

DADDY IN HEAVEN!

On July 28, (17th Sunday Ordinary Time Year C), I had the honor and privilege to be the main celebrant and preacher at the Sunday Mass at my home parish St Jacques (St James) in Muret, France. Please find below the main points of my homily focusing on the prayer that Jesus taught us the "Our Father"
(Luke 11:1-13 and Matthew 6:9-13)

FIRST, Jesus asks us to pray to God our Father, calling Him ABBA, which in Jesus' own language Aramaic means: DADDY! What a revolution! In the times of Jesus, the Jewish people could not even pronounce the name of God, YAHWEH, and here Jesus asks us to call GOD: ABBA, DADDY! So whenever we pray the Our Father, the most beautiful prayer, being the one Jesus gave us when asked to teach us how to pray, let us always remember that we are praying to "DADDY IN HEAVEN", a personal Father, who as God, LOVES us like a Dad loves His Son or Daughter.

SECOND, while Luke's Gospel contains only four petitions of the Our Father, the most complete version of the Our Father is found in the Sermon on the Mount in Matthew's Gospel (6:9-13) It contains seven petitions which cover the entirety of what we need to ask God. I will comment briefly on each of the petitions.

1. **HALLOWED BE THY NAME:** Hallowed means Holy. I pray that I will always consider my DADDY in HEAVEN as a personal and loving GOD much above me, a DADDY that I should LOVE MORE THAN ANYONE ELSE! I should not worship idols like money, power, pleasure, recognition.

2. **THY KINGDOM COME:** the coming on earth of JESUS HIMSELF, the only begotten Son of the Father, is the beginning of the Kingdom of God. I pray: "JESUS, COME INTO MY HEART!"

3. **THY WILL BE DONE ON EARTH AS IT IS IN HEAVEN:** I pray that I will always OBEY my Daddy in Heaven, meaning that I will obey HIS TEN COMMANDMENTS, which JESUS summarized in the two commandments of LOVE: LOVE GOD WITH ALL YOUR HEART AND ALL YOUR MIND, AND LOVE YOUR NEIGHBOR AS I LOVE YOU! When praying this, I recall the best definition of CHRISTIAN LOVE, as given by St Thomas Aquinas (13th century): "TO LOVE SOMEONE IS TO WANT GOOD FOR THAT PERSON NOT EXPECTING ANYTHING IN RETURN" (Unconditional love).

4. **GIVE US THIS DAY OUR DAILY BREAD:** the Greek text of the Our Father (as given in the New Testament which was written in Greek as being the dominant language in Jesus' time, like English in today's world) reads : "*Ton Arton ton Epiousion* ". Many commentators on the Our FATHER PRAYER have struggled with what Jesus meant. It is remarkable that the word "Epiousios " is mentioned only once in the entire New Testament, and also is apparently not found anywhere else in the

Greek literature. OUSIOS means SUBSTANCE and EPI means ABOVE/SUPER. One possible translation as opposed to DAILY (the one we use) is SUPER-SUBSTANTIAL or SUPER-NATURAL. Many of the early Fathers of the Church (first four centuries after Christ) and more recently POPE BENEDICT XVI have favored this translation as it has an EUCHARISTIC meaning. I like this viewpoint! Therefore, I PRAY TO DADDY IN HEAVEN: "FEED ME WITH THE EUCHARIST, THE BODY OF YOUR SON JESUS." Through the Eucharist, we are totally transformed: WE BECOME TRULY ONE WITH JESUS, WE ARE TRANSFORMED SPIRITUALLY AS WE BECOME WHAT WE EAT: THE BODY OF CHRIST!

5. **FORGIVE US OUR TRESPASSES AS WE FORGIVE THOSE WHO TRESPASS AGAINST US:** I pray: JESUS, SON OF ABBA, SON OF DADDY, GIVE ME THE DESIRE TO GO FREQUENTLY TO THE SACRAMENT OF RECONCILIATION so that I can be totally united to JESUS in a state of grace (without sins) and I may receive the EUCHARIST totally in union with JESUS and all my brothers and sisters who also in state of grace enter into COMMUNION WITH JESUS!

6. **DO NOT LEAD US INTO TEMPTATION:** I pray: "DADDY IN HEAVEN, help me not to fall into temptation. SEND ME YOUR HOLY SPIRIT so that I can resist any temptation."

7. **BUT DELIVER US FROM EVIL.** I pray to Daddy in Heaven: "protect me from any evil spirit".

THIRD, I invite everyone to pray daily the "Our Father" very slowly, reflecting on each of the above seven petitions and selecting which one is most relevant for you on that particular day and how you can obtain ABBA/DADDY'S SUPPORT.

It was wonderful to spend some time with my whole family in France and also to go to Lourdes. As promised, I prayed for each one of you when I was immersed into the miraculous waters that have been flowing continuously since the apparitions of Mary to St. Bernadette in 1858.

COME HOLY SPIRIT! Keep filling with Your Love the hearts of all of us, especially our children and youth during this Summer!



*One in Christ,
Father Alain*

Today's Readings

Wisdom 18:6-9

Just as you punished our adversaries, you glorified us whom you had summoned

Hebrews 11:1-2, 8-19

Abraham looked forward to the city whose architect and maker is God

Luke 12:32-48

You also must be prepared

Let us all welcome
Nereida Tellechea, who
begins this week as our
Coordinator of
Religious Education (CRE)

Outreach news

Our next Shepherd's Table will be on August 15, 2019 at Good Shepherd Church.

