

December 27, 2020

PLENARY INDULGENCE PRAYING THE LITANY OF ST JOSEPH

In this Year of St Joseph, I invite the entire parish to seek a PLENARY INDULGENCE by praying the Litany of St Joseph this Sunday as we celebrate the FEAST OF THE HOLY FAMILY OF JESUS, MARY and JOSEPH:

Lord, have mercy. *Lord, have mercy.*
Christ, have mercy. *Christ have mercy.*
Lord, have mercy. *Lord, have mercy.*
God our Father in heaven, *have mercy on us.*
God the Son, Redeemer of the world, *have mercy on us.*
God the Holy Spirit, *have mercy on us.*
Holy Trinity, one God, *have mercy on us.*
Holy Mary, *pray for us.*
Saint Joseph, *pray for us.*
Noble son of the House of David, *pray for us.*
Light of patriarchs, *pray for us.*
Husband of the Mother of God, *pray for us.*
Guardian of the Virgin, *pray for us.*
Foster father of the Son of God, *pray for us.*
Guardian of virgins, *pray for us.*
Faithful guardian of Christ, *pray for us.*
Head of the Holy Family, *pray for us.*
Joseph, chaste and just, *pray for us.*
Joseph, prudent and brave, *pray for us.*
Joseph, obedient and loyal, *pray for us.*
Pattern of patience, *pray for us.*
Lover of poverty, *pray for us.*
Model of workers, *pray for us.*
Example to parents, *pray for us.*
Pillar of family life, *pray for us.*
Comfort of the troubled, *pray for us.*
Hope of the sick, *pray for us.*
Patron of the dying, *pray for us.*
Terror of evil spirits, *pray for us.*
Protector of the Church, *pray for us.*

Lamb of God, you take away the sins of the world, *have mercy on us.*
Lamb of God, you take away the sins of the world, *have mercy on us.*
Lamb of God, you take away the sins of the world, *have mercy on us.*
God made him master of his household, *And put him in charge of all that he owned.*

Let us pray.

O God, who in your inexpressible providence were pleased to choose Saint Joseph as spouse of the most holy Mother of your Son, grant, we pray, that we, who revere him as our protector on earth, may be worthy of his heavenly intercession. Through Christ our Lord. R/. AMEN

The above plenary indulgence is granted under the three usual conditions: sacramental confession, Eucharistic Communion, prayer for the Pope's intention, all with a spirit of detachment from any sin. Because of the Pandemic, Pope Francis is also granting the gift of plenary indulgence to the sick, the elderly, the dying and all those who for legitimate reasons are unable to leave their homes. They have to be detached from any sin and have the intention of fulfilling, as soon as possible, the three above mentioned usual conditions and recite an act of piety (for our parishioners this Sunday, it will be the above Litany of St Joseph) offering to God the pains and hardships of their lives. There are many other ways to be granted a plenary indulgence throughout the Year of St Joseph (ending December 8, 2021). You can read the Vatican's announcement of December 8 (on the Internet) or go to our website. Stay tuned for further announcements!

We can claim the plenary indulgence for ourselves or offer it for someone who has died. A plenary indulgence removes all the temporal punishment due to sin (as opposed to a partial one removing only a part). If you seek further understanding, I suggest you read the section on Indulgences in the Catechism of the Catholic Church: paragraphs 1471-1479 (can be found on Internet)

Let us pray: *O God, help us to understand the model of fatherhood exemplified by St Joseph and assist all our families to be inspired by the HOLY FAMILY's examples of faith, hope and love!*

One in Christ,
Fr. Alain



Religious Education News

There are no new online classes this week, or next. Please continue to work on any classes you have missed. If you have any questions, please contact Nereida Tellechea at (301)645-7112, or email cre@olhoc.org

Community Outreach

Sharing Sunday

Thank you to all who contributed to the Christmas baskets! We continue to collect non perishable foods for "Sharing Sunday." All donations can be left in the designated box in the Father Martin Hall and will be taken to the Women's Shelter and the local Food Bank. Thank you!
The next Outreach meeting is on January 6, 2021 at 7p.m.



Are you a lost sheep?

If you miss some of the things happening at Our Lady Help of Christians, you might be missing out of flocknotes.

Flocknotes is an online tool we use to communicate with all our parishioners. You can read Father Alain's weekly column, find out Mass times, or any current events happening in our parish. The information is always up-to-date.

Flocknotes comes directly to your email inbox on Fridays. Never miss any more news at OLHOC!

Sign up on our webpage (just look for the lamb) www.olhoc.com, or call the office and someone will assist you to get the latest information.

The office will be closed December 31–January 1 so our staff can celebrate the Christmas season with their families.

