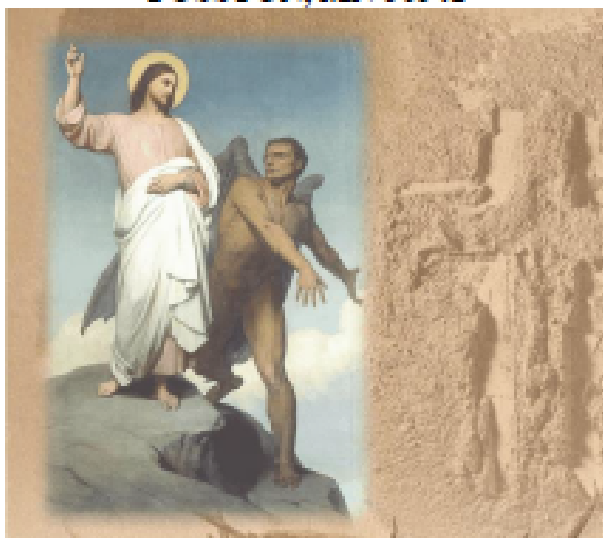


ST. MARY'S CATHOLIC CHURCH  
725 6<sup>th</sup> STREET N.E.  
FOSSTON, MN 56542



**Greetings from Fr. John:**

We are in the First Sunday of Lent. This Sunday's gospel tells us about the temptations of Jesus. All three temptations can be summarized briefly as a suggestion of short cut by the Satan to be unfaithful to the call and mission of the Father. Jesus had the mission to save the world by his suffering and cross. Jesus was tempted like us and he overcame sin by the grace and strength which his Father gave to him. He succeeded because he wanted to be obedient to his Father and he trusted that his Father would give him the strength to overcome the obstacles that stood on His way. His obedience to his Father's will and his willingness to embrace the cross reversed the curse of Adam's disobedience. His victory over sin and death won for us not only pardon for our sins but adoption as sons and daughters of God. He shows us the way how we too in our life can be tempted and how we can overcome the temptations in our life. The Lord Jesus gives us his Holy Spirit to help us in our weakness (Romans 8:26) and to be our guide and consoler in temptation and testing.

God Bless You! Have a Great Week!

## The First Sunday of Lent March 1<sup>st</sup>, 2020

St. Mary's: 218-435-6484  
St. Joseph's: 218-694-6416  
E-Mail: [stmarysfosston@gmail.com](mailto:stmarysfosston@gmail.com)  
Website: [stmarysfosston.org](http://stmarysfosston.org)

**PARISH STAFF:**

Pastor: Fr. John Melkies Suvakeen  
E-Mail: [frjohnstnstj@gmail.com](mailto:frjohnstnstj@gmail.com)  
Secretary: Marge Donnell 218-930-0520  
Office Hours: Wed. & Fri. 9am -1 pm  
Bookkeeper: Linda Hand Cell 218-280-2271  
Office Hours: Wed. 1-5 PM  
R.E. Coordinators: PreK-6: Amanda Wiener  
7-12: Lori Balstad  
Pastoral Council Chair: Dennis Sanden  
Trustees: Jeanne Sanden and Erv Wickham  
Diocesan Victim Assistance Coordinator:  
Cindy Hulst 218-281-7895  
24-hour confidential number

Confession 8 AM, before Sunday Mass

**St. Mary's Mass & Intentions**

Wednesday: Adoration Noon – 5 pm  
Wed., Mar. 4 3:30 pm Mass, First Care NH  
Mary Griffin+  
5:30 pm Mass,  
Berta & Ronnie Werstlein+  
**First Fri., Mar. 6 5:30 pm Mass & Adoration,**  
Betty Bingham+  
Sun., Mar. 8 8:30 am Mass,  
For the Parishes

**St. Joseph's, Bagley, Mass & Intentions**

Tuesdays Adoration Noon – 6 pm  
Wed., Mar. 4 7 pm Mass,  
Larry Kliner Jr.+  
Thurs., Mar. 5 11:30 am Mass,  
Allen Theis+  
Sun., Mar. 8 10:30am Mass,  
Jim Vorderbruggen+

