

**Devotional Guide for the Stations of Light:  
Meditations on the Resurrection of Jesus Christ  
St. Joseph/St. Ann Parish Cluster  
Diocese of Superior, Wisconsin  
Spring 2020**

**Responsory (all stations):**

**Leader: We adore you, O Christ, and we praise you!  
Response: Because by your Holy Cross and your glorious Resurrection,  
You have redeemed the world!**

**Station 1. Jesus Rises from the Tomb**

*Antiphon:*

In the darkness of that Easter dawn,  
You left death behind.  
You rose to free all humankind.

Gospel Reading: Luke 24:1-11

*Closing Prayer:* St. Ambrose

Let your door stand open to receive Him.  
Unlock your soul to Him, offer Him a welcome in your mind,  
And then you will see the riches of simplicity,  
The treasures of peace, the joy of grace.  
Throw wide the gate of your heart,  
Stand before the Sun of the everlasting light. Amen.

**Station 2. The Disciples Run to the Empty Tomb**

*Antiphon:*

John and Peter sprinted toward the tomb;  
John had longer stride.  
They saw the empty cloths inside.

Gospel Reading: John 20:1-9

*Closing Prayer:* St. Gregory Nazianzus

Be a Peter or a John; hasten to the sepulcher, running together,  
Running against one another, vying in the noble race.  
And even if you are beaten in speed, win the victory of showing  
who wants it more—  
Not just looking into the tomb, but going in. Amen.

### **Station 3. The Risen Lord Appears to Mary Magdalene**

*Antiphon:*

Bringing spices to the rocky grave  
Of He whom she adored,  
She was the first to see the Lord.

Gospel Reading: John 20:10-18

*Closing Prayer:* St. Augustine

O Lord, our Savior, who has warned us that you will require much of those to whom much is given; grant that we whose lot is cast in so goodly a heritage may strive together the more abundantly to extend to others what we so richly enjoy; and as we have entered into the labors of others, so to labor that in their turn others may enter into ours, to the fulfillment of Thy holy will; through Jesus Christ our Lord. Amen.

### **Station 4. The Risen Lord Appears on the Road to Emmaus**

*Antiphon:*

Toward Emmaus, two disciples walked;  
Jesus went along.  
He turned their doubts to joyful song.

Gospel Reading: Luke 24:18-27

*Closing Prayer:* St. Clement of Alexandria

Be kind to your little children, Lord. That is what we ask of You as [our] tutor, Israel's guide...May we all live in the peace that comes from you. May we journey towards your city, sailing through the waters of sin untouched by the waves, borne tranquilly along by the Holy Spirit, your Wisdom beyond all telling...May our praises give You thanks,...You who alone are both Father and Son, the Son who is our tutor and our teacher, together with the Holy Spirit. Amen.

### **Station 5. The Risen Lord Reveals Himself in the Breaking of the Bread**

*Antiphon:*

“Stay with us,” they asked with burning hearts  
He who had been dead.  
They knew him in the broken bread.

Gospel Reading: Luke 24: 28-31, 33-35

***Closing Prayer:*** Eucharistic liturgy of the 5<sup>th</sup> century

Hear us, O merciful Father, we most humbly beseech Thee, and grant to all communicants of Thy Church this day, true repentance and living faith. And we pray that all those who shall from time to time receive Thy creatures of bread and wine, according to Thy Son our Savior Jesus Christ's Holy Institution, in remembrance of His Death and Passion, may be partakers of His most blessed Body and Blood; to Whom with Thee and the Holy Ghost, be all honor and glory, world without end. Amen.

**Station 6. The Risen Lord Appears to the Disciples**

***Antiphon:***

On the evening of that holy day,  
He came to their room.  
Proving he'd been raised from the tomb

Gospel Reading: Mark 16:11-15

***Closing Prayer:*** St. Ephrem

Lord Jesus Christ, King of Kings, you have power over life and death.  
You know even things that are uncertain and obscure,  
And our very thoughts and feelings are not hidden from you.  
Cleanse me from my secret faults, for I have done wrong and you saw it.  
You know how weak I am, both in soul and in body.  
Give me strength, O Lord, in my frailty and sustain me in my sufferings.  
Grant me a prudent judgment, O Lord,  
And let me always be mindful of your blessings.  
Let me retain until the end, your grace that has protected me until now. Amen.

**Station 7. The Risen Lord Confers on his Disciples the Power to Forgive Sins**

***Antiphon:***

Breathing peace, He gave authority  
For them to forgive  
All of our sins that we might live.

Gospel Reading: John 20:19-23

***Closing Prayer:*** St. Ambrose

O Lord, who has mercy upon all, take away from me my sins  
And mercifully kindle in me the fire of your Holy Spirit.  
Take away from me the heart of stone, and give me a heart of flesh,  
A heart to love and adore you, a heart to delight in you,  
To follow and to enjoy you for Christ's sake. Amen.

