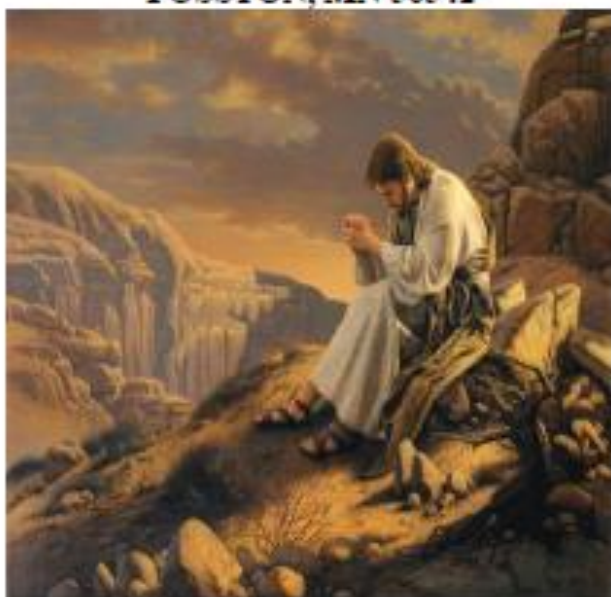


ST. MARY'S CATHOLIC CHURCH
725 6th STREET N.E.
FOSSTON, MN 56542



Greetings from Fr. John:

We are now into the First Sunday of the graceful season of Lent. During the season of Lent, we are called to examine our lives, to repent of our sins and do penance. By means of fasting, penance and prayers, we obtain strength to overcome the sinful tendencies. The purpose of Lent is to purify ourselves from sin and selfishness through self-denial and prayer. Lent also invites us to prepare for the celebration of the death and Resurrection of Jesus Christ. In the Gospel Jesus faced temptation and defeated the tempter by his forty days of prayer and penance in the desert. It also tells us how Jesus started preaching his Messianic mission, *"The time is fulfilled. The kingdom of God is at hand. Repent. Believe in the Gospel"*. Let us conquer our temptations as Jesus did, using the methods of Jesus. Let us convert this Lent into a time for spiritual growth and Christian maturity. Let us use Lent to fight daily against the evil within us & around us by practicing self-control, relying on the power of prayer, and seeking the assistance of the Holy Spirit.

God Bless You! Have a Good Week.

**First Sunday of Lent
February 21st, 2021**

St. Mary's: 218-435-6484
St. Joseph's: 218-694-6416
E-Mail: stmarysfosston@gmail.com
Website: stmarysfosston.org

PARISH STAFF:

Pastor: Fr. John Melkies Suvakeen
E-Mail: frjohnstnstj@gmail.com
Secretary: Marge Donnell 218-930-0520
Office Hours: Wed. & Fri. 9am -1 pm
Bookkeeper: Linda Hand Cell 218-280-2271
Office Hours: Wed. 1-5 PM
R.E. Coordinators: PreK-6: Amanda Wiener & Valarie Holzer
Youth Group Leader: Savannah Conger
Pastoral Council Chair: Dennis Sanden
Trustees: Jeanne Sanden and Erv Wickham
Diocesan Victim Assistance Coordinator: Cindy Hulst 218-281-7895
24-hour confidential number

**Confession 8 AM before Sunday Mass
During Lent Wednesdays 12-1 PM**

St. Mary's Mass with Intentions

Wednesday: Adoration Noon – 5 PM
Wed., Feb. 24 5:30 pm Mass
Evelyn Karboviak+
Fri., Feb. 26 8:30am Mass
Larry Scott+
Sun., Feb. 28 8:30 AM Mass
For the Parishes

St. Joseph's, Bagley, Mass & Intentions

Tuesdays Adoration Noon – 5 pm
Wed., Feb. 24 6:30 pm Mass
Micheal Gratkovski+
Thur., Feb. 25 11:30 am Mass
Earl & Pearl Madre+ & Perry Levett+
Sun., Feb. 28 10:30 AM Mass
Jim Vorderbruggen+

Birthdays

Feb 23 Rosemarie Brinkman
Feb 25 Lisa Handyside
Feb 25 Patty Maruska
Feb 25 Daniel Straub
Feb. 26 Irene Lindfors

Anniversaries

Feb 23 Doug & Linda Hand
Feb. 24 Augusta & Jesse Maruska

PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).
Please notify parish office of names to add or subtract
and of those who could use a prayer shawl.

Prayer List Policy: Names from outside our Parish
will be removed from the list after one month.
Additional months may be requested as needed or
desired.

PLEASE REMEMBER AND PRAY FOR:

Nash Rosendahl, Kristi Maruska, Wayne Paulson,
Richard Parent, Bruce Donnell, Lucille Dufault,
Mark Randall, Jodi Nelson, Brady Jones, John
Blaser (2/7) Betty Hogan, Ginny Jones (2/14), Vicki
Anderson, Eddie Ziermeier (2/17)

"May you touch them and heal them, O Lord!"

