

## *A Message from the Pastor*

In consideration of the recent concerns regarding the coronavirus, our Bishop encourages local pastors to use good discretion to judge if changes are temporarily needed, based on people's concerns. With that in mind, Communion will be *exclusively* distributed under the form of the Sacred Host in the hand only, *not* on the tongue. Offering the Precious Blood from the chalice will be temporarily suspended, and these changes will be in place until more information becomes available and the threat of infectious disease is minimized. Additionally, there is no prescribed sign of peace, and it is appropriate to offer the sign of peace in some other manner than the physical touch of a handshake.

The most effective way to stay healthy is to follow basic and general rules of good health. To help in this process at St. Ambrose, please be advised:

- hand sanitizer stands are in place at all the doors of the church...please remember to use them when entering the church.
- holy water has been removed from all the doors of the church. There is a main Holy Water receptacle behind the organ, near the statue of St. Joseph. Feel free to bring a small plastic container with you to retrieve a personal supply for your own use.
- the church bathrooms are sanitized and thoroughly cleaned each day, and trash receptacles are emptied daily.

In the meantime, it is most effective to wash hands thoroughly and cover up coughs and sneezes into a tissue or bent elbow. Keep objects, especially fingers, out of and away from your mouth, nose and eyes, and routinely clean and sanitize personal electronic devices. Lastly, please stay home, or keep your children home if you or they are demonstrating flulike symptoms, especially coughing, fever/chills, shortness of breath, etc. We will continue to monitor information from the Centers for Disease Control and Prevention and from the Conference of Bishops, and we will keep you advised if we become aware of any additional information.

If you would like more information feel free to visit the CDC at [www.cdc.gov/coronavirus](http://www.cdc.gov/coronavirus).

***God Bless,***

***Fr. Jack***