

Family Information Booklet

For

Confirmation



St. Catherine of Siena Parish

Confirmation

When children present themselves for the Sacrament of Confirmation, they acknowledge the work that began with their Baptism, was nourished by the Holy Eucharist and are ready to complete their initiation into the Catholic Faith. Furthermore, through the Sacrament of Confirmation, their souls mature for the work as a Catholic Christian in their lives ahead.

Confirmation Saint Name

One of the traditions of the church during Confirmation is choosing a name that will remind you of this sacrament. Your prayerful reflection will help you decide on a name. You CAN keep your baptismal name, signifying that you are confirming the faith that was given to you at your Baptism. You may also choose to add a name to signify your new and deeper awareness of what it means to be a disciple of Jesus. If you choose to add a new name it must be a Christian name and should reflect a saint whom you can admire and imitate.

Some good resources for choosing a name can be found online:

www.catholic.org/saints/

<https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/>



Stewardship

Along with choosing a Confirmation name, stewardship is yet another important role of being a Catholic Christian

“As each one has received a gift, use it to serve one another as good stewards of God’s varied grace.” - 1 Peter 4:10

We each bring gifts of our own to the Catholic faith. Some by their art; some by their conversation; some by their knowledge; and some through other gifts from God. These gifts were given to share with others. One way we can share our gifts is through taking care of one another. In your child’s life they will become the leader of their own faith. Faith is a way of life, not simply a noun.

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We will be offering a Confirmation retreat this year focusing on the call of Confirmation and living out the sacrament after Religious Education. Our retreat will be held on Saturday, January 29th, 2022 from 4:30pm–8:30pm.

We will begin with 4:30pm Mass. After Mass, we will head to the school gym for pizza and games. We will listen to a few of our high school volunteers give talks and break into small groups.



This retreat is mandatory for all Confirmation students. This is the first of many stewardship opportunities your children will encounter in their lifetime as a Catholic.

Meeting With The Priests

Confirmation Essay

Each Confirmation student will be responsible for writing an essay about WHY they would like to be Confirmed in the Catholic church. This essay will be read during their meeting before Confirmation by either Fr. John or Fr. Reese.

(The meetings will not occur until February 2022. We will send out information regarding sign-ups as the date gets closer.)

Confirmation Questions

At the meeting with Father, students will also have the opportunity to discuss the following questions:

- Why do you want to be Confirmed?
- What Confirmation name have you chosen? Why?
- Who is your Confirmation sponsor? Why?
- What are the gifts and fruits of the Holy Spirit? (pages 197, 255, 200, & 201 in your Decision Point book)
- What is the Matter and Form of the sacrament? (page 260)
- Who administers the Sacrament of Confirmation? (page 260)



The Essay and Question discussion will end with Confession.

Examination of Conscience

Here are some questions to help you examine your conscience.

1. I am the Lord your God, you shall not have other gods besides me.

Did I do my prayers with all my heart?

Did I bother others while they were praying?

Was I ashamed to be a Catholic?

Was I afraid to tell others about Jesus?

2. You shall not take the name of the Lord in vain.

Did I use God's name or Jesus' name in anger or fun?

Did I curse (ask God to hurt someone or wish harm to someone?)

Did I make fun of holy things?

3. Remember to keep holy the Sabbath.

Did I miss Mass on Sundays or Holy Days of Obligation through my own fault?

Did I come to Mass late through my own fault?

Did I leave Mass before it was over without a good reason?

Did I whisper, laugh, talk or tease others during Mass?

Do I take time to spend with my family on Sundays?

Do I do extra prayers on Sundays?

4. Honor your father and mother.

Do I disobey my parents?

Do I disobey my teachers or priests?

Did I make fun of old people?

Was I mean to my parents?

Did I forget to pray for my parents?

5. Thou shalt not kill.

Did I think of myself as better than others (pride)?

Did I fight with boys or girls?

Did I hurt my brothers or sisters? Was I mean to them?

