

CRC MEAL TIMES & MENU INFORMATION

(Please share this with your Marthas & Stewards)

The CRC strives to provide excellent service and quality food while maintaining affordable rates. Our goal is to keep our overhead low to provide the most affordable retreats possible. To meet the needs of multiple groups, the CRC is only able to accommodate the following dietary restrictions: **gluten-free, vegetarian, vegan, non-dairy, and diabetic**. Please include these options on your registration form. Please submit your dietary needs 7-days prior to the start of your retreat to your Retreat Coordinator. We will need the person's first name, and the initial for their last name along with the dietary restriction(s) that applies. Please limit dietary restriction options submitted to only those listed above. Any other restrictions will not be listed. You can find our standardized menu on our website at: <https://retreatcentercrc.org/menu>. The CRC Food Prep and Service Line are a Latex and Peanut Free Zone for the safety of all our guests!

If you have dietary needs that are not met by one of the above groups, we are unable to provide the necessary accommodations and will discount \$10 per meal per person. The refrigerator in your meeting hall can be used by retreatants to store their food and a microwave is located in the Gerard Room. Due to health code regulations, retreatants are not allowed in the Kitchen area and our staff is unable to prepare their individual meals for them.

These are the mealtimes that have been established:

	1st Seating	2nd Seating	3rd Seating
Breakfast	7:30 a.m. Dining Hall	8:00 a.m. Gerard Room	8:30 a.m. Dining Hall
Lunch	11:30 a.m. Dining Hall	12:00 p.m. Gerard Room	12:30 p.m. Dining Hall
Dinner	5:00 p.m. Dining Hall	5:30 p.m. Dining Hall	6:00 p.m. Dining Hall

Each group is allotted 45 minutes in the Dining Hall (this includes set-up and clean-up – cleaning supplies are located by the dish return window - Cleaning Supplies to wipe down your tables).

We only schedule the second seating if we have three groups. If you have the first seating for breakfast, you will also be assigned the first seating for lunch and dinner. We do not interchange the mealtimes between groups.

Your mealtimes are coordinated in advance to accommodate all of the groups scheduled. Please ensure your group honors the mealtimes that are listed on your Group Profile. If a group is more than 15 minutes late, meals will be boxed at an additional cost of .50 per person, for your group to eat in their hall.

If you choose to schedule a meal in your hall, the menu remains the same as what is listed on our website. The arrangements for this option must be made in advance. The kitchen will place the food in serving pans which will then go into thermal coolers that will be loaded into wagons so that you can transport them to your hall (this keeps the food warm). You will set the serving pans up self-serve catering style in your hall. The thermal coolers, wagons, and serving pans will need to be returned to the kitchen immediately after the end of the meal. We provide the plates, utensils, serving utensils, and bottled water upon request, but it does not include the salad bar. There is no additional charge for meals served this way. If your group wants the meals to go and packaged in individual containers, there is a .50 per person charge (also the Styrofoam containers do not keep food warm like the thermal coolers are designed to do).

We appreciate your understanding that we make every effort to accommodate as many people as possible while keeping our prices low. Our staff works hard to prepare meals for about 100- 200 people during each meal. Thank you for your cooperation to make everyone's retreat a success by being on time for meals.