

October 4, 2020

HUMILITY LEADS US TO JOY through UNITY in JESUS!

In the Second Reading of this coming Sunday, we have one of the most powerful passages from St Paul's Letter to the Philippians (2:1-11). It is all about HUMILITY and how humility LEADS us to JOY through BEING ONE in JESUS. HUMILITY is the foundation of our Christian life. St Paul encourages us to live a humble life, imitating Jesus' own humility: "*Do nothing out of selfishness or out of vainglory; rather, HUMBLY REGARD OTHERS AS MORE IMPORTANT THAN YOURSELVES, each looking out not for his own interests but also for those of others. Have in you the SAME ATTITUDE that is also in CHRIST JESUS... who, though He was in the form of God, emptied Himself taking the form of a slave, coming in human likeness; and found human in appearance, He HUMBLED HIMSELF, becoming obedient to the point of death, even death on a cross. I suggest that you keep asking God to grant you the virtue of humility by praying daily the inspirational LITANY OF HUMILITY written by Cardinal Del Val, Cardinal Secretary to Pope Pius X:*

O Jesus, meek and humble of heart, *Hear me.*

From the desire of being esteemed, *Deliver me, O Jesus.*

From the desire of being loved, *Deliver me, O Jesus*

From the desire of being extolled, *Deliver me, O Jesus.*

From the desire of being honored, *Deliver me, O Jesus.*

From the desire of being praised, *Deliver me, O Jesus.*

From the desire of being preferred to others, *Deliver me, O Jesus.*

From the desire of being consulted, *Deliver me, O Jesus.*

From the desire of being approved, *Deliver me, O Jesus.*

From the fear of being humiliated, *Deliver me, O Jesus.*

From the fear of being despised, *Deliver me, O Jesus.*

From the fear of suffering rebukes, *Deliver me, O Jesus.*

From the fear of being calumniated, *Deliver me, O Jesus.*

From the fear of being forgotten, *Deliver me, O Jesus.*

From the fear of being ridiculed, *Deliver me, O Jesus.*

From the fear of being wronged, *Deliver me, O Jesus.*

From the fear of being suspected, *Deliver me, O Jesus.*

That others may be loved more than I, *Jesus, grant me the grace to desire it.*

That others may be esteemed more than I, *Jesus, grant me the grace to desire it.*

That, in the opinion of the world, others may increase and I may decrease, *Jesus, grant me the grace to desire it.*

That others may be chosen and I set aside, *Jesus, grant me the grace to desire it.*

That others may be praised and I go unnoticed, *Jesus, grant me the grace to desire it.*

That others may be preferred to me in everything, *Jesus, grant me the grace to desire it.*

That others may become holier than I, provided that I may become as holy as I should, *Jesus, grant me the grace to desire it.*

With St Paul, let us ask : "JESUS, help complete our JOY by keeping all of us humble like Him, being of the same mind, with the same love... United in Your Heart!"

*One in Christ,
Father Alain*



Religious Education News

Religious Education has begun on line! If you have not yet enrolled your child, please go to <https://olhoc.com/re> to enroll your child in online learning.

For more information, please contact Nereida Tellechea at cre@olhoc.org

Mass intentions

If you would like to have a Mass said in 2021, the calendar is open in the office. Sign up for the Mass you would like so as to assure the date you want is available.

Suggested stipend is \$10

Few items to keep in mind when returning to Mass:

-Please wear a mask, bring your hand sanitizer, observe the social distancing in seating and new traffic flow during Mass.

-If you are ill, more susceptible, or feel uncomfortable returning to church right now, please know staying home is ok and you can continue to be with us in spirit and watch Sunday's Mass at 10 am or daily Mass at 9 am on the OLHOC YouTube Channel.

When you are ready to return, please reserve a seat online www.olhoc.org/reopening If you have reservations and are unable to attend, please return to the signup and cancel your seat so others may attend Mass.

If you would like to volunteer for Mass, please visit www.olhoc.org/reopening

Holiday House

The holiday house is in the Narthex. It is our opportunity as a parish to give a Thanksgiving and Christmas meal to those less fortunate than we are. If we all give each week we are able, we will soon have enough to feed people in need.

“It is in giving that we receive”

~Pre-school News~

Our pre-school resumed classes on Wednesday, September 9th. Following COVID19 guidelines, we currently have one classroom of 3-4 year olds who are all very happy to be back in school with other 3-4 year olds. We hope to be able to add another class in January, 2021.

OLLC gives preschoolers a beginning in their Catholic education. Many families need financial assistance to attend our pre-school. If you are in a position to donate, please make your check payable to Our Lady's Little Christians Preschool, or for online instructions, send an email to preschool@olhoc.org

CA/RCIA

Interested in joining and learning about the Catholic Church for the first time? Want to complete a Sacrament (Baptism, Eucharist, and/or Confirmation)? Classes meet on Wednesday, from 7 pm –9 pm. You may chose to come to the Father Martin Hall or virtually via Zoom. For more information, or to sign up, please contact Deacon Rich at deacon@olhoc.org or Diane and Mike Spurgeon at RCIA.olhoc@gmail.com

We hope you will join us!

