Family Life

The mission of the Family Life Office is to enable families throughout the Archdiocese of Santa Fe to model the love of God, as revealed in Sacred Scripture and expressed in the teachings and traditions of the Holy Catholic Church.

Healthy Relationships 101
A series of six classes on how to express ideas clearly; become a better listener; resolve conflicts in a healthy way; and discover joy and happiness in your relationship.

Marriage Enrichment
A parish-based program to build community and enrich the lives and faith of married couples in the Sacrament of Marriage—one heartfelt story, one expression of faith, one moment of grace at a time.

Healing Hearts Parish Support Groups
For persons suffering from loss of a spouse through death, divorce or separation.

Natural Family Planning
The CREIGHTON MODEL Fertility Care™, Families of the Americas Natural Family Planning, The Couple-to-Couple League’s Sympto Thermal Method.

Love and Logic Parenting Course
A six-week parenting skills course designed to equip parents with techniques and strategies for raising happy, well-behaved, responsible children.

Pre Cana
Includes a mentor process using FOCCUS and Called by Love and several Weekend Retreats for the Engaged, including Engaged Encounter.

Path to Peace
A Catholic prayer support group offering an introduction to CRAFT, a motivational interviewing technique; information on the effects of addiction; and prayerful support to families with a loved one suffering from an addiction.

Retrouvaille
(French for Rediscover) is a program for hurting couples and couples on the verge of divorce.

Single, Single Again
Monthly gatherings for unmarried and formerly married persons for making connections with other Catholic singles through group service Projects, Bible study and social activities.

Chastity Formation for Girls, ages 10-12
Be You Tea Ful! A resource packet to host a mother-daughter tea celebrating the beauty and vocation of women. Girls focus on virtues and grace, while their mothers are equipped to share God’s gift of femininity with their daughters.

Crossing the Threshold of Hope Ministry Training
For parish ministers of consolation to the sick and bereaved.

Divorce Recovery Support Groups
The Catholic Divorce Survival Guide for separated and divorced men and women
Renewed in Christ for separated and divorced women

Family Faith Formation Resources
For families of children preparing for the Sacraments of Initiation: Called by Name; Called to Mercy; Called to Be One Body; and Called to Serve