Non-perishable foods donated to "Sharing Sunday" may be left in the designated box near the door to Fr. Martin Hall. All donations go to the Southern Maryland Food Bank. Cereal and peanut butter and jelly.

If you have any school supplies you would like to donate, please bring them directly to the Children's Aid Society.

Tuesday Scripture Study - Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

Wednesday Scripture Study - The Friday night scripture study has been changed to Wednesdays. They will be begin at 7:30, following the 7 pm Mass

OLLC Preschool

OLLC Preschool fall 2019 registration is open! Parishioners, please share this information with families you know who may be looking for Catholic Preschool for their child or grandchild, and be sure you have registered your child for fall. For info or to register: email the preschool director, Nieda, at preschool@olhoc.org or call the church/preschool office at 301-645-7112 during office hours.

*.Thursday, August 15th is the
**Feast of the Assumption of
the Blessed Virgin Mary**
Holy Day of Obligation*



Wednesday August 14

Confession 6-7 pm.

(No 7 pm Mass)

If you are unable to attend Mass on August 15, a Vigil Mass will be held on Wednesday evening August 14. This is a Neocatechumenal Mass to be held in the Divine Mercy room at 7:30 pm.

***Masses at 9 am and
7 pm (bilingual) on August
15th***

We are asked to pray for:

Sandra Barrientos
Dennis Hook
Ana Maria Delmira Sibrian Escobar
Nestor Ermelindo Molina
Doris Chesley
James Thompson
Rebecca (Tess) Franch
Vicky Welch
Naomi Lilly
Sterling Greene
Aleli Puzon
Patricia Delgado
Rosano Wheeler
Larry McGraw
Vivian Truxon
Kenny Lindsay

Pat Fisher
Christ Goldhammer
Adele Alvey
Dorothy Neal
Dunnie Proctor
Shirley Ehman
K.D. Dillard
Josephina Knapp
Maria Townsend
Chrystal Beauregard
Sheryl Carter
Alex Leon
Sharketer Butler
Steven Bowling
Edna Yarngo
Kathly Grimes
Damien Price

Sheny Padilla
Richard White
Mary Dooley
Victor Cordero
Georgiana Norgren
Marie Marie Bottorf
Joy Cooper
Johnné Webster
William Graham
Patricia Sutton
and all our military and civilians serving in
harm's way.

*Please let us know if any names should be removed
from the list.*



Mass Intentions this Week

Saturday, August 10, 9:00AM: Ouedraogo's Wedding Anniversary
Saturday, August 10, 5:00 PM: Myrna Egbufoama
Sunday, August 11, 8:30 AM: Roland and Clare Trainque (+)
Sunday, August 11, 10:00 AM: Our Lady Help of Christians Parishioners
Sunday, August 11, 11:30 AM: Marcus Williams
Sunday, August 11, 1:00 PM: Souls in Purgatory
Sunday, August 11, 7:00 PM: Clara Luz Merida
Monday, August 12, 9:00 AM: Manuel Lam
Tuesday, August 13, 9:00 AM: Lloyd Cordner (+)
Wednesday, August 14, 9:00 AM: Joann DiLiberto
Thursday, August 15, 9:00 AM Max Valles (+)
Thursday, August 15, 7:00 PM: Babies in danger of abortion
Friday, August 16, 9:00 AM: Richard DiLiberto (+)

Invitation to the Rite of Christian Initiation (RCIA) — Registration Open House

Interested in learning about the Catholic Church for the first time? Want to complete your Sacraments of Initiation? RCIA is the group for you! We invite you to meet RCIA team members at the Registration Open House for 2019-2020 RCIA classes. The Open House is on Wednesday, August 28 at 7:00 to 8:30 PM in the Father Martin Hall. Classes start in September and will be held on Wednesdays, 7:15-9:00 PM.

**Pope Francis's monthly
intention for August**

Families, Schools of Human Growth

*That families, through their life of
prayer and love, become ever more
clearly "schools of true human
growth."*

www.usccb.org

Mass Readings for August 18, 2019.

20th Sunday in Ordinary Time

***First Reading**

Jermiah 38:4-6, 8-10

***Second Reading**

Hebrews 12:1-4

***Gospel**

Luke 12:49-53

www.usccb.org

Thank you!

We would like to thank the Youth Group and adult volunteers under the direction of Marlen Coles in cleaning up the preschool playground and assisting the summer program!

YOUTH NEWS

Join Our Youth Support Team which is an integral part of our Youth ministry at OLHOC. It consists of different components utilizing diverse gifts and time commitments of parents and other interested volunteers from our parish. These volunteer opportunities can range from assisting with special events or joining the core team and work directly with the youth. All volunteers must be Virtus Compliant. Together we can help lead our youth closer to Christ! For more information please visit the website or talk to Marlen Coles.

“Train a boy in the way he should go: even when he is old, he will not swerve from it”

Proverbs 22:6



Religious Education 2019-2020



4 Sessions (Register early for preferred session):
(Pre-k (4 years old) through 8th grade)
Sundays: 9:30 am - 11:00 am
Sundays: 11:15 am - 12:45 pm
Mondays: (Special Needs children/youth/adults) 5:30 pm - 6:30 pm
Mondays: 6:45 pm - 8:15 pm



Ensure ONLINE Lessons (from last year) are successfully completed.

Registration online: www.olhoc.org/ccd1920



Your Church: The Lord's House

Please continue to respect your church, the Lord's house, and refrain from taking any food or beverage into the Church. If your children need food or beverages, please use the cry room. Please care for your building investment by not walking on kneelers or using them as footrests. Thank you!