### **Station 8. The Risen Lord Strengthens the Faith of Thomas**

***Antiphon:***

Thomas hoped, but just could not believe  
Jesus had returned  
'Til he saw the One for whom he yearned.

Gospel Reading: John 20:24-29

***Closing Prayer:*** *Anima Christi* ("Soul of Christ"), from the beginning of St. Ignatius of Loyola's *Spiritual Exercises*

Soul of Christ, sanctify me.  
Body of Christ, save me.  
Blood of Christ, inebriate me.  
Water from the side of Christ, wash me.  
Passion of Christ, strengthen me.  
O Good Jesus, hear me.  
Within your wounds hide me.  
Permit me not to be separated from you.  
From the wicked foe, defend me.  
At the hour of my death, call me and bid me come to you  
That with your saints I may praise you forever and ever. Amen.

### **Station 9. The Risen Lord Appears to His Disciples at the Sea of Tiberias**

***Antiphon:***

After fishing all night long at sea,  
Seven saw the Lord—  
Too many fish to haul aboard.

Gospel Reading: John 21:1-13

***Closing Prayer:*** From a Syrian liturgy of the first century

O God, you are the unsearchable abyss of peace, the ineffable sea of love, the fountain of blessings, the bestower of affection, and the one who sends peace. Open to us this day the sea of your love, and water us with the plenteous streams from the riches of your grace. Make us children of quietness, and heirs of peace. Enkindle in us the fire of your love; strengthen our weakness by your power; bind us closely to you and to each other in one firm bond of unity; for the sake of Jesus Christ. Amen.

### **Station 10. The Risen Lord Confers Primacy on Peter**

***Antiphon:***

"Do you love me?" asked the Risen Lord.  
"Yes, Lord, I love thee!"  
"Go," Jesus said, "and feed my sheep."

Gospel Reading: John 21:15-17

*Closing Prayer:* St. Augustine

I know, O Lord, and do with all humility acknowledge myself an object altogether unworthy of your love; but I am sure that you are altogether worthy of mine. I am not good enough to serve you, but you have a right to the best service I can pay. So impart to me some of that excellence, and that shall supply my own lack of worth. Help me to cease from sin according to your will, that I may be capable of doing you service according to my duty. Enable me so to guard and govern myself, so to begin and finish my course, that, when the race of life is run, I may sleep in peace, and rest in you. Be with me unto the end, that my sleep may be rest indeed, my rest perfect security, and that security a blessed eternity. Amen.

**Station 11. The Risen Lord Entrusts His Disciples with a Universal Mission**

*Antiphon:*

The Messiah died and rose again  
At dawn on the third day.  
Through Him your sins are washed away

Gospel Reading: Luke 24: 46-48

*Closing Prayer:* St. Ignatius of Loyola

Dearest Lord, teach me to be generous.  
Teach me to serve thee as thou deservest:  
    To give and not to count the cost;  
    To fight and not to seek for rest;  
    To labor and not to see reward;  
Save that of knowing that I do thy will. Amen.

**Station 12. The Risen Lord Ascends Into Heaven**

*Antiphon:*

“Once I’m gone, the Spirit will be sent.  
He will show the way  
To be my witnesses each day.”

Gospel Reading: Mark 16:19-20

*Closing Prayer:* From the Roman Missal of the 6<sup>th</sup>—8<sup>th</sup> centuries

Grant, we beseech Thee, almighty God, that we who believe  
Thine only-begotten Son our Redeemer  
To have ascended this day into heaven,  
May ourselves dwell in spirit amid heavenly things. Amen.

**Station 13. Mary and the Disciples Await the Holy Spirit**

*Antiphon:*

He had promised that soon unto them  
His Spirit would draw nigh  
To clothe them with pow'r from on high.

Gospel Reading: Acts 1:13-17, 20-22, 26

*Closing Prayer:* From a papyrus scroll from the middle of the 3<sup>rd</sup> century

Beneath your compassion, we take refuge, O Mother of God. Do not despise our petitions in time of trouble, but rescue us from dangers, only pure, only blessed one. Amen.

**Station 14. The Lord Sends the Spirit, Promised by the Father, to His Disciples**

*Antiphon:*

By the Spirit in the driving wind  
And the tongues of flame  
They found the courage to proclaim.

Gospel Reading: Acts 2:1-4

*Closing Prayer:* St. Augustine

Breathe in me O Holy Spirit that my thoughts may all be holy;  
Act in me O Holy Spirit that my works, too, may be holy;  
Draw my heart O Holy Spirit that I love only what is holy;  
Strengthen me O Holy Spirit to defend that which is holy;  
Guard me then O Holy Spirit that I may always be holy.  
Amen.

**Prayer to Conclude the Stations of Light – St. Jerome**

Lord, thou hast given us thy Word for a light to shine upon our path;  
grant us so to meditate on that Word, and to follow its teaching,  
that we may find in it the light that shines more and more until the perfect day;  
through Jesus Christ our Lord. Amen. Alleluia!