REMINDER**

-Sanitize your hands before coming into church

-Masks are mandatory

-Maintain at least a 6 ft distance

-If you feel ill, stay home and watch Mass on www.olhoc.com -10 am on Sundays

**From Father Alain,
Father Ben, and the
entire staff at OLHOC:**

**We wish you all a happy and
healthy New Year. May God
bless you and keep you safe!**

The Youth Support Team is an integral part of our Youth ministry at OLHOC. It consists of different components utilizing diverse gifts and time commitments of parents and other interested volunteers from our parish. These volunteer opportunities can range from assisting with special events (hospitality, chaperones, fundraisers, prayer team..), confirmation mentors, or joining the core team and work directly with the youth. Together we can help lead our youth closer to Christ! For more information please visit the website www.olhoc.org/ymteam or talk to Marlen Coles marlen@olhoc.org

Masses for the Solemnity of Mary, the Holy Mother of God

December 31, at 5 PM

January 1, at 8:30 AM

January 1, at 10:00 AM

Please sign up online:

www.olhoc.com



CA/RCIA

Interested in joining and learning about the Catholic Church for the first time? Want to complete a Sacrament (Baptism, Eucharist, and/or Confirmation)? Classes meet on Wednesday, from 7 pm –9 pm. You may chose to come to the Father Martin Hall or virtually via Zoom. For more information, or to sign up, please contact Deacon Rich at deacon@olhoc.org or Diane and Mike Spurgeon at RCIA.olhoc@gmail.com

We hope you will join us!

We are asked to pray for:

Julissa Barientos
 Brandon Mack
 Ana Maria Delmira Sibrian Escobar
 Nestor Ermelindo Molina
 James Thompson
 Rebecca (Tess) Franch
 Joseph Albrittitan
 Sid and Suszanna Marcus
 Aleli Puzon
 Patricia Delgado
 Ann Marie Hobart
 Larry McGraw
 Ilene Custer
 Derrick Webster
 Julie Davis
 David DeMarr
 Dunnie Proctor
 Amelia Vinceguerra
 Lorraine Celijewski
 Cren Wolden

Tabitha Barton
 Maria Townsend
 Chrystal Beauregard
 Sheryl Carter
 Alex Leon
 Sharketer Butler
 Steven Bowling
 Edna Yarngo
 Kathy Grimes
 Sheny Padilla
 Richard White
 Victor Cordero
 Georgiana Norgren
 Marie Marie Bottorf
 Dorian Webster
 Dionne Gause
 Billy Dexter
 Trena Price
 Erick M. Knapp
 Norm Green

The Dixons
 Grace Albrittain
 Elaine Moses
 Yvonne Buford
 Karen Zimmerman
 Steve Wyloge
 Terri Elizabeth McAllister Burnette
 Joanne Johnson
 John Hoza
 Mike Spurgeon
 Mary A. Dyson
 Kevin Viel Sr.

and all our military and civilians serving in harm's way.

Please pray for the soul of Antoine Kanhonou.



Mass Intentions this Week

Saturday, December 26, 9:00AM: Armand Ouedrago & family
 Saturday, December 26, 5:00 PM: OLHOC Parishioners
 Sunday, December 27, 8:30 AM: Fr. Iraneus
 Sunday, December 27, 10:00 AM: Editha L. Abuan (+)
 Sunday, December 20, 11:30 AM: Joseph Horecky (+)
 Sunday, December 27, 7:00 PM: Diana Medel
 Monday, December 28, 9:00 AM: Joanna Ouedrago (+)
 Tuesday, December 29, 9:00 AM: Richard Leseman
 Wednesday, December 30, 9:00 AM: George Gallagher
 Wednesday, December 30, 7:00 PM: John Cronin (+)
 Thursday, December 31, 9:00 AM: Dako family
 Thursday, December 31, 5:00 PM: Teddy & Cora Valera
 Friday, January 1, 8:30 AM : Arit & Felix Idedevbo family
 Friday, January 1. 10:00 AM: Bonnie Castro

Mass intentions

If you would like to have a Mass said in 2021, the calendar is open in the office. Sign up for the Mass you would like so as to assure the date you want is available. Suggested stipend is \$10

Tuesday Scripture Study- Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

Friday Scripture Study- The Friday night scripture study is now online. Please call the office for information on how to join us.

First Friday- The first Friday of each month the evening Mass is dedicated to promoting the Priesthood. Following evening Mass, devotion to the Alliance of the two Hearts.

First Saturday-Join members of the Marian Group on the first Saturday of the month after the 9 am Mass. Learn more about consecrating your life to Jesus through Mary.

Divine Mercy- Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

OLHOC Prayer Chain

If you have a prayer request, please call the parish office or send email to office@olhoc.org.

Mass Readings for January 3, 2021

The Epiphany of the Lord

***First Reading**

Isaiah 60:1-6

***Second Reading**

Ephesians 3:2-3a, 5-6

***Gospel**

Matthew 2:1-12

www.usccb.org

