

Dear brothers and sisters in Christ,

Greetings and may the Lord be with you always!

We are approaching the 4th Sunday of Lent, and we will once again not be able to come together as a Parish community to celebrate the Holy Mass. The COVID-19 virus continues to test all of us at various levels of seriousness, and as your Pastor, I want to reach out to you to express my concerns for you as well as guide you during this very unusual Lenten journey.

Let me assure you that Our Lord is present to us all at this time. The **domestic church**-- your homes amongst your family—honors our Lord and His sacrifice which we ponder and pray about during this Lenten time. In order to help you keep Holy the Sabbath, I would like to suggest the following format that your families could utilize to enrich your Sunday, as well as to grow in the week following this 4th Sunday of Lent.

The Parish has provided you with a free membership to the **Formed** program. If you haven't been able to sign up for an account yet, I would truly encourage you to do so this week.

Instructions are as follows:

- Go to **www.Formed.org** and choose *sign up for a new account*.
- You will be asked if you are a member of a Parish group. Select this link. You will be asked to set up an account.
- Once you have been verified, you can then utilize any of the many programs and resources that can help you grow in your faith life.

For this next week, I would like us as a parish to consider watching the following program:

Adults and Teens:

At every Sunday Mass, Catholics confess that Jesus came down from heaven “for us men and for our salvation.” But what does “salvation” mean? The remarkable 10-part video series, ***Lectio: Salvation***, provides a thorough, deeply Catholic, and deeply biblical answer.

You can watch with your free parish subscription by simply selecting our parish's name during registration at [formed.org/signup](https://www.formed.org/signup). After signup, using the *Explore* option, select Lent 2020 and then season 1 of *Lectio: Salvation* This week, please, watch session 1 of *Lectio: Salvation*.

For the Young Ones:

Under the ***Options for Kids***: select any one of the many cartoons formatted to teach and inspire children of different ages. Also, you may wish to choose the *Jesus Stories*, and then take some time to discuss the thoughts your children may have about the parables.

For Youth:

Choose ***Why Believe*** volume 1, chapter 1, ***Who Do You Say That I Am?*** As you explore more options, choose a movie that, as a family, you can share together.

Please consider starting your Sunday with **watching Mass** either live from EWTN (8 am AK time) or through our **Website**(<https://www.kenacatholicchurch.org>), and **Facebook** where I will upload **videos of Weekdays and Sunday Mass**.

Please, check our Parish Website(<https://www.kenacatholicchurch.org>) as often as possible, there will be two letters from bishop Andrew Bellisario and read carefully his second letter(March 17). Also, I will upload weekly bulletin as well as instructions about Sacraments in our Parish.

If you have not signed up for using **My Parish app**, please consider loading this on your phone. Go to the App store and search for *myParish Catholic Life Every Day*. Once it is downloaded you will be asked to *Connect with your Parish*. Select the *see how* link. You can read the introduction or skip (see lower page of app). Finally, select *Find my Parish* and search for Our Lady of the Angels Catholic Church, Spruce St. This is quickly done by allowing a one- time locate choice. On the app, you will find messages from the Pastor, the bulletin, parish updates, and several online options for daily devotions.

Mass on EWTN can be seen on Youtube by searching for EWTN daily Mass. Use this link: www.EWTN.com. Select *live TV* if it is for the 8 A.M. time. Otherwise use the sidebar where recorded Masses are available by date.

May God bless you and protect you.

Fr. Michael

with Parish education team

Rosemary Bird, our DRE, has volunteered to assist individuals who are having trouble with the technology mentioned above. Please feel free to call her at 252-9106.