

# Kids Café



Kids Café is an afterschool enrichment program that integrates academic learning experiences such as science, math, and culture, with culinary concepts. Children will learn about nutrition while participating in hands-on cooking activities that are fun and delicious! All supplies and materials will be included. Kids Café Cooking Club will be open to all grade levels K-8<sup>th</sup> grade. There will be a maximum of 15 students per class session. There will be 4, 6 week sessions will run throughout the year. Classes will be held in room 106 from 2:30-4:00 pm. There is a \$40.00 registration fee per session for all students prior to enrollment in the program. Please make checks payable to St. Bede Extended Day Program (Kids Café Cooking Club in notation).

**Session IV:** Wednesday, September 20<sup>th</sup>- October 25<sup>th</sup>

**Session II:** Wednesday, November 8<sup>th</sup>- December 20<sup>th</sup>

(There will be no class on Wednesday, November 22<sup>nd</sup> due to the Thanksgiving holiday).

**Session III:** Wednesday, February 7<sup>th</sup> -March 14<sup>th</sup>

**Session IV:** Wednesday, April 4<sup>th</sup>- May 9<sup>th</sup>



## Kids Café Cooking Club Session I

Dear Parents and Guardians,

Welcome! We are very glad to offer another great Hands-On Learning Experience to our students. The Kid's Café Cooking Club teaches children the basics of culinary concepts while integrating academic learning that includes science, math, and cultural awareness in a way that is fun for kids!

Here are some things that you should know:

- Session I will begin on Wednesday, September 20<sup>th</sup> and will conclude on Wednesday October 25<sup>th</sup>.
- **Student Meeting Area/Parent Pick up:** All students are to meet in room 106. Parents picking up their child at 4:00 pm should meet in the main lobby. After 4:00 pm, parents should pick up their child in EDP on the lower level of the school building. Please let us know if there are any changes to your child's pickup arrangements by calling 847-587-7157.
- **Please notify us:** if your child has any dietary restrictions (if you have not already done so).
- If your child is ill, they may not be permitted to participate in the cooking club activities in order to ensure the safety and well being of other students and family members.

### **What to bring to Class:**

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- After-School Snack- Due to food allergies, all snacks **MUST BE NUT FREE**.
- Recipe folders-Folders will be supplied for all students to store their Kid's Café' recipes, activities, and parent correspondence. Please make sure your child brings there folder to class in order to receive important information and current recipes.

**\*Optional: Aprons-** While not mandatory, the students that participate in the program may get messy during the cooking activities. Cooking aprons may help to ensure that uniforms stay clean. If your child brings an apron to class, please make sure that it is labeled with their names.

I am looking forward to working with your children and share my knowledge and love of cooking with them. I truly believe that cooking is an experience that is not only fun for children, but it can teach many important life lessons that bring people together. If you have any questions or concerns, please contact me anytime.

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