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## St. John Vianney Catholic Church

*"I will show you the way to heaven."  
– St. John Vianney*



April 22, 2020

### SJV Newsletter

Brothers and Sisters in Christ,

*"The Lord hears the cry of the poor"*. This is the response for Wednesday's Responsorial Psalm during Mass which comes from Psalm 34. This is a psalm of thanksgiving to God as he hears the cry of the poor. You may be feeling anxious, restless, downcast, or many other emotions these days. However, we are to remain steadfast in our love for God. He does hear your cries and your prayers and will deliver you. You may want the deliverance immediately and that is ok, but listen to the Lord's promise of deliverance. "Many are the troubles of the righteous, but the Lord delivers him from them all" (Psalm 34:20). Keep doing what is good and take refuge in the Father, the Son and the Holy Spirit who is Good!

These may be times of social distancing, but make sure you do get outside and soak up the sun. You were made to be in the light. I know for myself that I do get a positive boost when I take some time to walk outside, breathe some fresh air and feel the embrace of the warm sun. There are many beautiful sunsets and please take delight in what God gives you each day.

This is a stressful time and you may find it difficult to remember what day of the week it is. Routines can be very helpful by providing structure. One suggestion I have for you during these 50 days of the Easter Season is to set an alarm and to pray the Regina Caeli at noon as a family. This can be a great callout for your family members to respond and be filled with joy at the resurrection of our Savior.

*V.* Queen of heaven, rejoice! Alleluia.

*R.* **For he whom you did merit to bear. Alleluia.**

*V.* Has risen, as he said. Alleluia.

*R.* **Pray for us to God. Alleluia.**

*V.* Rejoice and be glad, O Virgin Mary. Alleluia.

*R.* **For the Lord is truly risen. Alleluia.**

Let us pray.

**O God, who gave joy to the world through the resurrection of your Son, our Lord Jesus Christ, grant we beseech you, that through the intercession of the Virgin Mary, his Mother, we may obtain the joys of everlasting life. Through the same Christ our Lord. Amen.**

Bishop Doherty's latest letter, dated April 20, is the most recent communication which can be read at <https://www.dol-in.org/covid-19-updates>. Just a reminder that Bishop Doherty has mandated the suspension of all public celebrations of the Mass, other liturgical services and gatherings of the faithful effective Wednesday, March 18, 2020 until further notice. The dispensation from the obligation to attend Sunday Mass from March 13, 2020 continues until further notice. It is not a permanent dispensation.

Please know that I continue to pray for you that you may know of the great peace that comes from Jesus! St. John Vianney...pray for us!

In Christ,

Fr. Tony Rowland

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