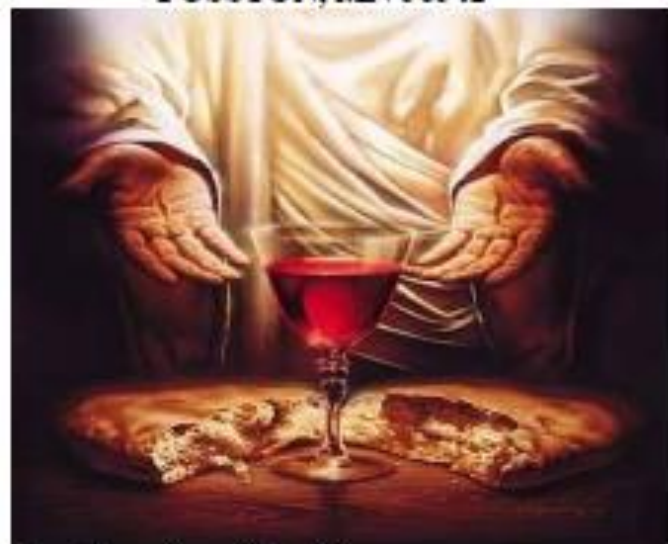


**ST. MARY'S CATHOLIC CHURCH**  
725 6<sup>th</sup> STREET N.E.  
FOSSTON, MN 56542



**Greetings from Fr. John:**

We are in the Twentieth Sunday in Ordinary Time. In today's Gospel passage, Jesus asserts that eating the Living Bread, himself, allows us to participate in his life and to grow here and now in our eternal life with God. Jesus emphasizes the eternal life by eating his Body and drinking his Blood – that those who have Faith in Jesus and do so have already stepped into Heaven in this life, sharing in God's own life. Our participation in the Eucharist also energizes our relationship with Christ and with one another. When we share in the Body and Blood of Christ in the Holy Eucharist, Jesus himself comes to dwell within us. This communion with the Lord makes us one Body, brings us eternal life, and sends us forth to be Christ's Body for the life of the world. We need to allow our body to be broken and our blood to be shed for others as Jesus did. We need to keep the hunger and thirst for God alive in our hearts by participating in the Eucharistic celebrations.

**God Bless You! Have a great week!**

**Twentieth Sunday in  
Ordinary Time  
August 19<sup>th</sup>, 2018**

St. Mary's: 218-435-6484

St. Joseph's: 218-694-6416

E-Mail: [stmarysfosston@gmail.com](mailto:stmarysfosston@gmail.com)

Website: [stmarysfosston.org](http://stmarysfosston.org)

**PARISH STAFF:**

Pastor: Fr. John Melkies Suvakeen

E-Mail: [fjohnstnstj@gmail.com](mailto:fjohnstnstj@gmail.com)

Secretary: Marge Donnell 218-930-0520

Office Hours: Wed. & Fri. 9am -1 pm

Bookkeeper: Linda Hand Cell 218-280-2271

Office Hours: Mon. & Wed. 3-5 PM

R.E. Coordinators: PreK-6: Amanda Wiener

7-12: Lori Balstad

Pastoral Council Chair: Dennis Sanden

Trustees: Jeanne Sanden and Erv Wickham

Diocesan Victim Assistance Coordinator:

Cindy Hulst 218-281-7895

24-hour confidential number

**Confession 8AM, before Sunday Mass**

**St. Mary's Mass & Intentions**

Wed., Adoration Noon – 5 pm

Wed., Aug. 22 11:30 AM Mass,  
John & Katherine Hand+

Fri., Aug. 24 8:30 am Mass, Stella Sannes

Sun., Aug. 26 8:30 am Mass,  
For the Parishes of St. Mary's  
& St. Joseph's

**St. Joseph's, Bagley, Mass & Intentions**

Tues. Adoration Noon – 6 pm

Tues., Aug. 21 3:30 PM Mass, Cornerstone NH  
Franklyn Renner+

Thurs., Aug 23 11:30 am Mass,  
Catherine Frederick+

Sun., Aug. 26 10:30 am Mass, Allen Theis+

### Birthdays

Aug. 22 Linda Blaser  
August 22 Lucille Dufault  
Aug. 25 Augusta Maruska

### Anniversaries Listed

Aug. 19 Gabe & Amanda Wiener  
Aug. 22 John & Audrey Schmit

### PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).  
Please notify parish office of names to add or subtract  
and of those who could use a prayer shawl.