Blessed Prayer Shawls are available.

Please contact Dorothy Paulson at 435-6836

MASS INTENTIONS: Please note with your
donation whether intention is for a deceased or
living person. Suggested donation is still \$5.00.

THE WORD OF THE LORD

The readings for next Sunday, Feb. 28, 2021

Genesis 22:1-2, 9a, 10-13, 15-18, Ps 116:10, 15,
16-17, 18-19, Romans 8:31b-34, Mark 9:2-10

Confidential Care for Post-Abortive Women and Men "Project Rachel" is offered from the Diocese of Crookston. The confidential phoneline is 218-470-0112.

First Link Suicide Prevention: Dial 2-1-1 or text
your zip code to 898-211 from anywhere in our
service area <https://myfirstlink.org/>

National Suicide Prevention Lifeline:

<https://suicidepreventionlifeline.org/>

RELIGIOUS EDUCATION (RE):

PreK-6 grades RE class after Sunday Mass
9:45-10:45 AM Feb. 21 and 28.

Savannah Conger leads Youth group, Grades
7-12 Wed., Feb. 24 from 6-8 PM.

Contact Savannah at 218-556-9286 or
savannah.kaiser12@gmail.com

For Grades K-6 Amanda Wiener 218-280-2187 or
at amandawiener@hotmail.com

**The Students will be ministering at Mass one
Sunday of each month. (Feb. 28) We welcome
their help.**

**You're always welcome to join Religious
Education, any time.**

Upcoming **Together in Spirit** online events for
Middle School and High School:

March 3: Katie Prejean MS & HS

March 17: Jonathan Roumie MS & HS

Diocese of Crookston Summer Camp. At Oak
Hills College in Bemidji. **The St. Teresa of
Calcutta Camp** for youth who are entering grades
9 and 10 will be June 20-24. The theme for this
camp is EXTRAordinary. Registration opened at:
www.crookston.org/toccamp.

The St. John Paul 2 Camp will be from July 18-
22, 2021. The theme is "Into the Deep". Open to
youth entering grades 7 & 8 only. Registration at:
www.crookston.org/jp2camp

**Looking for Service, Staff and Leadership Team
Members for Diocese of Crookston Summer
Camps.** To be a part of leadership for the upcoming
Camps, please share those names of young people
and contact emails with Bob Noel.

Estovir! Be a man! July 7-9, 2021, at Sand Hill
Lake Bible Camp by Fosston. A chance for Catholic
guys, 18 years+, to hang out, Pray, Plan and
Discuss. **Free.** Register: crookston.org/estovir
Contact Fr. Matt Schmitz 218-773-0877
mschmitz@sacredheartegf.net

Catholics at the Capitol – "On Mission for Life
and Dignity" April 15, 2021. Speak out in defense
of life and dignity at the State Capitol!

For information visit
<https://www.catholicsatthecapitol.org>

On formed.org: Watch the story of St. Bernadette, it is a promise that we can also be like her if we try to be like our Mother Mary. Go to formed.org/signup. "Find Your Parish," type in Fosston's zip code of 56542 No password needed. Be an evangelist and share the link with friends and family not yet on FORMED to get them started with a complimentary subscription.

This Lent, we invite you to journey with Dr. Tim Gray by signing up for Daily Lenten Reflections. Each day you will receive in your inbox a short video which features Dr. Gray commenting on the daily Mass readings, explaining the Scriptures, and providing you with concrete ideas on how to apply them to your Christian life. Available for free on formed.org/lent

WAKE CATHOLICS: LAST DAY FOR LESSONS 1 & 2 OF THE BIBLE AND THE MASS is FEB. 23. Ten amazing lessons with Scott Hahn will reinforce your understanding of and appreciation for the Mass. Go to <https://stpaulcenter.com> and click on "Parousia The Bible and the Mass."

The "Living the Word" Bible study is a four-session reflection on how the Gospels call us to live as disciples of Jesus Christ. An initial study was offered during Advent and now, in time for Lent, a new series will be freely available for anyone in the Diocese of Crookston located on the Diocesan Web page (begin February 17th, look under the "Discipleship" tab). You are encouraged to either form a study group or work through the four sessions on your own. In case you do not have a group but wish to join one, Deacon Aaron Kaiser and Deacon Mark Krejci will offer a zoom Bible Study on two different nights during Lent. Deacon Mark's Living the Word group will meet on Monday nights from 7:00 – 8:00 on March 1, 8, 15 & 22 and Deacon Aaron's will meet on Wednesday nights 7:00-8:00 on March. To join one of these groups please email Deacon Aaron at akaiser@crookston.org.

