson plans for educators. Common Sense Education will send out weekly tips and tools to prepare students for the digital world. [More](#).

Faith and Safety

A simple and practical website intended to be a starting point for parents of faith to talk about online presence with their children. [More](#).

Internet Matters

A multi-media Internet safety resource designed to educate, equip, and empower parents, educators, and other adults with the knowledge and resources needed to protect children from Internet dangers, including pornography, predators, cyberbullies and threats related to online gaming, social networking, and mobile devices. [More](#).

Articles

Vigilance by Parents and Their Children Called Key to Safe Internet Use

An article from Catholic News Service about the importance of parents staying vigilant while children are online. [Read more.](#)

How to Keep Kids Safe Online? What the Security Experts Tell Their Kids

Have you ever wondered what cyber security experts do to keep their kids safe online? Here you can find quotes from experts concerning common security issues and ways you can keep youth safe when utilizing the Internet and [more.](#)

Prayers

The Patron Saint of the Internet is St. Isidore of Seville.

Prayer from The Roman Missal

Graciously hear the prayers, O Lord, which we make in commemoration of Saint Isidore, that your Church may be aided by his intercession, just as she has been instructed by his heavenly teaching. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, one God, for ever and ever. Amen.



Prayer from [Catholic Online](#)

Almighty and eternal God, who created us in Thy image and bade us to seek after all that is good, true and beautiful, especially in the divine person of Thy only-begotten Son, our Lord Jesus Christ,

Grant we beseech Thee that through the intercession of Saint Isidore, bishop and doctor, during our journeys through the internet we will direct our hands and eyes only to that which is pleasing to Thee, and treat with charity and patience all those souls whom we encounter.

Through Christ our Lord,

Amen.