### PLEASE REMEMBER AND PRAY FOR:

Nash Rosendahl, Hannah Keller, Carly Hemming-  
sen, Chuck Agnes, Harper Hand, Linda Klink-  
hammer, Brady Jones, Betty Bingham, Lou  
Osmundson, Kaylee, Sharon Rein, Kristi Maruska,  
Wayne Paulson, Paul Silver, Candy Keller, Sarah  
Ryan Walcker, Josh Martinson, Fr. Don  
Braukmann, Jean Nielson, Charlene Langen, Sally  
Hanson, Roger Scharendroich, Nora Ann Lentz,  
Cele Winkler, Loni Jirik, Rick Miller, Debbie  
Martin, Kristin Litzinger, Jackie Randall, Connie  
Smeby, Ron Neilsen, Vernon Kleppe, James  
Bingham, Gary Ebling, Roberta Werstein.  
*"May you touch them and heal them, O Lord!"*

MASS INTENTIONS: Please note with your  
donation whether intention is for a deceased or  
living person. Suggested donation is still \$5.00.

Gluten-free hosts available: Please stop by the  
sacristy before Mass to let Fr. know your need.

### THE WORD OF THE LORD

The readings for next Sunday, Aug. 26, 2018  
Joshua 24:1-2a, 15-17, 18b, Ps 34:2-3, 16-17, 18-  
19, 20-21, Ephesians 5:21-32, John 6:60-69

Walk to Remember event October 6<sup>th</sup>,  
9 AM at the Sanford Medical Center, Bemidji.  
This is a meaningful experience to honor and  
remember the babies that touched our hearts.  
The event supports the "Parents Embracing  
Time After Loss" program.  
Contact 218-333-5755. Check out bulletin board.

### Discover the Incredible Story of Our Lady of Fatima!

When the world was torn apart by persecution,  
war, and oppression, three children in Fatima,  
Portugal, were chosen by God to offer an urgent  
message of hope. The film, *The 13th Day*  
dramatizes the true story of the six apparitions of  
Our Lady between May and October 1917,  
which culminated in the final prophesied  
Miracle of the Sun on October 13. Free!  
Go to: [Formed.org](http://Formed.org). Parish code: TGVHW3

Saint Rose of Lima, Feast day August 23<sup>rd</sup>.  
Isabel Flores de Olivia born in 1586 was  
exceptionally beautiful, she was nicknamed  
"Rose". As a young woman, her beauty began  
to attract suitors so to deter these men, St. Rose  
maded her face by rubbing it with pepper to  
make it blister and she cropped her hair short.  
When she was 20 she joined the Third Order of  
St. Dominic. St. Rose lived a life of extreme  
prayer, fasting and penance. She is the patroness  
of embroiderers, gardeners, florists, those who  
suffer ridicule for their piety, and people who  
suffer family problems.

What is TEC? Tec is a 3-day retreat experience  
that focuses on the pascal mystery of Christ (his  
dying and rising). It is a time to personally explore  
what a life lived in Christ is all about. Each retreat  
is led by a team of adults and young adults who  
have encounter Christ through TEC already. TEC  
is open to all students at least 16 years of age or  
older. For more information regarding TEC  
contact Terry Steen at [sjchurchlady@yahoo.com](mailto:sjchurchlady@yahoo.com)  
or 218-784-4131 with any questions.

**March 16-18th, 2019 at Sandhill Lake Bible  
Camp, Fosston, MN.**

Grief Support Group: provides emotional  
support in a safe environment for you to learn  
how to cope. 1<sup>st</sup> & 3<sup>rd</sup> Thursday, 4:30 – 6PM.  
Sanford Health Neilson Place, Trillium  
Conference Rm, 1000 Anne St. NW, Bemidji.

**Pro-Life Gathering, Monday, Sept. 17<sup>th</sup> at 7 PM, St. Philip's Catholic Church 702 Beltrami Ave. NW Bemidji. [www.mccl.org](http://www.mccl.org). Free**

**Loaves and Fishes food shelf**

**NEEDS YOUR EXTRA PRODUCE!**

Loaves and Fishes food shelf welcomes donations of garden produce in any amount. Donations can be dropped off at the food shelf. Call first as summer hours change, 218-431-0215 or 218-280-6957. Thank you.

**Fall Cursillo, Would you like to deepen your faith and let Jesus become more involved in your life? Are you looking for a way to walk more closely with God? Cursillo may be what you are looking for. The Diocese of Crookston is offering a Women's Cursillo Sept. 27-30, and Men's Cursillo Oct. 25-28 at Sand Hill Lake Bible Camp, Fosston. Contact Carol Olsonawski 218-689-9081 or Bobbi Mercil 701-866-5706 Applications at [crookstoncursillo@weebly.com](mailto:crookstoncursillo@weebly.com).**

**"Watch carefully then how you live, not as foolish persons but as wise..." EPHESIANS 5:15**  
A wise person recognizes that all we have and all we are comes from God. A wise person thanks God continually throughout the day for all His many blessings. A wise person realizes that God has blessed us for a reason and that He wants us to help Him build His kingdom of earth.

**The U.S. bishops urge our participation each Friday in a nationwide Novena for the Legal Protection of Human Life, through September 28<sup>th</sup>. Participants will receive weekly email or text reminders to pray and fast, along with little-known facts about Roe v. Wade to share with others. Sign up at [www.usccb.org/pray!](http://www.usccb.org/pray!) If you don't have internet, please pray one Our Father, one Hail Mary and one Glory Be for the protection of human life and offer a sacrifice for the intention.**

Everyone involved with any part of the "Religious Education", employee or volunteer, on September 9<sup>th</sup> after Mass, there will be a meeting. You will receive all information about being certified in Safe Environment at the meeting.

