

## WEDNESDAY

**9:00 - 9:50 HP62HPW**

**Why Studebaker Failed**

**Leighton Schmitt**

**Location: Howard Park 1**

This history course will discuss why Studebaker went out of business and several chances that might have saved them. Studebaker made great cars, but that wasn't enough for them to stand the test of time. We'll focus on the business decisions Studebaker executives made and discuss the external forces that ultimately led to the end of the line for South Bend's largest company. It's a story of drama, dividends, suicide, big gambles, brilliance, idiocy, great successes, and huge losses.

**Max: 50 Min: 5 10 weeks**

**9:00 - 9:50 BF21W**

**Investing for Retirement**

**Steve Carlock**

**Location: FLI Rm 5**

In this class you will learn how to use investments such as CD's, stocks, bonds, mutual funds, and annuities to help you secure your retirement. This class explains each investment and how it fits into your overall retirement portfolio. We will discuss investing to control taxes, outpace inflation, and to protect your hard-earned assets for you and your heirs.

**Max: 15 Min: 5 10 weeks**

**9:00 - 9:50 HF32W**

**Easy Fun 8 Form Tai Chi Chuan**

**Cecelia Hossler**

**Location: FLI Upper Room**

Are you sore and tired from working out? Too old to exercise? Too busy? Then T'ai Chi Chuan Easy 8 Form is perfect for you, regardless of your age, gender, or level of fitness. The 50 minute exercise a day will increase your strength, energy, flexibility, and emotional outlook. It also lowers blood pressure, reduces blood sugar, and relieves arthritis pain.

**Max: 20 Min: 6 10 weeks**

**9:00 - 10:20 LS13W**

**Advanced Beginning Spanish**

**Nancy Sechrest, M.A.**

**Location: FLI Rm 4**

This class is a continuation from the autumn session. We will continue using *Destinos*, Second Edition of the Alternate Edition. Please have the text and the workbook before spring semester begins so there is no need for making copies.

**Max: 15 Min: 10 weeks**

**9:30 - 10:30 HP41W**

**Great Decisions 2020**

**Paul Stevenson, M.A.**

**Location: FLI Rm 2/3**

Great Decisions is a national, grassroots foreign policy discussion program produced annually by the Foreign Policy Association. Each meeting will cover a current global affairs issue with a video and discussion. Topics for 2020 are Climate Change and the Global Order, India and Pakistan, Red Sea Security, Modern Slavery and Human Trafficking, U.S. Relations with the Northern Triangle, China's Road into Latin America, The Philippines and the U.S, and Artificial Intelligence and Data.

**Max: 20 Min: 6 8 weeks**

**9:30 - 10:20 DN31W**

**Beginning Hawaiian Dance**

**Becky Albrecht**

**Location: FLI Gym**

Hula and Hawaiian dances are gentle forms of movement that work the muscles responsible for balance and coordination. First time students are encouraged and will find this ancient dance beneficial physically and emotionally. It is a wonderful way to promote relaxation. *Copy fee: \$1.00, due to the instructor at the first class.*

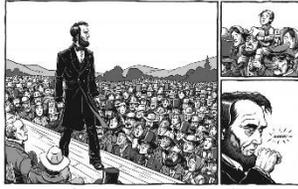
**Max: 25 Min: 5 10 weeks**

**Forever Learning relies on  
volunteers for many (most!) of  
the activities of our organization.  
We are particularly in need of  
assistance for the following  
positions:**

- Meteorologist or Natural Sciences Instructor
- Zumba Instructor
- Ethnic Cooking instructor
- Course Guide delivery
- Event setup and teardown, particularly the ability to move tables and setup audio visual.

**10:00 - 10:50 LT11JFW****Tales to Astonish!****Ben Davis, M.A.****Location: J Fed**

Do you want to open yourself to an entire new world of literature? - then this class will help.



Most people do not realize that comic books and graphic novels are a format, not a genre. Comics use sequential art to tell a story in a cinematic way, that is different from prose, but are no less deep, thought provoking or elegant as some of the best novels in history. You may even be surprised to find out that your favorite author may have already written a comic book. Graphic novels and comics can be fiction, non-fiction, history, fantasy, or anything in-between. Enter a whole new world of literature that is only limited by imagination. This class will explore many different genres including crime noir; romantic comedy, whimsical fantasy, science fiction and of course Superheroes, just to name a few. Open yourself up to a whole new world of literature. All you need is a library card and an open mind. (an iPad or Tablet can be helpful but is not required). *March 4 – May 13 No class April 15.*

**Max: 12 Min: 3 10 weeks****10:00 - 11:50 MU11W****Silvertones****Maretta Hershberger, M.A.****Location: FLI Upper Room**

Silvertones is a glee club for seniors – no auditions! We welcome anyone who wants to sing. Our focus is on performance of music that is both fun and entertaining, as well as serious. Silvertones gives a public concert each semester and frequently performs for senior groups, retirement centers and service clubs. Great camaraderie adds to the fun.

**Max: 40 Min: 10 10 weeks****10:30 - 11:20 HF46W****Strong for Life****Leah Kelly Schrock****Location: FLI Gym**

Are you interested in exercises which will improve your strength, overall function, and balance, even if you have some limitations? This class should help make moving around easier which will help you remain active, which will in turn contribute to your ability to continue to do everyday activities. Color-coded exercise-bands that

heighten the effectiveness of each movement will be provided. A chair is used for seated exercises and standing support.

**Late start/First Class March 18.****Max: 20 Min: 5 8 weeks****10:30 - 11:50 LS24W****Advanced Intermediate Spanish****Nancy Sechrest, M.A.****Location: FLI Rm 4**

This is an ongoing class from prior semesters. Students will need *Destinos, Second Edition of the Alternate Edition*. