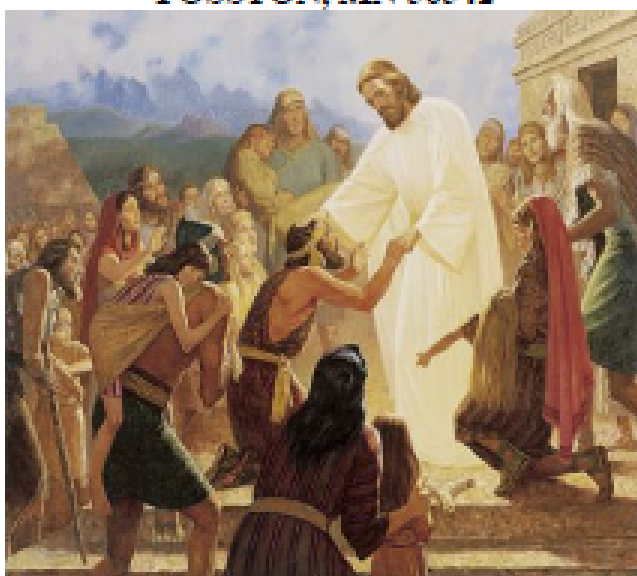


ST. MARY'S CATHOLIC CHURCH
725 6th STREET N.E.
FOSSTON, MN 56542



Greetings from Fr. John:

I am so happy to be back to see my people. The trip was really good. Thank you so much for your prayers. I missed you for a month. It gives me great joy to see you all. The Gospel gives the vivid picture of healing ministry of Jesus and his popularity as everyone was searching for him. Jesus shows himself as a divine friend, who is at work curing the sick people. He is using his human and spiritual energies to bring healing and wholeness into their lives. He has a totally different approach: he is there to serve, to give, to share. He is not a person who looks for power, influence, success, wealth. He truly is a Man for Others, quiet and generous. That attitude of his was life-giving, that gave his work meaning and value. But Jesus showed no interest in being the center of attraction, of being popular, of being 'successful'. He simply wanted to be in places where the real needs of people existed. He had given what he could give in one place and he will now move on to other places to serve others in the same way. Let us come to Jesus and experience a new life with complete good health.

God Bless You! Have a Good Week.

Fifth Sunday in Ordinary Time
February 7th, 2021

St. Mary's: 218-435-6484
St. Joseph's: 218-694-6416
E-Mail: stmarysfosston@gmail.com
Website: stmarysfosston.org

PARISH STAFF:

Pastor: Fr. John Melkies Suvakeen
E-Mail: frjohnstnstj@gmail.com
Secretary: Marge Donnell 218-930-0520
Office Hours: Wed. & Fri. 9am -1 pm
Bookkeeper: Linda Hand Cell 218-280-2271
Office Hours: Wed. 1-5 PM
R.E. Coordinators: PreK-6: Amanda Wiener & Valarie Holzer
Youth Group Leader: Savannah Conger
Pastoral Council Chair: Dennis Sanden
Trustees: Jeanne Sanden and Erv Wickham
Diocesan Victim Assistance Coordinator:
Cindy Hulst 218-281-7895
24-hour confidential number

Confession 8 AM before Sunday Mass

St. Mary's Mass with Intentions

Wednesday: Adoration Noon – 8 PM
Wed., Feb. 10 11:30 am Mass
John & Eunice Reinbold+
Fri., Feb. 12 8:30am Mass
Orlean & Debbie Agnes+
Sun., Feb. 14 8:30 AM Mass
For the Parishes

St. Joseph's, Bagley, Mass & Intentions

Tuesdays Adoration Noon – 5 pm
Tues., Feb. 9 5 pm Mass
Margie Galli+
Thur., Feb. 11 11:30 am Mass
Jim Vorderbruggen+
Sun., Feb. 14 10:30 AM Mass
Earl & Pearl Madre+ & Perry Levet+

St. Joseph, foster father of Jesus, pray for us!

Birthdays

Feb. 5 Molly Peltier
Feb. 8 Angie Shimpa
Feb. 9 Carol Aaland
Feb. 11 Sarah Bjerklie
Feb. 14 Doreen Brovold

PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).
Please notify parish office of names to add or subtract
and of those who could use a prayer shawl.

Prayer List Policy: Names from outside our Parish will be removed from the list after one month. Additional months may be requested as needed or desired.

PLEASE REMEMBER AND PRAY FOR:

Nash Rosendahl, Kristi Maruska, Wayne Paulson, Richard Parent, Bruce Donnell, Lucille Dufault, Mark Randall, Peggy Desizlets(10/28), Jodi Nelson, Doug Holcomb(1/24), Brady Jones, John Blaser (2/7)
"May you touch them and heal them, O Lord!"