The Youth Support Team is an integral part of our Youth ministry at OLHOC. It consists of different components utilizing diverse gifts and time commitments of parents and other interested volunteers from our parish. These volunteer opportunities can range from assisting with special events (hospitality, chaperones, fundraisers, prayer team..), confirmation mentors, or joining the core team and work directly with the youth. Together we can help lead our youth closer to Christ! For more information please visit the website www.olhoc.org/ymteam or talk to Marlen Coles marlen@olhoc.org

“Into the Breach”

OLHOC and the Knights of Columbus will sponsor a six-week journey on the video series “Into the Breach.” This video series looks to answer the questions of in today's world, what it means to be a man and how to live as a man.

The journey begins Thursday, October 15 at 7 pm. Participants can join in person in the Father Martin Hall, or by Zoom.

This series is geared towards Catholic men, but families may also join. For more information, please call the office for more information.

We are asked to pray for:

Julissa Bariantos
 Brandon Mack
 Ana Maria Delmira Sibrian Escobar
 Nestor Ermelindo Molina
 James Thompson
 Rebecca (Tess) Franch
 Joseph Albrittitan
 Sid and Suszanna Marcus
 Aleli Puzon
 Patricia Delgado
 Ann Marie Hobart
 Larry McGraw
 Ilene Custer
 Derrick Webster
 Julie Davis
 David DeMarr
 Dinnie Proctor
 Amelia Vinceguerra
 Lorraine Celijewski
 Lorrin Green

Tabitha Barton
 Maria Townsend
 Chrystal Beauregard
 Sheryl Carter
 Alex Leon
 Sharketer Butler
 Steven Bowling
 Edna Yarngo
 Kathy Grimes
 Sheny Padilla
 Richard White
 Victor Cordero
 Georgiana Norgren
 Marie Marie Bottorf
 Dorian Webster
 Dionne Gause
 Billy Dexter
 Trena Price
 Josephina Knapp
 Norm Green

The Dixons
 Grace Albrittain
 Elaine Moses
 Yvonne Buford
 Karen Zimmerman
 Steve Wyloge
 Terri Elizabeth McAllister Burnette
 Joanne Johnson
 Gloria Snyder
 John Hoza
 Mike Spurgeon
 Mary A. Dyson

and all our military and civilians serving in harm's way.

Please pray for the souls of Griselda Urias Argueta, and Jesus Morales



Mass Intentions this Week

- Saturday, October 3, 9:00AM: Aurora Tescan (+)
- Saturday, October 3, 5:00 PM: MCST Sisters
- Sunday, October 4, 8:30 AM: OLHOC Parishioners
- Sunday, October 4, 10:00 AM: Orlando Lagman(+)
- Sunday, October 4, 11:30 AM: Christine Macharry
- Sunday, October 4, 7:00 PM: Father Alain
- Monday, October 5, 9:00 AM: Carmensita Pineda (+)
- Tuesday, October 6, 9:00 AM: Andres Cielo (+)
- Wednesday, October 7, 9:00 AM: Michael Franklin Dako (+)
- Wednesday, October 7, 7:00 PM: Patience Sylvia Dako (+)
- Thursday, October 8, 9:00 AM: Fabiola Dako
- Friday, October 9, 9:00 AM: Orlando Lagman (+)

Sunday morning Mass times:
 8:30 am, 10 am, 11:30 am

Tuesday Scripture Study- Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

Friday Scripture Study- The Friday night scripture study is now online. Please call the office for information on how to join us.

First Friday- The first Friday of each month the evening Mass is dedicated to promoting the Priesthood. Following evening Mass, devotion to the Alliance of the two Hearts.

First Saturday-Join members of the Marian Group on the first Saturday of the month after the 9 am Mass. Learn more about consecrating your life to Jesus through Mary.

Divine Mercy- Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

OLHOC Prayer Chain

If you have a prayer request, please call the parish office or send email to office@olhoc.org.

Mass Readings for October 11, 2020

Twenty-eight Sunday in Ordinary Time

***First Reading**

Isaiah 25:6-10a

***Second Reading**

Phlippians 4:12-14, 19-20

***Gospel**

Matthew 22:1-14



www.usccb.org

October 2020

October is National Domestic Violence Awareness Month. To learn more about the Catholic response, visit the U.S. Bishop's website for their Pastoral Letter: "When I Call for Help" (http://bit.ly/usccb_dv) If you or a family member or friend needs help now, contact the National Domestic Violence Hotline, 800-799-7233 (24 hours); 800-787-3224 (TTY); www.ndvh.org. If you are in immediate danger, call 911.

1 out of 4 women, 1 out of 7 men have suffered severe physical violence in the hands of their beloved spouse. The Priest Domestic Violence Advisory Committee at Catholic Charities invites parishioners to learn more about how to help families and friends suffering domestic abuse. Help is available at: 800-799-7233 (24 hours); 800-787-3224 (TTY). For Catholic Charities resources, videos how to develop a domestic violence ministry at your parish see www.catholiccharitiesdc.org/familypeace.

You don't deserve to be abused. Violence at home hurts! You are not alone. Now is the time to protect yourself and those who count on you for safety. If you experience any form of abuse, please know that there is help. Call the National Domestic Violence Hotline 1 (800) 799-7233. To learn more about domestic violence visit: www.catholiccharitiesdc.org/familypeace.

It Shouldn't Hurt at Home. The Catholic community cares about families experiencing violence and unhealthy relationships. Visit www.CatholicsforFamilyPeace.org to learn more about this issue, how to help, who to call, and the rich Catholic teaching that supports survivors. If you need help now, contact the National Domestic Violence Hotline, 800-799-7233 (24 hours); 800-787-3224 (TTY); www.ndvh.org to find assistance near you.