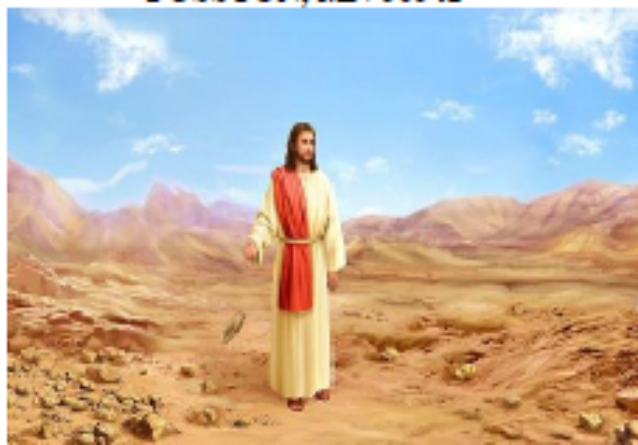


ST. MARY'S CATHOLIC CHURCH
725 6th STREET N.E.
FOSSTON, MN 56542



Greetings from Fr. John:

We are in the First Sunday of Lent. Lent begins with a reflection on the Temptation of Jesus in the wilderness. The Church assigns temptation stories to the beginning of Lent because temptations come to everybody. The temptations of Jesus described by Matthew and Luke are pictorial and dramatic representations of the inner struggle against a temptation that Jesus experienced throughout his public life. The devil was trying to prevent Jesus from accomplishing his mission of saving mankind from the bondage of sin. We need to confront and conquer temptations as Jesus did, using the means he employed. Every one of us is tempted to seek sinful pleasures, easy wealth and a position of authority, and is drawn to the use of unjust or sinful means to attain good ends. Jesus sets a model for conquering temptations through prayer, penance and the effective use of the "Word of God." We need to grow in holiness during Lent by prayer, reconciliation and sharing. God Bless You! Have a Great Week!

Please sign up for Holy Week Ministries in the gathering space. **HOLY TRIDUUM**, the three days, at St. Joseph's this year.

The First Sunday of Lent
March 10th, 2019

St. Mary's: 218-435-6484
St. Joseph's: 218-694-6416
E-Mail: stmarysfosston@gmail.com
Website: stmarysfosston.org

PARISH STAFF:

Pastor: Fr. John Melkies Suvakeen
E-Mail: frjohnstmsj@gmail.com
Secretary: Marge Donnell 218-930-0520
Office Hours: Wed. & Fri. 9am -1 pm
Bookkeeper: Linda Hand Cell 218-280-2271
Office Hours: Wed. 1-5 PM
R.E. Coordinators: PreK-6: Amanda Wiener
7-12: Lori Balstad
Pastoral Council Chair: Dennis Sanden
Trustees: Jeanne Sanden and Erv Wickham
Diocesan Victim Assistance Coordinator:
Cindy Hulst 218-281-7895
24-hour confidential number

Confession 8 AM, before Sunday Mass

St. Mary's Mass & Intentions

Wednesdays: Adoration Noon – 5:30 pm
Wed., Mar. 13 1 pm Mass, McIntosh NH,
Kristi Maruska
5:30 PM Mass, Uhl Family
Fri., Mar. 15 8:45am Mass with youth,
Clarence Agnes+
Sun., Mar. 17 8:30 am Mass,
Catherine Senger+

St. Joseph's, Bagley, Mass & Intentions

Tues. Adoration Noon – 6 pm
Wed., Mar. 13 7 pm Mass, Larry Kliner Jr.
Thur., Mar. 14 11:30am Mass,
John & Adeline Waldorf+
Sun., Mar. 17 10:30am Mass, For the Parishes

FIRST WEDNESDAY OF LENT: March 13,
5:30 PM Mass, 6 PM Soup Supper.
6:30 PM Stations of the Cross.

No Birthdays or Anniversaries this week

PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).
Please notify parish office of names to add or subtract
and of those who could use a prayer shawl.

PLEASE REMEMBER AND PRAY FOR:

Nash Rosendahl, Hannah Keller, Brady Jones,
Betty Bingham, Kristi Maruska, Wayne Paulson,
Sarah Ryan Walcker, Josh Martinson, Fr. Don
Braukmann, Roger Scharendroich, Nora Ann
Lentz, Loni Jirik, Rick Miller, Debbie Martin,
Kristin Litzinger, Gary Ebling, Allie St. Pierre,
Brenda Steffan, Richard Parent, Dennis Omang,
Beverly Roue, Kaylee, Tracy Kozitka, Bev
Drellack, Lynne Cullen, Bernie Brennan, Tom
Silver.

"May you touch them and heal them, O Lord!"

MASS INTENTIONS: Please note with your
donation whether intention is for a deceased or
living person. Suggested donation is still \$5.00.

Gluten-free hosts available: Please stop by the
sacristy before Mass to let Fr. know your need.