Men of the Diocese of Crookston Are you being called to be a Deacon? If you wish to explore a vocation as a Permanent Deacon, the next formation group will begin in the Fall of 2021. The Diocese will be holding Discerning the Diaconate zoom session for men who want to find out more about diaconate discernment and ministry. This will be an opportunity for men, and their wives if married, to hear from deacons, wives of deacons, and the Director of Formation (Dcn. Mark Krejci) about the ministry of the deacon and the formation program. **It will be held via zoom on: Monday April 5 from 6:30-8:30 p.m.** If you wish to join the session, or if you have any questions about the diaconate, email Dcn. Mark at mkrejci@crookston.org. You are also strongly encouraged to talk with your pastor as well as deacons you may already know.

Guidelines for activities and events, during COVID-19 while indoors: Protocols can be found at www.crookston.org/statements or stmarysfosston.org

"After John had been arrested, Jesus came to Galilee proclaiming the gospel of God." - Mark 1:14
Do you ever think about how difficult it must have been for Jesus to come into Galilee, knowing that John had just been arrested for teaching the same message that Jesus was proclaiming. It must have taken great love and trust for Jesus to do what the Father had sent Him here on earth to do. In the same way, following a life of stewardship takes great love and trust from us. We must be willing to surrender completely to God, trusting that God will always give us all that we need to fulfill His plan for us.

As the Year of St. Joseph continues, check the Diocese website for resources and events that will be updated as the weeks go on. Go to www.crookston.org/stjoseph. The Office of Formation in Discipleship will be hosting a parenting series tailored to this special year and we will have a **10:00 a.m. Diocesan Consecration Mass at the Cathedral on Saturday, May 1** (Feast of St. Joseph the Worker). Please save the date and spread the word. More on these items will be published by *Our Northland Diocese* in March.

STEWARDSHIP

Budget Needed Weekly:	\$ 2218.04
Last Week's Collections:	
26 Adults	\$ 1470.00
Youth	0.00
Loose	\$ 30.00
Total Collections	\$ 1500.00
Black & Indian Missions	\$ 20.00
E. Europe	\$ 20.00
Capital Improvement	\$ 80.00
Capital Improvement Balance	\$ 6162.97

For those of you who have made a gift to the 2021 DAA – Thank you! For those who are still discerning, it is not too late, go to www.crookston.org/daa to learn more about diocesan ministries. You can always make a gift online on our web page. Your prayer requests are precious even if you are not able to give to the DAA. Please pick up a prayer request form and DAA envelope at your parish to send them in. (St. Mary's parish's individual goal is \$8,723.00) **Where there is faith, there is hope!**

Thank You Lectors for Proclaiming the Word!

February 21: Margarette Rue
February 24: Nina Bingham
February 28: Lori Balstad
Sunday, March 7: Michele Schoenborn
Wednesdays: March 3 Kathryn Ziermier

CRS RICE BOWL "Lord, may we love as one human family". CRS Rice Bowl is our tool to do just this. To give us the opportunity to practice the corporal and spiritual works of mercy through our prayer, fasting and alms giving. Make your Lenten practice this year one of mercy. Visit: crsricebowl.org. If you missed the Rice Bowl last week there are some left by each entrance of the church. Take one home.

Confession During Lent offered Every Wednesday from 12Noon-1 PM and Every Sunday before Mass at 8 AM

Wed., Feb. 24, 6:30 PM, After Stations, Deacon Aaron Kaiser will talk on "Going Forth as Disciples". Everyone is welcome and encouraged to attend.

Masses at St. Mary's are held in the church sanctuary with overflow seating in the social hall. We have plenty of space for all to worship while being spaced apart from other households. **Please come, wear masks** (if over 5 and not medically challenged), use touch-free hand sanitizer located by each door and keep yourself socially distanced.

The obligation to attend Sunday Mass remains indefinitely suspended in our Diocese and the rest of the MN dioceses. If you cannot be with us for Sunday Mass, please find a way to keep Sundays holy. You can join Mass on TV or at <https://www.wordonfire.org/daily-mass>

The Loaves & Fishes Food Shelf.

In past years donations received from our Soup Supper would be donated to the Food Shelf. In March the Food Shelf receives some matching funds so your donation will mean more.

Monetary donations may be put in the Sunday collection basket marked for the food shelf or mailed directly to Loaves and Fishes at PO Box 152, Fosston, MN 56542

Mass will be at St. Mary's at 5:30 PM Wednesdays of Lent, through March 24th.

There will be Stations of the Cross at 6:00 PM. Feb. 24 stations lead by CUF

The first Wednesday, (Feb. 24th) 6:30 PM, after stations, Deacon Aaron Kaiser will talk on "Going Forth as Disciples"

March 3 Stations lead by Finance Council
March 10 Stations lead by Pastoral Council
March 17 stations lead by the Youth Group
March 24 Stations lead by the Guild

Prayer cards offered to help us pray for one another during Lent. Pick one from the basket on your way to communion.