

### Menu Subject to Change

### MAIN CAMPUS MAY & JUNE 2021 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3-May	4-May	5-May	6-May	7-May
<p><b>Chicken Nachos</b> Black Bean Salsa Tortilla Chips Mixed Fruit Cup</p> <p><b>ALTERNATE:</b> Chicken Cheddar Wrap</p>	<p><b>Penne Pasta with Italian Meat Sauce</b> Fresh Carrots &amp; Ranch Fresh Banana</p> <p><b>ALTERNATE:</b> Turkey &amp; Spinach Sandwich</p>	<p><b>Chicken Patty on a Bun</b> Mayo Steamed Green Beans Applesauce Cup</p> <p><b>ALTERNATE:</b> Southwest Chicken Wrap</p>	<p><b>Beef Sloppy Joe on a Bun</b> Steamed Corn Fresh Apple</p> <p><b>ALTERNATE:</b> Turkey &amp; Cheese Ciabatta</p>	<p><b>Buffalo Chicken Sandwich</b>  Garden Salad &amp; Ranch Fresh Carrots Applesauce Cup</p> <p><b>ALTERNATE:</b> Roast Turkey &amp; Cheese Sandwich</p>
10-May	11-May	12-May	13-May	14-May
<p><b>Macaroni &amp; Cheese</b> Fresh Carrots &amp; Ranch Fresh Apple</p> <p><b>ALTERNATE:</b> Turkey Club Sub</p>	<p><b>Meatball Marinara Hoagie</b> Mozzarella Cheese Steamed Mixed Vegetables Fresh Banana</p> <p><b>ALTERNATE:</b> Chicken Cheddar Wrap</p>	<p><b>Turkey Gravy</b> Tea Biscuit Mashed Potatoes Zucchini Coins &amp; Ranch Craisins</p> <p><b>ALTERNATE:</b> Turkey &amp; Spinach Sandwich</p>	<p><b>Teriyaki Chicken on a Bun</b> Fresh Broccoli &amp; Ranch Strawberry Cup</p> <p><b>ALTERNATE:</b> Southwest Chicken Wrap</p>	NO SCHOOL
17-May	18-May	19-May	20-May	21-May
<p><b>Turkey Burger on a Bun</b> Salsa Cheddar Cheese Fresh Carrots &amp; Ranch Fresh Apple</p> <p><b>ALTERNATE:</b> Roast Turkey &amp; Cheese Sandwich</p>	<p><b>Chicken Fajita in a Tortilla</b> Steamed Corn Fresh Banana</p> <p><b>ALTERNATE:</b> Chicken Caesar Wrap</p>	<p><b>Popcorn Chicken w/ Sweet &amp; Sour Sauce</b> Vegetable Brown Rice Fresh Broccoli &amp; Ranch Mixed Fruit Cup</p> <p><b>ALTERNATE:</b> Turkey Club Sub</p>	<p><b>Doritos Walking Taco</b> Refried Beans Applesauce Cup Oatmeal Cookie</p> <p><b>ALTERNATE:</b> Chicken Cheddar Wrap</p>	<p><b>BBQ Chicken Hoagie</b> Fresh Broccoli &amp; Ranch Cucumber Coins Peach Cup</p> <p><b>ALTERNATE:</b> Turkey &amp; Spinach Sandwich</p>
24-May	25-May	26-May	27-May	28-May
<p><b>Turkey Burger in Marinara Sauce on a Bun (Pizza Burger)</b> Mozzarella Cheese Steamed Corn Applesauce Cup</p> <p><b>ALTERNATE:</b> Southwest Chicken Wrap</p>	<p><b>Chicken Patty on a Bun</b> American Swiss Cheese Garden Salad &amp; Ranch Fresh Broccoli Fresh Banana</p> <p><b>ALTERNATE:</b> Turkey &amp; Cheese Ciabatta</p>	<p><b>BBQ Chicken Drumstick</b> Vegetable Brown Rice Fresh Carrots &amp; Ranch Strawberry Cup</p> <p><b>ALTERNATE:</b> Roast Turkey &amp; Cheese Sandwich</p>	<p><b>Chicken Gyro in a Tortilla</b> Sour Cream Fresh Broccoli &amp; Ranch Fresh Orange</p> <p><b>ALTERNATE:</b> Chicken Caesar Wrap</p>	<p><b>Cheeseburger</b> Baked Beans Fresh Apple</p> <p><b>ALTERNATE:</b> Turkey Club Sub</p>
31-May	1-Jun	2-Jun	3-Jun	
MEMORIAL DAY NO SCHOOL	<p><b>Penne Pasta with Italian Meat Sauce</b> Fresh Carrots &amp; Ranch Fresh Banana</p> <p><b>ALTERNATE:</b> Turkey &amp; Spinach Sandwich</p>	<p><b>Chicken Patty on a Bun</b> Mayo Steamed Green Beans Applesauce Cup</p> <p><b>ALTERNATE:</b> Southwest Chicken Wrap</p>	<p><b>Beef Sloppy Joe on a Bun</b> Steamed Corn Fresh Apple</p> <p><b>ALTERNATE:</b> Turkey &amp; Cheese Ciabatta</p>	<p>Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.