Lenten Penance Service Wednesday, March 25 <sup>th</sup> at 6:30 pm.
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### Birthdays

Mar. 4 Dorothy Killian  
Mar. 5 Pat Jackson  
Mar. 6 Karen Dyrdaahl  
Mar. 8 Sue Defrang

### Anniversaries

Mar. 8 Gene & Clara Manecke

### PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).  
Please notify parish office of names to add or subtract  
and of those who could use a prayer shawl.

### PLEASE REMEMBER AND PRAY FOR:

Nash Rosendahl, Hannah Keller, Brady Jones,  
Kristi Maruska, Wayne Paulson, Sarah Ryan  
Walcker, Josh Martinson, Roger Scharendroich,  
Nora Ann Lentz, Loni Jirik, Debbie Martin, Kristin  
Litzinger, Allie St. Pierre, Richard Parent, Dennis  
Omang, Tracy Kozitka, Bev Drellack, Paul Silver,  
Joyce Klinkhammer, Bob Clayton, Ben Hougen,  
Marge Messer, Dave Blazek, Christine Johnson,  
Chad Blaser, Rod Nielsen, Tom Sedler, Ava Lamb-  
Lopez, Bruce Donnell, Lynn & Sue Vennes, Laura  
Stark, Bethany Andersen, Eunice Reinbold,  
Grandma Dorothy, Donna Carlson, Connie Smeby,  
Ernie Agnes Jr., Gene Manecke, Nancy Silver.  
*"May you touch them and heal them, O Lord!"*

**MASS INTENTIONS:** Please note with your  
donation whether intention is for a deceased or  
living person. Suggested donation is still \$5.00.

Gluten-free hosts available: Please stop by the  
sacristy before Mass to let Fr. know your need.

### THE WORD OF THE LORD

The readings for next Sunday, March 8, 2020  
Genesis 12: 1-4a, Ps 33:4-5, 18-19, 20,22,  
2 Timothy 1: 8b-10, Matthew 17: 1-9

Cursillo is held at Sand Hill Bible Camp.  
Women's March 26-29. Contact Bobbi Mercil  
(701-866-5706) Applications at  
crookstoncursillo.weebly.com  
or picked up at parish office.

### **RELIGIOUS EDUCATION (RE):**

**For PreK-10<sup>th</sup> grades Class after Mass**  
9:45-10:45 AM. March 29<sup>th</sup>.

**Youth group, grades 7-12 meet Wednesday,**  
March 11<sup>th</sup>,25<sup>th</sup>. 6-8 PM. Supper provided.

**Friday class for grades K-6, 8:30-9:30 AM.**  
All Friday's in March except 20<sup>th</sup>.

7-10 grades contact Lori Balstad at 218-938-4286  
For grades K-6<sup>th</sup> please contact Amanda Wiener  
218-280-2187 or at amandawiener@hotmail.com

**Registration for the St. John Paul II Middle  
School Camp** For youth entering grades 7-9 who  
have a desire to deepen their faith. Spots are  
limited and not held, so register soon. Held at  
Northern Pines Camp, 20033 County Road 1, Park  
Rapids, MN 56470 Dates: July 5<sup>th</sup> – 9<sup>th</sup> AND  
July 12<sup>th</sup> – 16<sup>th</sup>. Cost: \$325.00 per camper OR  
\$300.00 per camper for two or more members of  
the same family. [www.crookston.org/jp2camp](http://www.crookston.org/jp2camp).  
**There is still room available for the TEC  
Retreat:** March 21-23, 2020 at Sandhill Lake  
Bible Camp by Fosston Contact Terry Steen at  
[sjchurchlady@yahoo.com](mailto:sjchurchlady@yahoo.com).