Blessed Prayer Shawls are available.

Please contact Dorothy Paulson at 435-6836

MASS INTENTIONS: Please note with your donation whether intention is for a deceased or living person. Suggested donation is still \$5.00.

THE WORD OF THE LORD

The readings for next Sunday, Feb. 14, 2021

Leviticus 13:1-2, 44-46, Ps 32:1-2, 5, 11, 1

Corinthians 10:31-11:1, Mark 1:40-45

Confidential Care for Post-Abortive Women and Men "Project Rachel" is offered from the Diocese of Crookston. The confidential phoneline is 218-470-0112.

First Link Suicide Prevention: Dial 2-1-1 or text your zip code to 898-211 from anywhere in our service area <https://myfirstlink.org/>

National Suicide Prevention Lifeline:
<https://suicidepreventionlifeline.org/>

RELIGIOUS EDUCATION (RE):

PreK-6 grades RE class after Sunday Mass
9:45-10:45 AM Feb. 21 and 28.

Savannah Conger leads Youth group, Grades 7-12 Wed., Feb. 24 from 6-8 PM. Contact Savannah at 218-556-9286 or savannah.kaiser12@gmail.com

For Grades K-6 Amanda Wiener 218-280-2187 or amandawiener@hotmail.com

The Students will be ministering at Mass one Sunday of each month. (Feb. 28) We welcome their help.

You're always welcome to join Religious Education, any time.

Upcoming Together in Spirit online events for Middle School and High School:

February 10: AMA – DOC Priests MS

March 3: Katie Prejean MS & HS

March 17: Jonathan Rounie MS & HS

Diocese of Crookston Summer Camp. The Office of Formation in Discipleship announce plans for summer camps this year at Oak Hills College in Bemidji. **The (new) Saint Teresa of Calcutta Camp** for youth who are entering grades 9 and 10 will take place June 20-24. The theme for this camp is EXTRAordinary. Registration opened January 26 at: www.crookston.org/toccamp.

The Saint John Paul 2 Camp will be from July 18-22, 2021. The theme is "Into the Deep". Open to youth entering grades 7 & 8 only. Registration opens Tuesday, February 2 at 9:00 AM at: www.crookston.org/jp2camp

Looking for Service, Staff and Leadership Team Members for this summer's camps. To be a part of leadership for the upcoming St. Teresa of Calcutta and St. John Paul 2 Camps, please share those names of young people and contact emails with Bob Noel. Applications opened.

Estovir! Be a man! July 7-9, 2021, at Sand Hill Lake Bible Camp by Fosston. A chance for Catholic guys, 18 years+, to hang out, Pray, Plan and Discuss. Free. Register: crookston.org/estovir
Contact Fr. Matt Schmitz 218-773-0877
mschmitz@sacredheartegf.net

On formed.org: Don Bosco: The True Story of the Apostle of Youth. Enjoy this inspiring true story of a brave and holy priest who battled single-handedly to save the children of the streets. Go to formed.org/signup. "Find Your Parish," type in Fosston's zip code of 56542 No password needed. Be an evangelist and share the link with friends and family not yet on FORMED to get them started with a complimentary subscription.

This Lent, we invite you to journey with Dr. Tim Gray by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Available for free on formed.org/lent

WAKE CATHOLICS to the awesome power, the incredible gift that is the Holy Sacrifice of the Mass! 10 episodes with Scott Hahn will uncover how and why all God's action, in creation and redemption, is ordered to the Mass. Sign up at <https://stpaulcenter.com/studies-tools/journey-through-scripture/parousia-the-bible-and-the-mass>.

The "Living the Word" Bible study is a four-session reflection on how the Gospels call us to live as disciples of Jesus Christ. An initial study was offered during Advent and now, in time for Lent, a new series will be freely available for anyone in the Diocese of Crookston located on the Diocesan Web page (beginning February 17th look under the "Discipleship" tab). You are encouraged to either form a study group or work through the four sessions on your own. In case you do not have a group but wish to join one, Deacon Aaron Kaiser and Deacon Mark Krejci will offer a zoom Bible Study on two different nights during Lent. Deacon Mark's Living the Word group will meet on Monday nights from 7:00 – 8:00 on March 1, 8, 15 & 22 and Deacon Aaron's will meet on Wednesday nights 7:00-8:00 on March. To join one of these groups please email Deacon Aaron at akaiser@crookston.org.