The new Safe Environment (SE) certification year began July 1, 2018. This year's module is Component A, entitled "Recognizing Child Abuse" with supplemental learning material from "Recommended Technology Guidelines for Pastoral Work with Young People", which is Code of Conduct Appendix B. The training can be found on the Diocesan website at:

[www.crookston.org/secertification](http://www.crookston.org/secertification).

It is highly recommended that Appendix B be read entirely. It can also be found at

[www.crookston.org](http://www.crookston.org) under "Safe Environment"

on the main menu. If you have any questions please call Marge at 435-6484 or 218-930-0520

A dinner, silent auction, quilt raffle, and chicken bingo benefit for Dianne Christopherson & in memory of Kilmer will be held at the McIntosh Community Center on Sunday, August 26, 10:30 am to 2:30 pm. Kim passed away August 13<sup>th</sup> after a brave battle of lung cancer & brain tumors. Dianne took a leave from her job to be home with him. Donations for the silent auction may be left at the 13 Towns, American Federal or St. Mary's by Friday, August 24<sup>th</sup>. An account for monetary donations has been set up at First National Bank in McIntosh. Contact Vicki Strom at 563-3138 to volunteer in the kitchen or DeeDee Narum 230-4369 or Lynda Sylstad 563-3031 to help with other items, including setup on Saturday afternoon. Please also support Dianne as well as Kim's memory with your prayers.

**"A garden is the best alternative therapy."**

**- Germaine Greer**

## LITURGICAL MINISTRY – August 26, 2018

Ushers: Tom Weber, Jerry Erdmann

Gifts: Richard & Marion Parent

Lector: Clyde Kringlen

Commentator: Margarete Rue

Eucharist: \*Michele & Dong Schoenborn,  
Kathryn Ziermeier, John Keller, Erv Wickham

Servers: Kayla Zitzow, Olivia Rosendahl,  
Ben Keller

Hospitality: Lynn & Sue Vennes,  
Kathryn Ziermeier

## LITURGICAL MINISTRY September 2, 2018

Ushers: Mark & Harlee Bingham

Gifts: Gabe Schouviller, Carol Broadwell

Lector: Michele Schoenborn

Commentator: Nina Bingham

Eucharist: \*Jan Hemmingsen, Eileen Hegg,  
Dorothy Killian, Erv Wickham, Doug Schoenborn

Servers: McKensy Rosendahl, Grant & Logan  
Hemberger

Hospitality: Sue Defrang, Ben & Melissa  
Hemberger Family

## STEWARDSHIP

Budget Needed Weekly: \$2403.67

Last Week's Collections:

37 Adult Envelopes: \$ 1825.00

Children/Student Donations \$ 0.00

Loose \$ 32.00

**Total Sunday Collection \$ 1857.00**

Coffee & Rolls (cost 42.99) \$ 43.00

Capital Improvement \$ 200.00

Capital Improvement Balance \$ 3935.21

## **VOLUNTEERS NEEDED:**

Please consider being a Eucharistic Minister.  
At this time the Eucharistic Ministers are being  
scheduled more than once a month.

**Bazaar Committee Leader still needed.**

Please prayerfully consider volunteering for  
this very important job.

Contact Fr. John at 435-6484.

## **BUILDING IMPROVEMENT PLANS**

The Building Committee has a proposal to lighten and brighten our worship area. It will consist of twelve windows (sky lights) on the north side. The foam insulation blocks were put up to give us an idea of what it will be like as the blocks are the size that the glass will be. Also under consideration are looping of the church for the hearing impaired and acoustic panels for the social hall. If you have questions or comments please feel free to talk to a member of the Building Committee, the Pastoral Council or the Finance Council.

You may have received a Summer Appeal envelope in your mailbox this past week. If you have not yet done so, it isn't too late to support our seminarians and all the work of the Church by offering a gift to the Diocesan Annual Appeal. We must remember....."Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver." 2 Corinthians 9:7

**2018 TV RAFFLE:** Since the raffle tickets were printed before First National Bank offered to donate a 49-inch LG Smart TV for our bazaar, another raffle has been added to our fundraiser. Your Bazaar envelopes are available at the back of the church. You will find two books for the general raffle and one book for the TV raffle. More tickets are available at the parish office. Sell more than five books and you will be entered in a drawing for \$50. Your support of this fundraiser is very much appreciated. The regular raffle tickets will be \$2.00 each.

Our heart-felt condolences to the family of **Kim Christopherson** who passed away. Let us lift them up to the Lord!  
Kim's funeral will be Monday, August 20<sup>th</sup> at 11 AM. There will be a prayer service Sunday, August 19<sup>th</sup> at 7 PM. Visitation will be 5-7 PM