THE WORD OF THE LORD

The readings for next Sunday, Mar. 17, 2019
Genesis 15:5-12, 17-18, Ps 27:1, 7-8a, 8b-9, 13-14,
Philippians 3:17-4:1, Luke 9:28b-36

TEC Retreat: March 16-18 at Sandhill Bible
Camp, Fosston. Open to all students 16 years of
age and older. Email Terry Steen with questions.
sjchurchlady@yahoo.com or call 218-784-4131

REWRITE YOUR NAME with Chris
Stefanick. St. Bernard Church, TRF, Tuesday,
March 12 at 7 PM. Check out Bulletin Board.

Cursillo weekends at Sand Hill Bible Camp.
The Women's weekend is March 21-24, 2019
Still time to sign up.

Monday, April 15th: Chrism Mass at Cathedral
in Crookston 6:30PM. Everyone is invited to
participate in this beautiful annual celebration.

RELIGIOUS EDUCATION (RE):

PreK-12 grades RE class after Sunday Mass
9:45-10:45 AM as scheduled

Youth group, Grades 7-12 meet Wed.,

Mar. 20th from 6-8 PM. Supper provided.

Friday class for grades K-6 at 8:30-9:30 AM.

There is Friday Class March 22.

For grades 7-12 Lori Balstad at 218-938-4286

For Grades K-6 Amanda Wiener 218-280-2187 or
at amandawiener@hotmail.com

**The Students will be ministering at Mass one
Sunday of each month. We welcome their help
on March 15th.** For questions contact Lori.

You're always welcome to join Religious
Education, any time.

St. John Paul II Middle School Camp

Registration. Camp sessions: July 7-11 is filled.

July 14-18 still has openings.

For all teens entering Grades 7 – 9. Northern
Pines Camp, 20033 County Rd. 1, Park Rapids

Registration open at

<http://www.crookston.org/jp2camp>.

First Communion Sunday, April 28th, 2019

Please pray for God's blessings on our children
Elizabeth LaCoursiere, Ethan Geray and
Tyrus Lewes as they prepare for their First Holy
Eucharist. Strengthen their Catholic faith and
guide them as they continue to develop a closer
relationship with Jesus.

Lent Has Started! Join the Augustine Institute
and Dr. Tim Gray to kick off the Lenten season!

Watch this must-see meditation on *The Spirituality
of Lent*, straight from the Augustine Institute's
2019 scholarship fundraiser – the annual Mardi
Gras Prayer Breakfast. **Transform Your Lent!**

It's not too late to sign up for daily Lenten
Reflections from Dr. Gray straight to your email!

FREE to all parishioners! Go to: Formed.org.

Parish code: TGVHW3

The Haitian Project : You may remember the article written by Katrina Genereaux in the January 9th Edition of Our Northland Diocese titled "Diocesan Native Teaching with the Haitian Project". The article featured local missionary, Rachel Thelen of Park Rapids, MN. Currently, the Haitian Project is seeking long-term volunteers to serve at L'Ouverture Cleary School near Port-au-Prince, Haiti. If you know of a current, or recently graduated college student who is committed to their Catholic Faith and has a heart for service, L'Ouverture Cleary School is an incredibly profound Catholic ministry that is making a huge difference in the lives of young Haitians, helping them break the cycle of poverty through a solid Catholic education. Please contact Bob Noel for more information at bnoel@crookston.org.

Last Sunday was designated "Safe Haven Sunday" by the Bishops of the Minnesota Catholic Conference. It was meant to enlighten the faithful to the impact of pornography on youth, adults, and its victims. This evil, freely delivered via online access to anyone with a computer, has been condemned by the Church and even declared a "public health hazard" by governmental bodies. The EQUIPPED books & prayer cards are on the table in the gathering space. Please take one home.

Faith and Justice (Paid) Internship available for this summer with the Office of Formation in Discipleship. The Catholic Campaign for Human Development (CCHD) is extending this opportunity for someone in the Diocese of Crookston to help promote the important work of CCHD and to offer experience working with and on behalf of those in poverty. Please visit www.crookston.org/employment to download the application and information regarding the submission of resumes. Contact Formator of Discipleship, Bob Noel with any questions: bnoel@crookston.org or (218) 281-4533 ext. 439 Applications will be accepted through March 28.

EASTER FLOWER DONATIONS

Please make our Easter special by donating toward the decorations in honor or memory of a loved one. Please fill out below and put in a special envelope marked "Easter Flowers" and put in the offertory basket. Thank you.

Your Name _____

In Memory of (In Honor of) _____

Amount of Donation _____

Mass will be at St. Mary's at 5:30 PM Wednesdays of Lent starting March 13th through April 10th.

There will be soup supper served at 6:00 PM followed by Enrichment at 6:30 PM.

The free-will donations received will be donated to the Loaves and Fishes Food Shelf.