Did I call others bad names?

Was I angry? Was I stubborn? Was I lazy?

Did I eat or drink too much or hurt my body in any way?

Did I hate others?

Did I try to get even with others?

Did I lead others to sin by example?

Was I mean or cruel to animals?

6 & 9. You shall not commit adultery. You shall not covet your neighbor's spouse.

Did I have bad thoughts and like them?

Did I tell bad stories?

Did I listen to bad talk? Or read bad books? Or go to bad movies or watch bad T.V. shows?

Did I touch others on purpose in a way that was not pure?

Did I really want to look at or do things that were not pure?

Did I go to places that led me to sin?

Did I look at or draw bad pictures?

7 & 10. You shall not steal. You shall not covet your neighbor's possessions.

Did I steal anything? How much? Where from?

Did I tell others to steal?

Did I take or keep stolen things given to me by others?

Did I hurt or spoil another's property?

Did I keep valuable things that I found?

Was I jealous of others when they did better than me in class, had cool things?

8. **You shall not bear false witness against your neighbor.**

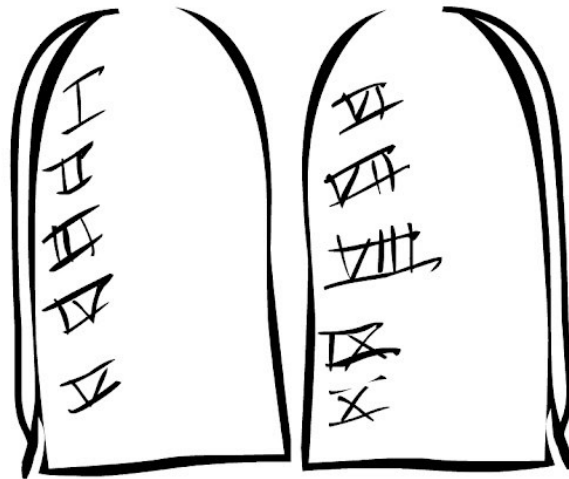
Did I tell lies?

Did these lies hurt others?

Did I talk about my or others sins without a good reason?

Did I say mean things about others when they were not around?

Did I gossip?



Church Precepts:

Did I make a bad confession by keeping back a mortal sin or not being sorry for my sins?

Did I receive Holy Communion without fasting first?

Did I receive Communion in Mortal Sin?

Did I fail to go to Confession once per year?

Did I fail to receive Communion at Easter time?

Did I eat meat on Fridays and Ash Wednesday?

Did I keep Days of Obligation Holy?

Act of Contrition



O my God, I am heartily sorry for all of my sins. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly resolve, with the help of your grace, to confess any sins and do penance, and to amend my life.

Amen.

What to Wear

(Confirmand and Sponsor)

Confirmation is one of many beautiful celebrations that take place within our wonderful church. On this Holy day of celebration, we ask that you dress for the occasion.

- *Girls/Women* should wear their Sunday best. Dresses and skirts should be modest in length, no higher than 2 inches above the knee. Shoulders and backs should be covered.
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- *Boys/Men* should wear their Sunday best. A nice pair of slacks or dress pants, a button down shirt (any color) and your choice of tie. A suit or jacket are optional.

Confirmation Information

- Confirmation practice will be : Monday, February 28th, 2022 at 6:00pm
- Confirmation Mass will be: Tuesday, March 1st, 2022 at 5:30pm
- You are allowed 7 guests *per family* (that number includes the Confirmand and sponsor)
- Mass will be approximately an hour and a half long.



Confirmation Checklist

- Provide the Faith Formation office a **NEWLY DATED** baptismal certificate (if your child was baptized at St. Catherine of Siena, you do not need to provide one), as soon as possible.
- Turn **ALL CONFIRMATION FORMS** in to the Faith Formation office no later than Sunday, January 16, 2022.

My Confirmation Name

Confirmation Sponsor Form ... or

Confirmation Sponsor Eligibility Form