

ST. MARY'S CATHOLIC CHURCH
725 6th STREET N.E.
FOSSTON, MN 56542



Greetings from Fr. John:

We are in the Eighteenth Sunday in Ordinary Time. Today's readings challenge us to be more concerned with spiritual food and to get our spiritual food regularly from the Word of God and from the Holy Eucharist. The first reading shows us how God satisfied the physical hunger of His chosen people in the desert by giving them manna. Jesus is offering us Bread from Heaven, Bread that nourishes us for eternal life, the Bread available to people who have Faith in Jesus Christ. When Jesus instructed those, who had sought after him for earthly food, that they should be fed by the Bread of his word or teaching, some accepted his teaching. We need spiritual nourishment from the Word of God and from the Holy Eucharist which offers us two types of bread: i) the Bread of Life, contained in God's Word and ii) the Bread of Life, contained in the Holy Eucharist. Let us nourish our souls with this Heavenly manna and carry Jesus to our homes and workplaces, radiating his love, mercy and compassion all around us. Let us continue to pray for more rain.

God bless you! Have a great week.

**Eighteenth Sunday in
Ordinary Time
August 1, 2021**

St. Mary's: 218-435-6484
St. Joseph's: 218-694-6416
E-Mail: stmarysfosston@gmail.com
Website: stmarysfosston.org

PARISH STAFF:

Pastor: Fr. John Melkies Suvakeen
E-Mail: fjohnstnstmj@gmail.com
Secretary: Marge Donnell 218-930-0520
Office Hours: Wed. & Fri. 9am -1 pm
Bookkeeper: Linda Hand Cell 218-280-2271
Office Hours: Wed. 1-5 PM

Religious Education:

PreK-6: Amanda Wiener & Valarie Holzer
7-12 grades: Margarette Rue & Tricia Proulx
Pastoral Council Chair: Doug Schoenborn
Trustees: Dennis Sanden and Paulette Kringle
Diocesan Victim Assistance Coordinator:
Cindy Hulst 218-281-7895
24-hour confidential number

Confession 8 AM before Sunday Mass

St. Mary's Mass with Intentions

Wednesday: Adoration Noon – 8 PM
Wed., Aug. 4 No Mass
Fri., Aug. 6 8:30 AM Mass
Rose Maruska+
Sun., Aug. 8 8:30 AM Mass
For the Parishes

St. Joseph's, Bagley, Mass & Intentions

Tuesdays Adoration Noon – 5 pm
Tues., Aug. 3 No Mass
Thur., Aug. 5 10:00 AM Mass
Todd Shereck+
Friday, Aug. 6 5:30 PM Mass & Adoration
(First Friday) Jim Vorderbruggen+
Sun., Aug. 8 10:30 AM Mass
Laura Martin+

Happy & Blessed Birthday to:

August 2 Jesse Maruska
August 4 David Bauer
August 5 Chuck Agnes
August 5 Tom Holland
August 7 Sarah Chalich

Happy Anniversary! Be Blessed:

August 2 Pat & Amy Jackson
August 6 Les & Theresa Anderson

PRAYER CHAIN CONTACT:

Carol Aaland 435-6384 (H), 218-686-2710 (C).
Please notify parish office of names to add or subtract
and of those who could use a prayer shawl.

Prayer List Policy: Names from outside our Parish
will be removed from the list after one month.
Additional months may be requested as needed or
desired.

PLEASE REMEMBER AND PRAY FOR:

Nash Rosendahl, Kristi Maruska, Richard Parent,
Bruce Donnell, Mark Randall, Brady Jones, John
Blaser, Carly Hemmingsen, Clara Manecke,
Dorine Schmitz (6/4) Cole Matecjek (6/27) Kerry
Gross (7/13) Lissa Handyside (7/30) Linda
Klinkhammer "Touch them and heal them, O
Lord!"

Blessed Prayer Shawls are available. Take one
from the table in the hall for someone in need or
contact Dorothy Paulson at 435-6836.

MASS INTENTIONS: Please note with your
donation whether intention is for a deceased or
living person. Suggested donation is still \$5.00.

THE WORD OF THE LORD

The readings for next Sunday, August 8, 2021
First Kings 19: 4-8; Psalms 34: 2-3, 4-5, 6-7, 8-9
Ephesians 4: 30- 5: 2; John 6: 51; John 6: 41-51

Keep up on the Year of St. Joseph at
<https://www.crookston.org/stjoseph>

Confidential Care for Post-Abortive Women and
Men is offered from the Diocese of Crookston. The
confidential phoneline is 218-470-0112.

On Formed: Having celebrated the feast of St.
Ignatius of Loyola on July 31, explore the life of
this great reformer in the Church by watching the
second episode of *True Reformers*. Go to
formed.org/signup. "Find Your Parish," type in
Fosston's zip code of 56542. No password
needed. Return often and explore all the great
programs. Share with others to get them started
with a complimentary subscription.