March 13, 6 PM Soup Supper. 6:30 PM Stations of the Cross. Both by Catholic United Financial.

March 20, 6 PM Soup Supper served by Youth. 6:30 PM Speaker Fr. Chuck Huck.

March 27, 6 PM Soup Supper. 6:30 PM Stations of the Cross. Both by the Guild

April 3, 6 PM Soup Supper served by Pastoral Council. 6:30 PM Speaker Mark Krejci

April 10, 6 PM Soup Supper. 6:30 PM Stations of the Cross. Both by the Finance Council

FAST AND ABSTINENCE: Good Friday is a day of abstinence from meat & also fasting, that is, limited to a single full meal. The other Fridays of the season of Lent are days of abstinence from meat. Everyone from the 14th birthday is bound to observe the law of abstinence. Everyone from the 18th birthday up to 60th birthday is bound to observe the law of fast.

March is the largest fundraiser/food drive of the year for Loaves & Fishes Food Shelf, which helps greatly. Monetary donations help get an incentive grant. It used to be matched but now is a certain (?) amount based on the amount donated. The monetary donations may be sent to PO Box 152, Fosston. Every cent of your donation will go directly for food to be donated. There is also a basket in the hall by the church main entrance for donations for the food shelf.

LITURGICAL MINISTRY Mar. 17, 2019

Ushers: Mark & Harlee Bingham

Gifts: Jerry & Sue Erdmann

Lector: Nina Bingham

Commentator: Amanda Shultz

Eucharist: *Eileen Hegg, Kathryn Ziermeier, Jan Hemmingsen, Dr. Gabe Wiener

Servers: Lance Balstad, Emily Chalich,
Isabel Klinkhammer

Hospitality: Carol Aaland, Lu Newell,
Mark Worshek

LITURGICAL MINISTRY Mar. 24, 2019

Ushers: John Blaser, Doug Schoenborn

Gifts: Jesse & Augusta Maruska Family

Lector: Clyde Kringlen

Commentator: Lori Balstad

Eucharist: *Mark Bingham, Jeanne Sanden,
Michele Schoenborn, Erv Wickham

Servers: Evan Chalich, Ben Keller, Iziah Lewis

Hospitality: Carol Broadwell, Gabe Schouviller,
Tom Weber

Assisted Listening Devices now available. Use with your hearing aid or with ear buds provided. Please try one.

STEWARDSHIP

Budget Needed Weekly:	\$ 1749.67
Last Week's Collections:	
34 Adult Envelopes:	\$ 1740.00
5 Children/Student Donations	\$ 5.00
Loose	\$ 17.00
Total Sunday Collection	\$ 1762.00
Coffee & Rolls (cost \$51.99)	\$ 43.00
Loaves & Fishes Food Shelf	\$ 50.00
Capital Improvement	\$ 393.00
Capital Improvement Balance	\$ 6246.86

**Please note the date for the Guild Meeting is Thursday, March 14th, 6:30 PM (You didn't miss it! See you all there.)
Pastoral Council Meet March 21 at 6PM**

Please bring your palms from last year & put them in the box provided in gathering space.

Help Yourself to Lenten materials on the table in the social hall.

Lenten Penance Service Sunday, March 31st at 6pm.

CRS RICE BOWL During Lent our Church will again participate in CRS Rice Bowl, a faith-in-action program that invites us to encounter the needs of the world with the hope of the Resurrection. Pope Francis invites us to Share the Journey by supporting those worldwide who are forced to flee their homes to find safety or better opportunities Visit: crsricebowl.org. The Rice Bowls will be collected the end of Lent.

CONVERSION OF HEART
During Lent you will find an insert each Sunday by "Our Sunday Visitor", based on the Sunday Gospels, to help you journey through the season of Lent. The inserts are an overview of Lent with a focus on prayer, reflection, outreach and family faith. They can used as a way to reinforce family-friendly Catholic teachings, customs, and rituals throughout the Lenten season.

SOUL SHOP Ministering to Suicidal Desperation: for any one passionate about ministry to those who are desperate due to any type of experience with suicide: Life-Saving Culture, Life-Saving Conversations. Tuesday, April 2nd 8:30am-4:30pm at the First Lutheran Church in Mahanomen. Cost \$35. Sponsors: Anderson Family Funeral Homes, Carlin Funeral Homes, Erickson-Vik-Ganje Funeral Homes. More info on bulletin board.

DAA 2019 DAA Thank you to 26 donors (26.67%) who have given and/or pledged \$8170 (87%) of the Diocesan Annual Appeal goal of \$9383. This is a wonderful example of the generosity of St. Mary's parishioners. We are just short \$1213. Cash, check or credit card donations may be made directly to the Diocese using envelopes mailed out or picked up here at St. Mary's. Contact Renee Tate at rtate@crookston.org or call the Chancery toll free 1-855-397-8252 or go to www.crookston.org/daa for more info.