

AUGUST | 2020

Immaculate Heart of Mary Cafeteria



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
10	11	12	13	14
17	18	19	20 Baked Ziti with Breadstick Steamed Broccoli Garden Salad Mandarin Oranges Fresh Fruit Milk	21 French Toast Scrambled Eggs Salsa Veggie Boat Baked Apples Fresh Fruit Milk
24 Mini Corn Dogs Mac & Cheese Corn Broccoli with Dip Frozen Sidekick Diced Peaches Milk	25 Cheeseburger/Hamburger Potato Wedges Baked Beans Diced Pears Fresh Fruit Milk	26 Salisbury Steak Dinner Roll Mashed Potatoes Green Beans Pineapple Tidbits Fresh Fruit Milk	27 3 or 4 Way Chili Spaghetti Kidney Beans, Onions Shredded Cheese, Oyster Crackers Glazed Carrots, Veggie Boat Mandarin Oranges, Fresh Fruit Milk	28 Cheese Bites with Marinara Sauce Green Beans Garden Salad Applesauce Fresh Fruit Milk
31 Chicken OR Cheese Quesadilla Salsa, Sour Cream Refried Beans, Corn Frozen Sidekick Diced Peaches Milk	1	2	3	4

News

Alternate Meal Choices

*Offered daily

• **Hummus Grab n Go**

- Hummus cup
- Tostitos chips
- Cheese stick
- Carrots and Dip
- Fruit Cup
- Milk/ Juice

• **Protein Pack**

- Hard Boiled Egg
- Cheese stick
- Jungle Crackers
- Fruit Cup
- Carrots and Dip
- Milk/ Juice

• **PB and J Grab n Go**

- PB and J
- Cheese stick
- Goldfish
- Carrots and Dip
- Fruit cup
- Milk/ Juice

• **Turkey Coin and Cheese Lunchable**

- Turkey Coins
- Cheese Cubes
- Ritz Cracker
- Cheez-its
- Carrots and Dip
- Fruit Cup
- Milk/Juice

*Not offered on Fridays

• **Chef Salad, Turkey**

- Large Salad w/ Turkey
- Goldfish *2, Fruit cup
- Milk/Juice

*Not Offered on Fridays

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