

Mass Intentions
7 June - 14 June 2020

7 June 2020 - *The Most Holy Trinity*

+ Rita O'Neill *by Frank & Kathleen Geosits*

+ Craig English *by Linda English*

8 June 2020—*Monday - Weekday*

For all the Sick

9 June 2020 - *Tuesday - St. Ephrem, Deacon & Doctor of the Church*

10 June 2020 - *Wednesday - Weekday*

11 June 2020 - *Thursday—St. Barnabas, Apostle*

12 June 2020 - *Friday - Weekday*

13 June 2020 - *Saturday - St. Anthony of Padua, Priest & Doctor of the Church*

14 June 2020 - *Sunday - The Most Holy Body and Blood of Christ (Corpus Christi)*

+ Wesley Hutchingson *by Frank & Kathleen Geosits*

+ Joseph & Michael Gaschler *by Helan Gaschler*

Peace & Harmony

“Where there is righteousness in the heart, there is beauty in the character.

When there is beauty in the character, there is harmony in the home.

When there is harmony in the home, there is order in the nation.

When there is order in the nation, there is peace in the world.”

With Prayers & Blessings of Easter

Fr. John Kennady MMI
Dn. John Lyttle
7 June 2020

HOLY CROSS & ST. PATRICK'S CHURCH

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HOLY TRINITY SUNDAY

Glory
to the
FATHER,
the
SON



and
the
HOLY
SPIRIT

PRAY FOR THE SICK

J. Gottesmann, W. Rieger, K. Eschenberg, J. Feeley, R. Knack, Ron Rhodes JR, Dan Buddenhagen, Brenda Long, Mary Ann, Eileem Ohman, Madeleine Wootan, Olga Viruet, Barbara Donatelli, Anita Robertson, Linda Roche, Gloria Grunn, Marcia Bauer, Frank M Geosits Jr, Baby Alexian and all sick and needy.



Let us all Stay Safe, Clean & Healthy

Mediation

Mind without agitation is Mediation

Mind in the present moment is Mediation

Mind that has no hesitation, no anticipation is Mediation

Mind that has come back home to the source is Mediation

Mind that becomes “no mind” is Mediation

Mediation is letting go of anger from the past and all the planning for the future. Mediation is accepting this moment and living every moment totally with depth.

Meditation is the journey from movement to stillness, from sound to silence. The need to meditate is present in every human being because it is a natural tendency of human life to look for a joy that doesn't diminish, a love that doesn't distort or turn into negative emotions.



Meditation is food for the soul. When you are hungry, spontaneously you go to eat something. If you are thirsty, you want to drink some water. In the same way, the soul yearns for meditation and this tendency is in everyone. The peak, the most supreme type of **prayer is mediation**. All powers are hidden within the Self and everything will manifest when you connect to your consciousness.

Access to Holy Mass at Holy Cross

Join Zoom Meeting

<https://us02web.zoom.us/j/6854608121?pwd=dEhGMUUzcW1RTTM1QWdUb005TzBkQT09>

Meeting ID: 685 460 8121

Password: 8875450

Sunday Mass at 11 am

Everyday Mass at 8.30 am

Holy Adoration on Thursday at 7.30 pm

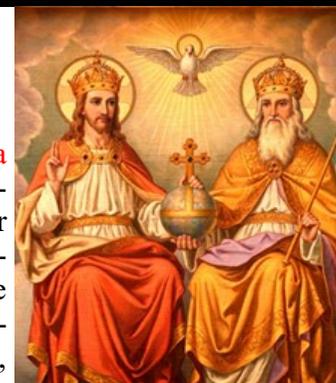
Let us all be united in Prayer

LITURGY OF WORD

First Reading: Ex 34:4b-6, 8-9

Second Reading: 2 Cor 13:11-13

Gospel Reading: John 3:16-18



The mystery of the most **Holy Trinity is a basic doctrine of Faith in Christianity**, understandable not with our heads but with our hearts. It teaches us that there are three distinct Persons in one God, sharing the same Divine Nature, co-equal and co-eternal. Since the Holy Trinity is a mystery, any examples that we give are only the shadows of the shadows of the Truth. The shamrock, a kind of clover, is a leguminous herb that grows in marshy places. St. Patrick, the missionary patron saint of Ireland, used the shamrock to explain the Holy Trinity.

The story goes that one day his friends asked Patrick to explain the Mystery of the Trinity. He looked at the ground and saw shamrocks growing amid the grass at his feet. He picked one up one of its trifoliate leaves and asked if it were one leaf or three. Patrick's friends couldn't answer – the shamrock leaf looked like one, but it clearly had three parts. Patrick explained to them: “The mystery of the Holy Trinity – one God in Three Persons: The Father, the Son and the Holy Spirit – is like this, but more complex and unintelligible.”

St. John Maria Vianney used to explain Holy Trinity using lighted candles and roses on the altar and water in the cruets. “The flame has color, warmth and shape. But these are expressions of one flame. Similarly, the rose has color, fragrance and shape. But these are expressions of one reality, namely, rose. Water, steam and ice are three distinct expressions of one reality. In the same way one God revealed Himself to us as Father, Son and the Holy Spirit.” Let us practice the Trinitarian relationship of love and unity in the family relationships of father, mother, and children because by Baptism we become children of God and members of God's Trinitarian family. Let us practice the **I-God-my neighbor** vertical and horizontal Trinitarian relationship in society by loving God.

GRATITUDE

Sincere thanks and appreciation for sending envelopes and supporting our parish.