

## June 13, 2021: 11th Sunday in Ordinary Time

### YEAR OF EUCHARISTIC MIRACLE

Do you believe in Eucharistic Miracles? I do! Do you believe in the "little" Eucharistic miracle that happened at OLHOC end of April 2021? I do! I pray you do too. AMEN!

Looking back to the last 12 months at OLHOC, we have much to be THANKFUL TO GOD. The pandemic has reminded many of us that we took the EUCHARIST for granted. THE TIME OF EUCHARISTIC REVIVAL HAS COME! We had a record participation of parishioners at our outdoor PROCESSION ON CORPUS CHRISTI. The 90-degree heat and humidity did not stop us! It was TIME FOR JESUS TO GO OUT of our church and remind us that we need to strive for BRINGING ALL TO HIM, SHARING HIM WITH ALL AND BEING ONE IN HIM THROUGH THE EUCHARIST!

In the last few weeks, we are all grateful to God that we have returned to "NORMALCY" and have experienced the JOY of increased participation at Mass. The lifting of the dispensation to attend Mass on Sundays and Holy Days of Obligation (effective June 26-27) has encouraged people to return to church, to go back to CONFESSION and receive the EUCHARIST. PRAISE THE LORD!

THE EUCHARIST IS THE SOURCE AND SUMMIT OF THE CHRISTIAN LIFE (Catechism of the Catholic Church CCC 1324). The Eucharist is the SUM AND SUMMARY OF OUR FAITH (CCC 1327). The Eucharist UNITES US IN JESUS CHRIST. Through the Eucharist, we all BECOME ONE IN CHRIST. Do you truly believe this? LISTEN TO JESUS:

*"I AM THE LIVING BREAD THAT CAME DOWN FROM HEAVEN; WHOEVER EATS THIS BREAD WILL HAVE ETERNAL LIFE; and the bread that I will give is MY FLESH FOR THE LIFE OF THE WORLD. The Jews quarreled among themselves, saying: How can this man give us his flesh to eat? Jesus said to them, AMEN, AMEN, I say to you, unless you EAT THE FLESH OF THE SON OF MAN AND DRINK HIS BLOOD, you do not have life within you. WHOEVER EATS MY FLESH AND DRINKS MY BLOOD HAS ETERNAL LIFE, and I WILL RAISE HIM ON THE LAST DAY. For my flesh is true food and my blood is true drink. Whoever eats my flesh and drinks my blood REMAINS IN ME AND I IN HIM."* (John 6: 51-56)

Jesus could not be clearer. What happens at every Mass is what Jesus promises us. It is the GREATEST GIFT OF LOVE, the GREATEST MIRACLE: at Consecration, JESUS COMES TO US, BODY, BLOOD, SOUL, AND DIVINITY! This transforms our entire life while on earth and leads us on the way to eternal life. Do you BELIEVE it? This is our FAITH. As St Paul reminds us " *WE WALK BY FAITH, NOT BY SIGHT*" (2 Corinthians 5: 7). Faith is a GIFT FROM GOD. When we receive the Eucharist at Mass, we become WALKING TABERNACLES. We then truly WALK BY FAITH. We walk with Jesus inside us as we go back to our pews; we then kneel down and MEDITATE IN SILENCE as we become ONE IN CHRIST, we become WHO WE HAVE JUST RECEIVED. We become UNITED IN CHRIST AND WITH CHRIST. We become ONE IN THE EUCHARIST! We need that unity more than ever!

I believe that God gave a SIGN to our parish: a little HEART OF BLOOD appearing in the consecrated host that had been abandoned for 15 hours at the foot of Our Lady of Fatima. Yes, Jesus is REALLY PRESENT IN THE EUCHARIST: BODY AND BLOOD! Do you believe this? It is all about FAITH IN OUR LORD JESUS CHRIST, our Savior. In our materialistic society, increasingly secular and away from God, we need to WALK BY FAITH! We need to walk with Christ and bring others to HIM.

Our Parish Council is meeting later this week and will discuss how we can promote a full YEAR OF EUCHARISTIC REVIVAL at OLHOC, building on the foundation of our "little" miracle of the Eucharist. Your ideas and suggestions are most welcome. We will also pray on the celebration of the Solemnity of the Most Sacred Heart of Jesus this Friday June 11 (7 am, 9 am and 7 pm Masses) and the Feast of the Immaculate Heart of Mary, Mother of the Eucharist this Saturday June 12 (9 am Mass). In particular, we will pray during the whole night in ADORATION (8 pm through 9 am) of the Blessed Sacrament following the 7 pm Mass and devotion to the two Hearts (Jesus and Mary):

