

Instructions for mask

Materials for each mask

(2) 7"x7" pieces of tightly woven cotton fabric

(1) 7"x7" piece of nonwoven fabric

(2) 1.5"x42" strips of fabric for ties and pockets for wire

Wire for top of mask – lightweight (14 gauge) covered electrical wire works

Using a piece of nonwoven fabric 7"x7" for a pattern, mark a bold line across the fabric 1.75" from the top and another one 2.5" from the bottom.

Mark a lighter line 2.5" from the top and 1.75" from the bottom.

You will lay this pattern on top of the two pieces of fabric stacked wrong sides together with the nonwoven fabric between them. Fold the fabric toward you at the bold lines and away from you at the lighter lines. Press the folds. Baste the pleats in place.

Finish the top and bottom edges. I serge the edges. They could be zigzagged or overlocked. Bias tape is another option.

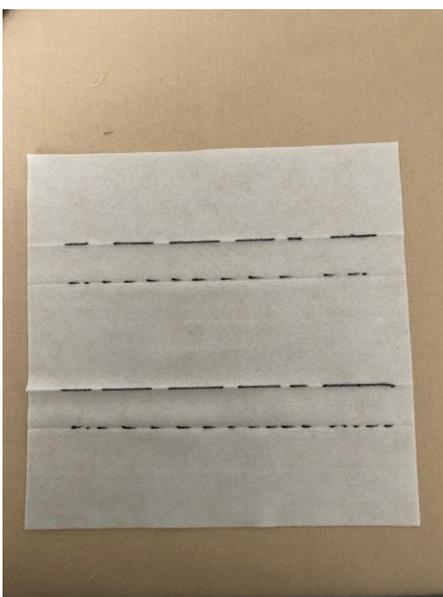
Make the ties by hemming the edges of the 1.5"x40" fabric strips. This is very quick with a hemming foot. Center the mask on the ties, leaving equal tails at top and bottom. Fold the ties in half lengthwise and enclose the ends of the mask in the tie. Stitch the tie closed along its entire length.

To prepare the mask for a wire at the top, make a one-inch pocket at each end of the top of the mask and a two-inch channel at the center. Use a two-inch piece from the end of one tie, and make two one-inch pieces from the end of the other tie. A wire that has been bent into a small circle at each end can be inserted through the channel and each end placed into one of the pockets. Shape the wire to fit over the bridge of the nose before putting the mask on.

Wash the mask after wearing it for a day. The wire, if used, should be removed first.

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Step One



Step Two



Adding the wire



Finished product