

## PRAYER OF ABANDONMENT

Father,

I abandon myself into your hands;  
do with me what you will.  
Whatever you may do, I thank you:  
I am ready for all, I accept all.

Let only your will be done in me,  
and in all your creatures -  
I wish no more than this, O Lord.

Into your hands I commend my soul:  
I offer it to you with all the love of my heart,  
for I love you, Lord, and so need to give myself,  
to surrender myself into your hands without reserve,  
and with boundless confidence,  
for you are my Father.

*Charles de Foucauld*