

Physical Education

November 2020



About/Philosophy:

Welcome to the 2020-2021 school year! I am Coach Levinson and I will be your child's Physical Education teacher. This will be my fifth year teaching Physical Education. I have had the opportunity to work with a diverse population of students including those with varying ability levels, developmental delays, learning disabilities, and physical disabilities. I pride myself in being able to assess, accommodate, and support all of the learners in my classroom. I set high standards and expectations for my students' learning. I have a strong understanding of my students' strengths and needs. It is my belief that children learn best when they are appropriately motivated and self-confident. My goal is to promote healthy life choices in fitness, sports, recreational activities, and exercise. Each student will be encouraged to grow physically and socially. It is my mission to make school enjoyable, so that my students enjoy Physical Education class.

Contact Info:

Coach Levinson
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What's Coming Up:

Grades PreK-8

Body/spatial awareness
Loco-motor movements (skipping, running, hopping, etc. in place)
Exercising in place

Games will include:

Individual games from 6-12 feet apart
Tag games (as long as students keep their mask on)
Musical spots
Listening games
Red light/green light
What time is it Mr. Fox?

Attire:

Face mask, gym uniform

Appropriate/Safe Shoes: Rubber soled athletic type shoes, Shoes should have laces or velcro

Inappropriate/Unsafe Shoes: Clogs, Sandals, Flats, Dress Shoes

Rules:

Respect coach, yourself, others, & the gym. Remember to keep masks on!
Have good sportsmanship
Be honest
Come prepared to learn & participate
Have fun!