Applications now open for the next Deacon
Formation group. Deacon Mark Krejci has
hosted several "Discerning the Diaconate"
sessions over the past seven months and anyone
who participated in one of these sessions has been
notified the applications for the next group to
enter Deacon Formation for the Diocese is now
open. If you or someone you know has been
discerning a vocation to the Permanent Diaconate
but was not able to attend one of the discernment
sessions, you may still apply for this next group
beginning formation in the Fall of 2021. Those
interested in learning more and/or applying
should email Deacon Mark Krejci, Director of
Deacon Personnel and Formation
(mkrejci@crookston.org) for information.

The Diocese of Crookston Women's Cursillo is
the weekend of September 23-26, 2021 and the
Men's weekend October 28-31, 2021 at Sand Hill
Lake Bible Camp south of Fosston. Applications are
at crookstoncursillo.weebly.com. For more
information contact Bobbi Mercil at 701-866-5706
or bmercil@holynosarycc.org

*Heavenly Father, through the intercession of
Jesus, Mary and Joseph, please provide our area
with abundant gentle rains to replenish our
parched earth. You know the places and the times
it is most needed to bless the harvest. Lord, have
mercy on us and on the whole world"*

For drought relief resources, go to: www.fischbach.house.gov/drought

SPEAK LIFE!

I am twenty-two. Twenty-two weeks old. There is so much going on! I should make a list. Oh, wait—I can't write yet. Let's see; my fingernails have grown all the way to my fingertips, my irises are all formed but God hasn't filled them with color yet. Oh yeah, and my digestive system is making a sticky surprise for you Mom and Dad—it's really the only thing I know how to make right now. I suggest stocking up on diapers. I weigh nearly a pound and I am about as big as a papaya. -a.m.opdahl

The USCCB is calling our attention to attempts in Congress to repeal the Hyde Amendment, the federal legislation that prevents the use of federal taxpayer funds to pay for abortions. It is expected that the vote to exclude the Hyde Amendment may pivot based on one or two votes in congress. Add your name to the petition at <https://www.notaxpayerabortion.com/> Also, <https://www.respectlife.org/no-taxpayer-abortion> is a site where you can get good info.

"Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not." EXODUS 16:4

When the Israelites gathered more than their daily portion of manna, the surplus became wormy and rotten. In the same way today, self-reliance, pride and ego leads to hoarding and excessive surplus of goods and money. Living a stewardship lifestyle helps us discern our "wants" from our "needs". Living a grateful and generous lifestyle reminds us that God will provide all that we need and that we have plenty to share.

Middle/high school boys and young men (college or older) are invited to a Red Hawks game with the seminarians Tues., Aug. 3. Gather at St. Joseph's in Moorhead at 6:15pm for evening prayer and then travel to ballfield. RSVP Fr. Matt Schmitz mschmitz@crookston.oprg or call 218-773-0877. Ticket provided; bring money for dinner at the ballpark. Bring a parent and friend. Sponsored by the Office of Vocations. Tell those in whom you sense the possibility of a priestly vocation. Sometimes all it takes is just a little encouragement for someone to discern their calling.

PRAYER FOR A NEW BISHOP for the Diocese of Crookston: Praise to you, Lord our God, our eternal shepherd and guide. In your love, grant the Diocese of Crookston a shepherd who will lead us in being Christ's heart of mercy, voice of hope, and hands of justice. Help him to fill our minds and hearts with the truth of the Gospel, the power of the sacraments, and the desire to build up your holy Church. We ask this through Jesus Christ, your Son our Lord, in the unity of the Holy Spirit, God for ever and ever. Amen

Cathedral School in Crookston, MN is hiring *Pre-Kindergarten Aide, *Two full-time teaching positions in 3rd & 5th grades *After School Care Aide, *After School Care Coordinator ~Please Contact Stephanie Webster at 218-281-1735 or swebster@crookstoncathedral.com

Promise to Protect, Pledge to Heal: If you or someone you know has been the victim of sexual misconduct on the part of a priest, deacon, or individual representing the Diocese of Crookston, its parishes, or its schools, your first call should be to law enforcement. In addition, the diocesan Victim Assistance Coordinator is available at 218-281-7895 (24-hour confidential number).

LITURGICAL MINISTRY – Aug. 1, 2021

Ushers: Mark Bingham, Doug Hand

Gifts: Jerry Erdmann & Phil Schouviller

Lector: Lori Balstad

Eucharist: *Kathryn Ziermeier & Gabe Wiener

Servers: Tessa Zitzow, Genevive Rue, Faith B.

Hospitality: Tennis Balstad Family

LITURGICAL MINISTRY – Aug. 8, 2021

Ushers: John Blaser, Gabe Schouviller

Gifts: Patty & Anthony Maruska

Lector: Michele Schoenborn

Eucharist: *Linda Blaser, Eileen Hegg

Servers: Ron Jackson, Anna Jackson

Hospitality: David & Rosemarie Brinkman

If you are not available for your scheduled Sunday, please call someone to fill in for you.

STEWARDSHIP

Budget Needed Weekly: \$ 2377.48

Last Week's Collections:

31 Adults \$ 1535.00

Youth \$.00

Loose \$ 102.00

Total Collections \$ 1637.00

Coffee & Rolls \$ 60.00

Capital Improvement \$ 0.00

Capital Improvement Balance \$ 1908.80

2021 Diocesan Summer Appeal July 25

Please prayerfully consider supporting the Diocese.

