



SEAS Little Patriots Preschool Daily schedule of Activities

Full Day

- 8:45-9:00** **Arrival-** Children are welcomed by teachers. They put their coats and backpack away. Children wash their hands, sign in and join opening activity.
- 9:00-9:30** **Circle Time-** Welcome, calendar counting, weather, and morning prayer. Introduction of theme and explanation of free choice materials/learning centers.
- 9:30-10:15** **Free Choice-** Free choice materials and learning activities such as art, block, dramatic play, library, manipulatives, sensory, & large motor.
- 10:15-10:30** **Snack-** Students will be provided a snack adhering to the rules of USDA food regulation
- 10:30-11:00.** **Small Group Stations-** Students rotate through stations involving math, literacy, science and independent skills.
- 11:00-11:20** **Large Muscle Activity-** Children participate in a physical activity such as parachute, bean bag games, outdoor playground, creative movement, balls, etc.
- 11:20-11:30** **Prep Time-** Prepare for lunch, bathroom break, washing hands, getting lunches.
- 11:30-12:00** **Lunch-** Students eat together with an adult focusing on mealtime manners.
- 12:00-12:30** **Quiet Time-** Children will sit/lay quietly and look at books or work in their quiet time activity book.
- 12:30-1:15** **Specials -** Students will experience lessons regarding Social Studies, Art, Music, Science and Spanish. These topics are spread out through the month. Wednesdays are Physical Education.

- 1:15-1:35** **Small Group Stations-** Students rotate through stations involving math, literacy, science and independent skills. Wednesdays and Thursdays will include library.
- 1:45-2:00** **Snack & Social-** Students will be provided a snack adhering to the rules of USDA food regulation
- 2:00-2:25** **Free Choice-** Children will get to explore learning areas around the room.
- 2:25-2:45** **Gross Motor Activity-** Outside Play (if weather doesn't permit outside play, we will have activities set up in the gym)
- 2:45** **End of day-** Recite closing prayer, reunite with parents

This is a general schedule of a typical day. The schedule is subject to change

The greatest gifts you can give your children are the roots of responsibilities and the wings of independence. Denis Waitley

