

Concerning COVID-19

We are continuing to monitor the developing COVID-19 pandemic, implementing responsible health and safety precautions at the upcoming retreat. Special adaptations will limit risk factors based on a number of circumstances. These adaptations will include, but may not be limited to, the following:

1. **Voluntary participation.** At any time, if a retreatant or team member feels uncomfortable taking part in the Antioch retreat or any aspect of the Antioch retreat, he or she is welcome to refrain from participating and to return if/when circumstances change, no questions asked. If a situation arises in which a teen changes his/her mind regarding his/her level of comfortability, it is his/her responsibility to inform an adult leader, who will assist in making necessary arrangements in consultation with the teen's parent/guardian.
2. **Limited capacity.** This retreat will be open to incoming sophomores, juniors, and seniors. The overall maximum capacity of teenagers attending the retreat will not exceed 100 individuals (in accordance with the State's and CDC's maximum capacity guideline of no more than 250 individuals at social gatherings).
3. **Meals.** Special adaptations are being made to limit risks related to the preparation and serving of food throughout the weekend. Whenever possible, meals will be catered in and served by adults who will be required to take necessary precautions included, but not limited to, sanitation, wearing gloves, and wearing masks. Weather permitting, retreatants will be allowed to spread out outdoors during most mealtimes.
4. **Increased sanitation measures.** Hand sanitizer will be available at entrances to various spaces for the duration of the retreat. We will regularly clean and sanitize tables, chairs, and high traffic spaces.
5. **Increased distancing.** We will be making special efforts to spread out table groups and to allow for more space during mealtimes. We will adapt various activities to limit physical contact and offer the freedom to spread out whenever possible. Weather permitting, we will adapt various activities to take place outdoors.
6. **Masks.** Every teen and adult attending the Antioch weekend will be provided with an Antioch-branded face mask. At various times throughout the weekend and whenever we cannot offer 6ft of social distance, the wearing of masks will be strictly required.
7. **Sleep homes.** To minimize risks and increase the comfortability of all involved in this Antioch weekend, Antioch will not be facilitating host homes during this retreat. Each teen and his/her family are responsible for discerning arrival/departure arrangements and communicating these arrangements with the Antioch leadership team via our "Notification of Departure/Arrival Plans" form. Teens will meet with members of the adult leadership team to sign-in and sign-out at each arrival and departure. The adult leadership team will confirm that each teen is arriving and departing in accord with each individual's parent-permitted plan. A PDF sample of the Google form is attached. We will send you a link to the form online one week prior to the retreat for you to complete.
8. **Temperature checks.** Each teen and adult entering the building will have his/her temperature checked at arrivals on Friday evening, Saturday morning, and Sunday morning. A forehead thermometer will be used and sanitized in between each check. Any teen or adult with a temperature exceeding 99.9 degrees will not be allowed to enter the building.

Thank you for your patience and understanding as we work to facilitate a meaningful and safe experience for your teens seeking holiness. Please reach out to Lou Paiz at PaizL@OLMC1.org or 317.663.4004, if you would like to share any questions or concerns.

NOTIFICATION OF DEPARTURE/ARRIVAL PLANS

Antioch Retreat Weekend - November 6-8, 2020
Our Lady of Mount Carmel Parish

To minimize risks and increase comfortability concerning the COVID-19 pandemic, Antioch will not be facilitating host homes for the retreat weekend November 6-8, 2020. Each teen and his/her family are responsible for discerning arrival/departure arrangements and communicating these arrangements with the Antioch leadership team below. Teens will meet with members of the adult leadership team to sign-in and sign-out at each arrival and departure. The adult leadership team will confirm that each teen is arriving and departing in accord with each individual's parent-permitted plan, below:

My name is: _____

please check: I acknowledge the following arrival and departure times to and from Our Lady of Mount Carmel Parish in Carmel, IN:

Friday retreat weekend start - 7:00pm

- Friday departure - 11:00pm
- Saturday arrival - 8:00am
- Saturday departure - 10:30pm
- Sunday arrival - 8:00am

Sunday retreat weekend finish - 4:00pm

I will arrive/depart with the following parent(s), guardian(s), and/or teen(s):

(please circle licensed driver)

_____	_____
_____	_____
_____	_____
_____	_____

I, the parent or guardian of _____, permit my son/daughter to arrive/depart the Antioch retreat weekend held at Our Lady of Mount Carmel Parish at the appropriate times (listed above), according to the aforementioned plan.

Permission/Signature: _____ Date: _____