*"May the Hearts of Jesus and Mary guide our parish in promoting the Love, Respect and Adoration of the Eucharist in the coming days and months. May the Holy Spirit give us the courage and wisdom to share our Love of the Eucharist with others, and inspire them to come and worship with us!"*

One in Christ,  
Fr. Alain

## Mass Protocol

Following the guidelines by the Archdiocese of Washington, and the state of Maryland, we are making changes to our procedures:

- \*No need to “sign-up” for Mass
- \*We encourage everyone to continue wearing a mask for the time being
- \*Keep 3 ft. between families. If you wish more distance, utilize the side aisles for 6 ft.
- \*More Mass parts will be sung.
- \*If you are feeling ill, please stay home and watch Mass on YouTube



Nieda Tice Palmer, our Pre-School Director of Our Lady's Little Christians (OLLC) is leaving effective July 2, 2021. Mrs. Tice Palmer is leaving us to pursue other opportunities.

Mrs. Tice Palmer has been with OLLC since August 2004, starting as a part-time Teachers Aide. She assumed the position of Director in 2008. At various times throughout her career, she served as both teacher and director. Mrs. Tice Palmer has contributed a lot to the success of our Pre-school, now an Early Learning Center. We acknowledge her efforts and thank her for the unconditional dedication and commitment she has given throughout the years. This is a great loss for us but we respect her decision.

Mrs. Kendra Hunt will take over the position of Director of the Early Learning Center. She began her career at OLLC as a Teacher's Aid/Substitute in 2012. She became a full-time Teacher in 2017. We look forward to watching where she will take the “Class of 2034/2035”.

On behalf of everyone at Our Lady help of Christians Catholic Church, we will pray for both Mrs. Tice Palmer and Mrs. Hunt the best of success in their future challenges.

## Community Outreach

“Sharing Sunday” continues for the collection of non-perishable foods for the Food Bank and Family Shelter. The need is as great as ever for families in Waldorf!

Your donations can be left in the Fr. Martin Hall all week long.

Thank you OLHOC for all your support!

The next Outreach meeting will be September 15 at 7 pm in the Father Martin Hall. The next Shepherd's table is June 17, 2021

## Are you a lost sheep?



**Flocknotes** is an online tool we use to communicate with our parishioners. You can read Father Alain's weekly column, find out Mass times, or any current events happening in our parish. The information is always up-to-date.

Flocknotes comes directly to your email inbox by Friday. Never miss any more news at OLHOC!

Sign up on our webpage (just look for the lamb) [www.olhoc.com](http://www.olhoc.com) or call the office and someone will assist you to get the latest information.



It is with deep regret that we announce the resignation of Nereida Tellechea, our Coordinator of Religious Education for the past two years. Mrs. Tellechea has been a valuable and well-respected member of the Religious Education Team, two years as Coordinator and as an Assistant prior. Her work, contribution, including the extended hours of dedication have been greatly appreciated. We will miss Mrs. Tellechea's charm, professionalism, empathy and strength, especially during last year's COVID challenges.

We are now looking for someone to fill her shoes. If you are interested in being a leader in religious education at OLHOC, please see the job description on our website- [www.olhoc.com](http://www.olhoc.com) Interested candidates may send their resume to [pastor@olhoc.org](mailto:pastor@olhoc.org)

**\*We are asked to pray for:**

Brandon Mack  
Nestor Ermelindo Molina  
James Thompson  
Rebecca (Tess) Franch  
Joseph Albrittian  
Sid and Suszanna Marcus  
Aleli Puzon  
Patricia Delgado  
Ann Marie Hobart  
Larry McGraw  
Ilene Custer  
Derrick Webster  
Julie Davis  
David DeMarr  
Dunnie Proctor  
Amelia Vinceguerra  
Lorraine Celijewski  
Cren Wolden  
Tabitha Barton  
Maria Townsend

Sheryl Carter  
Alex Leon  
Sharketer Butler  
Steven Bowling  
Edna Yarngo  
Kathly Grimes  
Sheny Padilla  
David Mesler  
Victor Cordero  
Georgiana Norgren  
Marie Bottorf  
Dorian Webster  
Dionne Gause  
Billy Dexter  
Trenia Price  
Erick M. Knapp  
Norm Green  
Sarah Dixon  
Grace Albrittian  
Elaine Moses

Yvonne Buford  
Karen Zimmerman  
Steve Wyloge  
Terri Elizabeth McAllister Bur-  
nette  
Joanne Johnson  
Mike Spurgeon  
Mary A. Dyson  
Kevin Viel Sr.  
Ligia Lam  
David Stanley  
Jim McMahon  
Drew Shuda  
Wilma Cruz  
Fr. Eamon Dignan  
Dr. Michael St. Thomas  
Bessie Davis  
Dorian Webster  
Derrick Webster  
Brandon Mack

Dionne Gause

and all our military and civilians  
serving in harm's way.