Envelopes are available by the entrances. Our goal is

\$8723. Received: \$8410. Unpaid pledges: \$675.

When all pledges are paid, we will have exceeded our

goal by \$362. This is from 40 households. May the

Lord bless you for your generous gifts of stewardship.

Thank you to everyone for your prayers, cards, flowers, goodies and visits while I was recuperating from knee surgery. I'm doing well. Marge Donnell

WANTED: A volunteer to work with Deb Wille planning &/or serving food at funerals. Training available. Call 668-2096 for information.

HELP WANTED

Parish Secretary to start August 1, 2021

Wednesdays & Fridays 9 to 1.

Youth Group Leader: Wednesday evenings during the school year.

See Fr. John for details.

The 2021-2022 Safe Environment training module for the Diocese of Crookston is now available. Our Safe Environment year begins on July 1, 2021, and runs through June 30, 2022. This year's module is Component A, "Reporting Child Abuse and Boundary Violations." Safe Environment certification is necessary for every adult, age 18 and over, clergy, employee, independent contractor, and volunteers in the Diocese of Crookston who has the potential for unsupervised contact with children or vulnerable adults.

Your everyday actions can be used to earn cash for the parish! Just fill out a MiniTree card supplied by Catholic United Financial and drop it in the collection basket or turn into the office. The cards are on the table by the bulletins. Or, just let Linda in the parish office know what you have done for others. Helping with the joint parish picnic is an example. If this is your first submission, please include your address and phone number. You must be over 18 to participate.

INSERT TODAY: Read about the "PERFECT FIT" campaign of the Diocese of Crookston. Respond as the Lord directs you.

BRIDAL SHOWER

FOR AMBER KLINKHAMMER

SAT., AUG 14, 2021 10 A.M.

ST. MARY'S SOCIAL HALL

ALL ARE WELCOME!



DIocese of CROOKSTON
1200 Memorial Drive Crookston, MN 56721
218-281-4533 // www.crookston.org



MOUNT SAINT BENEDICT MONASTERY
630 E. Summit Avenue Crookston, MN 56721
218-281-3440 // www.msb.net

The Diocese of Crookston and Sisters of Saint Benedict announce strategic partnership; Diocese launches capital campaign

CROOKSTON, MINNESOTA, July 29, 2021 – The Diocese of Crookston and the Sisters of Saint Benedict announce the Diocese of Crookston’s intent to purchase the Mount Saint Benedict Campus. The property will become a pastoral center and retreat facility for the Diocese of Crookston. The proceeds of the sale of the monastery will be allocated to the retirement support of the Benedictine Sisters who have served the diocese for over 100 years. The arrangement provides a private section of the current monastery for the sisters to live out their monastic lives.

“As religious communities across the United States have become smaller, they have been searching for ways to regroup in smaller residences while putting their larger buildings to alternate good uses. Some religious communities are being left with empty, unusable structures. We are among the fortunate communities whose buildings are relatively new, still in excellent shape, and there is someone standing by, ready to use the building for a worthy, ministry-related purpose,” said Mount Saint Benedict Administrator, Sister Jane Becker, OSB.

Ministries in the Diocese of Crookston will continue in a modern, accessible location that offers training rooms, offices, retreat facilities and private grounds within walking distance from the Cathedral of the Immaculate Conception.

“The timing of this project is providential for the Diocese of Crookston, as well as the Benedictine Sisters. It will offer tremendous support to diocesan ministries. It is simply the perfect fit for all parties concerned,” said the Most Reverend Richard E. Pates, Apostolic Administrator of the Diocese of Crookston.

The Diocese of Crookston announces the launch of “The Perfect Fit” Capital Campaign to raise \$15 million; \$12 million for the purchase of Mount Saint Benedict and a \$3 million endowment for the property’s maintenance. To date, \$6.67 million in funds have been generously pledged so the Diocese of Crookston and Sisters of Saint Benedict can carry on their shared mission to grow and sustain the call to missionary discipleship in northwest Minnesota. All Diocese of Crookston faithful will have an opportunity to support this endeavor financially and prayerfully in coming months.

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ABOUT THE DIOCESE OF CROOKSTON. The Diocese of Crookston was established in 1909 and comprises 14 counties over 37,210 square miles in northwest Minnesota. It has a Catholic population of 34,649. There are 51 priests (including active, retired and those serving outside the diocesan area), 23 permanent deacons, 66 parishes and eight Catholic schools in the diocese. Learn more at www.crookston.org.

ABOUT THE SISTERS OF SAINT BENEDICT. The Sisters of Saint Benedict established an independent monastery in Crookston in 1919. They are monastic women committed to living the Gospel and the Rule of Benedict. Learn more at www.msb.net.

MEDIA CONTACTS:

Janelle C. Gergen
Director of Communications | Diocese of Crookston
218-281-4533 ext. 428 // jgergen@crookston.org
www.crookston.org/perfectfit

Heidi Whiting
Mount Saint Benedict Monastery | Foundation Director
218-279-6117 // heidi.whiting@benedictinewis.org