

According to the US Conference of Catholic Bishops, the Church's catechetical mission aims to help the faithful of all ages to grow in both human and Christian maturity, enriching the whole of life with the leaven of the Gospel. Consequently, appropriate goals and content will embrace all the faith dimensions of an adult life—for example, understanding and communicating the faith, skills needed for personal growth, the experience of family life, relationships, public service, and concern for the common good.

Three major goals guide and direct efforts in adult faith formation:

- 1. Invite and Enable Ongoing Conversion to Jesus in Holiness of Life.**
- 2. Promote and Support Active Membership in the Christian Community.**
- 3. Call and Prepare Adults to Act as Disciples in Mission to the World.**