- Names will be removed after 3 months unless you notify the office
- Please pray for the soul of Father Honorato Nadua Jr.



**Mass Intentions this Week**

**Saturday, June 12**

9:00AM: Jai and Larry Sutton  
5:00 PM: Christian Ouedraogo (+)

**Sunday, June 13,**

8:30 AM: OLHOC Parishioners  
10:00 AM: Nicole Brady  
11:30 AM: Adela Perez (+)  
1:00 PM: Fr. Honorato Nadua Jr. (+)  
7:00 PM: Marie and Jean Moussi

**Monday, June 14,**

7:00 AM: Teresa Cusic (+)  
9:00 AM: Myrna Solidum (+)

**Tuesday, June 15,**

9:00AM: Margie Morris

**Wednesday, June 16,**

9:00 AM: Marlen Coles  
7:00 PM: Martine Etammene

**Thursday, June 17,**

9:00 AM: Father Alain

**Friday, June 18,**

7:00 AM: Sarah Kilikewich  
9:00 AM: Aneisha Andrews

*Please remember to pray for the  
Souls in Purgatory*

**“You are called to stand up for life!..... You are called to work  
and pray against abortion.” John Paul II**

**Tuesday Scripture Study** - Join us on Tuesday mornings after the 9 am Mass to study the readings for the next Sunday.

**Friday Scripture Study** - The Friday night scripture study is now online. Please call the office for information on how to join us.

**First Friday** - The first Friday of each month the evening Mass is dedicated to promoting the Priesthood. Following evening Mass, devotion to the Alliance of the two Hearts.

**First Saturday** - Join members of the Marian Group on the first Saturday of the month after the 9 am Mass. Learn more about consecrating your life to Jesus through Mary.

**Divine Mercy** - Join us on the first Saturday of each month as we pray the Divine Mercy Chaplet as a community at 3 PM.

**OLHOC Prayer Chain**

If you have a prayer request, please call the parish office or send email to [office@olhoc.org](mailto:office@olhoc.org).

**Mass Readings for June 20, 2021**

**12th Sunday in Ordinary Time**

**\*First Reading**

**Job 38:1, 8-11**

**\*Second Reading**

**2 Corinthians 5:14-17**

**\*Gospel**

**Mark 4:35-41**

**www.usccb.org**



## ***James– Pearls for Wise Living Course***

Our next 10-session course will be James – Pearls for Wise Living by Ascension Press.

It will be every Sunday from 13 Jun – 15 Aug 21, 0930 (between the 8:30 and 11:30 Masses), in the Father Martin Hall and via Zoom

Presenter, Jeff Cavins, shows how James' teachings speak to us who feel torn between the competing demands of this world and our Faith. The Book of James helped a fledgling Church live out its Faith in the face of persecution and a worldview opposed to the gospel and you will discover wisdom you can apply to your own life, now.

To Register on Ascension Press:

<https://study.ascensionpress.com/studies/55902/registrations/new>

Get Workbook (optional):

<https://ascensionpress.com/products/james-pearls-for-wise-living-study-set-1?variant=7553718616100>

Zoom Meeting Link:

[Join our Cloud HD Video Meeting](#)

## ***33 Day Consecration to St. Joseph May 19– June 20***

For those who did not have the opportunity, the total consecration to St. Joseph will begin again on May 19, ending on Father's Day, Sunday June 20. You can follow along on YouTube with Father Alain and Father Ben daily.

The daily prayers can be found here:

[https://www.unleashthegospel.org/wp-content/uploads/2020/06/33-Days-of-Prayers-and-Daily-Challenge\\_ENGLISH.pdf](https://www.unleashthegospel.org/wp-content/uploads/2020/06/33-Days-of-Prayers-and-Daily-Challenge_ENGLISH.pdf)

## ***HELP KEEP OUR CHURCH CLEAN***

Since last year, OLHOC cut back on many of the services we had paid for. Due to financial restraints, the lawn maintenance is all done by volunteers, we no longer have a staff person to help out with the facilities, and we cut back on our cleaning services to once a week.

Please do your part in helping to keep our church clean.

### **\*\*\*REMINDER\*\*\***

- Wash your hands before coming to Mass and sanitize when entering the church
- We are encouraging everyone to continue wearing their masks for the safety of those who are un-vaccinated
- Maintain a 3 ft distance from non family members. If you prefer 6 ft, please use the side aisles
- If you feel ill, stay home and watch Mass on [www.olhoc.com](http://www.olhoc.com) at 10 am on Sundays

**We will miss you Father Ben!**