**Christ is waiting for you.** Have you accepted his  
call? Beginning Ash Wednesday, join us as we  
journey throughout Lent toward a life with a  
deeper reliance on Christ. Receive daily reflections  
and challenges to fuel your Lenten journey  
towards the tender love that waits for you. Go to  
[formed.org/signup](http://formed.org/signup). "Find Your Parish," type in  
Fosston's zip code of 56542 No password.

**NEEDED: 1) Youth Group Coordinator** (paid  
position) 2) **Bazaar Leader** 3) **Funeral  
Coordinator** with Deb Wille Call 435-6484.

**Marriage Enrichment Weekend Retreat:**  
Married couples from the Diocese of Crookston  
are invited to a weekend marriage retreat  
beginning Friday night at 7 p.m., March 6<sup>th</sup>  
through noon on Sunday March 8<sup>th</sup>. Deacon  
Mark Krejci will lead. [mkrejci@crookston.org](mailto:mkrejci@crookston.org).

**What is Women's Right to Know?** This 2003 Minnesota informed-consent law empowers a woman with basic factual information 24 hours prior to undergoing an abortion. For instance, she is informed of the medical risks, the gestational age of her unborn baby and the medical assistance benefits and child support payments available to her. Why is the Women's Right to Know law so valuable? Annual statistics reveal that because of it, many women have rejected abortion and chosen life for their unborn babies. Sadly, Women's Right to Know is now under attack by pro-abortion advocates in our state legislature. -a.m.opdahl-  
resource credit: MCCL

**The Project Rachel Ministry Confidential** Phonenumber Project is now available in the Diocese. This phonenumber is meant to help those who are post-abortive because they had an abortion or they were the father of a child who was aborted, or they have a family member impacted by abortion. The phone line will be answered by Julie Krejci who participated in Project Rachel training sponsored by the USCCB and has a M.A. in Counseling Psychology. The purpose of the helpline is not to provide counseling but to refer the caller to others including priests to allow for healing and reconciliation. The helpline number is 218-470-0112 and the caller's number is not identified by the receiving number.

**Have you taken a card from the MinisTree** offered by CUP? Please fill out a card that matches what you have done or intend to do and put it in the Sunday collection. Each card earns \$5 for the parish.

**St. Bernard's, Thief River Falls, Lenten Fish Fry's:** Starts February 28<sup>th</sup>, every Friday through April 3<sup>rd</sup>. Serving deep-fried beer battered walleye 5:30PM – 7 PM. Check out the bulletin board.  
**St. Michael's Catholic School Mahanomen Fish Fry.** Friday, March 6<sup>th</sup>, 5:30PM -7:30PM. At the church social hall.

**"It is written: The Lord, your God, shall you worship and him alone shall you serve."**  
(Matthew 4:10) Tempted between the riches and power of this world and service to God, Jesus chose service to His Father. If we wish to truly follow Jesus, we, too, must decide to turn away from worldly power and riches and put God at the center of our lives. Lent is our time to prune ourselves of earthly things. Ask God how he is calling you to serve.

**Feed My Starving People Food Packing**  
May 12 & 13, 2020, at Bagley Hockey Arena  
Thousands die daily from starvation worldwide. We can help. Volunteers are needed to package for two-hour packing shifts. Call now 218-766-8176 to sign up. Donations are also needed. Write checks to "Bagley Food Packing Event" and write 2020 NW MN Bagley in the memo. Mail to NW MN BFPE, 14340 Glacier Rd., Clearbrook, MN 56634

**For your spiritual growth from Ash** Wednesday through Divine Mercy Sunday, sign up at [TheDivineMercy.org/ptpsignup](http://TheDivineMercy.org/ptpsignup) to receive daily "Pausing to Pray" emails with an inspiring passage followed by a meditation.  
**Dynamic Catholic** has the daily devotion for you with their Best Lent Ever email program. Sign up at [bestlentever.com/invite](http://bestlentever.com/invite).  
**The publishers of "the WORD among us"** have given us 50 copies (located by doors of the church) of their edition for lent which includes the daily Mass readings and meditations from now through Easter. Get your copy today and bring it with you to Mass, especially during Holy Week so you can participate in the Passion readings.

