

Our Lady of Mount Carmel Catholic Church
Marriage Preparation Program Instructions for Engaged Couples

Congratulations on your upcoming wedding! We are pleased to work with you as you prepare for this very special and very spiritual celebration of the Sacrament of Marriage.

As soon as you announce your engagement and/or set your wedding date, you should get started with the Marriage Preparation Process. **Ideally, the Marriage Prep Process should be COMPLETED at least SIX MONTHS prior to the date of your wedding.**

OLMC Marriage Preparation Program Components:

1. Pre-marriage FOCCUS inventory
2. Meetings with the priest who will preside at your wedding
3. Completion of the OLMC Marriage Prep Workshop
4. Three to four sessions with a Mentor Couple before the wedding
5. Completion of a Natural Family Planning (NFP) class

Engaged Couple Checklist and Timeline

8 - 12 months before wedding

Contact the OLMC Parish Office (317.846.3475) to:

- Schedule time to take the pre-marriage FOCCUS Inventory
- Set a meeting with the priest
- Schedule wedding with parish secretary (*FOCCUS must be completed before a day can be scheduled*)

8 - 12 months before wedding

- Attend the OLMC Marriage Prep Workshop
 - o OLMC Marriage Prep Workshops are offered on the last Sunday of August & February from noon - 5 p.m. in the St. Thomas Aquinas Room and includes lunch.
 - **2021 Dates:** February 28 or August 29
 - **2022 Dates:** February 27 or August 28
 - o Register for the workshop that is furthest from your wedding date
 - o Fee for Marriage Prep Workshop and materials is \$65/couple
 - o Online registration for the **February 28, 2021** workshop: bit.ly/FEB2021-MarriagePrep
- Schedule 3 - 4 sessions with your Marriage Prep Mentor Couple
- The Diocese of Lafayette-in-Indiana requires engaged couples to complete a course in Natural Family Planning (NFP). A copy of the Certificate of Completion must be provided to the Parish Office. Information about NFP classes can be found on the diocesan website: dol-in.org/natural-family-planning

6 - 7 months before wedding

- Speak with the OLMC Wedding Coordinator. (The coordinator will contact you.)

1 month before wedding

- Present Marriage License to priest who is preparing you for marriage.
- If Catholic, receive the Sacrament of Reconciliation (i.e. Confession) before wedding day.