



October 2019 Elementary Lunch Menu



<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cinnamon Roll Milk</p> <p>Hot Ham & Cheese on Bun Golden Corn Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Pears(Pre-K&Sat) Cinnamon Roll</p>	<p>Brunch for Lunch Pancakes Sausage Patty Tator Tots Grits Fresh Baby Carrots Chilled Peaches (Pre-K & Sat) Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat)</p> <p>Chicken Sandwich on Bun Shredded Lettuce/Tomato/Pickle Baby Carrots Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K&Sat) Milk</p>	<p>Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Frenchbread Milk</p> <p>Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Baked Beans Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K&Sat) Milk</p>	<p>Shepherd's Pie Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Biscuit Brownie Milk</p> <p>Boneless Wings Roasted Broccoli Buttered Mashed Potatoes Assorted Fruit Fresh Fruit Chilled Pineapples(Pre-K&Sat) Biscuit</p>	
<p>Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Carrot Souffle Assorted Fruit Fresh Fruit Mandarin Oranges (Pre-K & Sat) Cornbread</p> <p>Sloppy Joe on Bun Baked Beans Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K&Sat) Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cinnamon Roll Milk</p> <p>Pepperoni & Cheese Pizza Golden Corn Popeye Salad Assorted Fruit Fresh Fruit Chilled Pears (Pre-K&Sat) Cinnamon Roll Milk</p>	<p>Chicken & Sausage Gumbo Steamed Rice Potato Salad Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Southern Butter Roll Milk</p> <p>Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Glazed Carrots Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Milk</p>	<p>Shrimp Boil with Dutch Potatoes Corn on the Cob Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) French Bread Milk</p> <p>White Grilled Cheese Sandwich w/ Sou Corn on the Cob Caesar Salad Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K&Sat) Milk</p>	<p>Lasagna Roasted Broccoli Assorted Fruit Fresh Fruit Chilled Peaches(Pre-K & Sat) Garlic Roll Cookie Milk</p> <p>General Tso Chicken Smackers Roasted Broccoli Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K&Sat) Garlic Roll Cookie</p>
<p>Chicken & Sausage Jambalaya (Oven Recipe) White Beans Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Cornbread Milk</p> <p>Hamburger on Bun w/wo Cheese Baked Beans Shredded Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Chilled Applesauce(Pre-K&Sat) Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Cinnamon Roll or Cinnamon Stick Milk</p> <p>Chicken Tenders Golden Corn Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K&Sat) Cinnamon Roll or Cinnamon Stick</p>	<p>Shrimp Pasta Carrot Souffle Seasoned or Italian Green Beans Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Frenchbread Milk</p> <p>Loaded Nacho Supreme Bowl Shredded Lettuce & Tomatoes Carrot Souffle Assorted Fruit Fresh Fruit Chilled Pears(Pre-K&Sat) Milk</p>	<p>Chicken Parmesan with Pasta Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Garlic Roll Milk</p> <p>Pepperoni & Cheese Pizza Caesar Salad Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K&Sat) Milk</p>	<p>Beef Stew Steamed Rice Seasoned Green Peas Roasted California Blend Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Southern Butter Roll Rice Krispie Treat</p> <p>Chicken Sandwich Shredded Lettuce/Tomato/Pickle Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Rice Krispie Treat</p>
<p>Sweet Baby Ray's Backyard BBQ Grilled Chicken Macaroni & Cheese Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Southern Butter Roll Milk</p> <p>Sloppy Joe on Bun Glazed Carrots Roasted Cauliflower Assorted Fruit Fresh Fruit Chilled Applesauce(Pre-K&Sat) Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Cinnamon Roll Milk</p> <p>Yellow Grilled Cheese Sandwich Golden Corn Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K&Sat) Cinnamon Roll</p>	<p>Red Beans (Chicken Smackers for Pre-K only) Rice Chicken Smackers/Sausage Links Brussel Sprouts Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cornbread</p> <p>Hamburger on Bun w/wo Cheese Baked Beans Shredded Lettuce/Tomato/Pickle Assorted Fruit Fresh Fruit Chilled Pears(Pre-K & Sat) Milk</p>	<p>Meatsauce and Spaghetti Creamed Spinach Assorted Fruit Fresh Fruit Chilled Pineapples (Pre-K & Sat) Garlic Roll Milk</p> <p>Creamy Ranch Chicken Pita Pocket Romaine Lettuce&Tomato Cup Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Pineapples(Pre-K & Sat) Milk</p>	<p>Chicken & Sausage Gumbo Steamed Rice Seasoned or Italian Green Beans Potato Salad Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K & Sat) Biscuit Cake</p> <p>Pepperoni & Cheese Pizza Seasoned or Italian Green Beans Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K&Sat) Cake</p>
<p>Salsbury Steak Mashed Potatoes w/ Gravy Glazed Carrots Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Southern Butter Roll Milk</p> <p>Tex- Mex Melt Glazed Carrots Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Applesauce (Pre-K & Sat) Milk</p>	<p>Crispy or Soft Beef Taco Shredded Cheese Shredded Lettuce & Chopped Tomatoes Golden Corn Assorted Fruit Fresh Fruit Chilled Pears (Pre-K & Sat) Cinnamon Roll</p> <p>Hot Ham & Cheese on Bun Golden Corn Tots/Shoestring/Crinkle/Smiles Assorted Fruit Fresh Fruit Chilled Pears(Pre-K&Sat) Cinnamon Roll</p>	<p>Brunch for Lunch Biscuit Scrambled Eggs Sausage Patty Tator Tots and Grits Fresh and Assorted Fruit Fresh Baby Carrots Chilled Peaches (Pre K)</p> <p>Chicken Sandwich on Bun Shredded Lettuce/Tomato/Pickle Baby Carrots Assorted Fruit Fresh Fruit Chilled Peaches (Pre-K&Sat) Milk</p>	<p>Fried Catfish White Beans with Rice Caesar Salad Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K & Sat) Frenchbread Milk</p> <p>Hamburger on Bun w/wo Cheese Shredded Lettuce/Tomato/Pickle Baked Beans Assorted Fruit Fresh Fruit Chilled Mandarin Oranges (Pre-K&Sat) Milk</p>	<p>NATIONAL SCHOOL LUNCH WEEK OCTOBER 14-18, 2019</p> 