**The month of March is the Annual MN Food Share March Campaign.** Monetary donations may be sent to PO Box 152, Fosston. Every cent of your donation will go directly for food to be donated.

**Please note changes**

**LITURGICAL MINISTRY March 8, 2020**

Ushers: Tom Weber, 2 Youth

Gifts: Youth

Lector: Youth

Commentator: Youth

Eucharist: \* Jan Hemmingsen, Gabe Wiener,  
Michele, Schoenborn, Erv Wickham

Servers: Youth

Hospitality: Carol Broadwell, Gabe Schouviler,

**Connie Smeby**

**LITURGICAL MINISTRY March 15, 2020**

Ushers: Mark & Harlee Bingham

Gifts: Eldin & Alice Okstad

Lector: Michelle Schoenborn

Commentator: Jan Hemmingsen

Eucharist: \* Eileen Hegg, Valarie Holzer,  
Jeanne Sanden, Doug Schoenborn

Servers: Darien Holzer, Olivia Rosendahl,

**Emily Chalich**

Hospitality: Lyn Jackson, Florence Nesvold,

**Tricia Proulx Family**

**STEWARDSHIP**

Budget Needed Weekly: \$ 2429.00

**Last Week's Collections:**

39 Adults \$ 1550.00

4 Children/Student Donations \$ 9.00

Loose \$ 67.00

**Total Collections \$ 1581.00**

Coffee & Rolls (Cost: 33.99) \$ 57.00

Donation to Youth \$ 25.00

**Capital Improvement Balance \$ 959.51**

**Help Yourself to Lenten materials on the table in the social hall.**

The Catholic Devotional, a small blue book with a collection of Catholic prayers and inspiration for EVERY Catholic, is sent to our church from the Apostolic Publishing Co. each year by donations from four different businesses in our area. (Check out first page) Over the last couple of years we have had copies left over. They are located in the gathering area. Please take them home to use and to give to your family and friends. Great for helping kids learn prayers.

**Have you made a commitment to the Diocesan Annual Appeal (DAA)?** If not, please make your gift or pledge. Pledges can be paid over 10 months. Consider increasing your gift this year by 5 or 10% if you have not changed your gift in several years. For questions about automatic sustaining gifts (which is the highly recommended method for supporting our Church) contact Renee' Tate at [rtate@crookston.org](mailto:rtate@crookston.org) or call toll free 1-855-397-8252. You can suspend a sustaining gift at any time by calling Renee'. See detailed information about online giving and the work your gift supports at [www.crookston.org/daa](http://www.crookston.org/daa). Thank you for all you do to support your parish and diocesan ministries. And please send in a prayer request to be prayed at the Chancery, whether or not you can make a gift.

**CRS RICE BOWL** During Lent our Church will again participate in CRS Rice Bowl, a faith-in-action program that invites us to encounter the needs of the world with the hope of the Resurrection. Boxes will be provided next week.

**Finance Council Meet March 10<sup>th</sup>, 6:30 PM**  
**Pastoral Council Meet March 19<sup>th</sup>, 6:30 PM**

**The Grotto Committee** thanks you for making your preferences known. Our Lady of Lourdes was chosen 46 to 22 over Our Lady of Fatima. The location selected by 42 to 21 is the corner by the sacristy window. Our goal is to have work begin when the ground thaws.

**Our sincere sympathy to the Chuck Agnes Family in the loss of Chris Esko, Chuck's nephew. May Chris and all the faithful departed rest in peace.**

**Thank you to the Erv Wickham Family for the SWEET treat after Mass last Sunday in remembrance of Barb. Sweet lady.**

**Help Make our Easter special by donating toward the Easter Decorations in Honor/Memory of a loved one**

Name: \_\_\_\_\_

In memory/Honor of: \_\_\_\_\_