Men of the Diocese of Crookston Are you being called to be a Deacon? If you wish to explore a vocation as a Permanent Deacon, the next formation group will begin in the Fall of 2021. The Diocese will be holding two more Discerning the Diaconate zoom sessions for men who want to find out more about diaconate discernment and ministry. Each session will be an opportunity for men, and their wives if married, to hear from deacons, wives of deacons, and the Director of Formation (Dcn. Mark Krejci) about the ministry of the deacon and the formation program. They will be held via zoom on: Saturday February 20 from 9:00 to 11:00 a.m. Monday April 5 from 6:30-8:30 p.m. If you wish to join one of these sessions, or if you have any questions about the diaconate, email Dcn. Mark at mkrejci@crookston.org. You are also strongly encouraged to talk with your pastor as well as deacons you may already know.

Guidelines for activities and events, during COVID-19 while indoors: Protocols can be found at www.crookston.org/statements. or stmarysfosston.org

Join Matthew Kelly at dynamiccatholic.com for a free daily reflection based on his book, "I Heard God Laugh" and start feeding your soul like never before. There are still a few books left from the December give-away. *"It's not what you give up for lent, it's who you become."*

"Today there is a wound in our national conscience. America will never be whole as long as the right to life granted by our Creator is denied to the unborn." President Ronald Reagan
I am six. Six weeks old. You might not have noticed me yet because I am only as big as a grain of rice. When you discover me; my presence may fill you with joy or paralyze you with fear. I have arrived because of you and I am grateful. I am packed with potential; I can feel it whizzing around and doing oh, so many things. When you realize I am here, what will you do? I am just wondering because my life depends upon it.

-a.m.opdahl

STEWARDSHIP

Budget Needed Weekly:	\$ 2218.04
Last Week's Collections:	
25 Adults	\$ 1250.00
Youth	0.00
Loose	\$ 540.00
Total Collections	\$ 1790.00
Church in Africa	\$ 20.00
Capital Improvement	\$ 50.00
Capital Improvement Balance	\$ 4727.97

Today we are happy to announce the commencement of the **2021 Diocesan Annual Appeal (DAA)** Our overall goal this year is \$900,000 (as it has been over the past three years) and our parish's individual goal is \$8,723. Pledges are for 10 months beginning March 1 and ending December 21, 2021. Please pick up an in-pew envelope today and make a pledge or a gift, no matter how great or how modest so that we can continue to support diocesan ministries that touch all of us. Where there is faith, there is hope! Donate online at www.crookston.org/DAA

Catholic United Financial (CUF) invites you to participate in the MinisTree project to earn funds for the parish. Simply let your good deeds be known by a note in the collection basket or email to stmarysfooston@gmail.com. Include the deed, your name, address and phone number. It can be a donation you have made to a charity, a gift or deed for a neighbor, a task for the parish that is out of the ordinary (not usher, lector, etc.). Together we can earn the max of \$250 for the first half of 2021!

Thank You Lectors for Proclaiming the Word!

February 7: Nina Bingham
February 14: Jan Hemmingsen
February 21: Margarette Rue
February 28: Lori Balstad
February 17: Kathryn Ziermeier (Ash Wednesday)
February 24: Nina Bingham

Masses at St. Mary's are held in the church sanctuary with overflow seating in the social hall. We have plenty of space for all to worship while being spaced apart from other households. Please come, wear masks (if over 5 and not medically challenged), use touch-free hand sanitizer located by each door and keep yourself socially distanced.

The obligation to attend Sunday Mass remains indefinitely suspended in our Diocese and the rest of the MN dioceses. If you cannot be with us for Sunday Mass, please find a way to keep Sundays holy. You can join Mass on TV or at <https://www.wordonfire.org/daily-mass>

Lent starts Ash Wednesday, February 17. St. Mary's Mass will be 7 PM, Bring your old Palms before then to be burned. Place them in the box provided by the Church entrance.

Catholics at the Capitol – "On Mission for Life and Dignity" April 15, 2021. Speak out in defense of life and dignity at the State Capitol!

For information visit

<https://www.catholicsatthecapitol.org>

NORTHWOODS PREGNANCY CENTER:

New Executive Director, Kelly McDonough, thanks St. Mary's for \$441.48 donated to the center in 2020 through the Baby Bottle campaign. If you could support them in 2021, please send your donation to their new location 2300 Bemidji Ave. N., Bemidji, MN 56601.

Feb. 9, CUF Meeting, 4 PM in gathering space.

Feb. 17, Ash Wed., Collection for Eastern Europe

Feb. 21 Collection for Black & Indian Missions

Our sincere sympathy to the family of Lawrence L. Dufault, father of Roxanne Stordahl. May his soul and the souls of all the faithful departed rest in peace with Jesus.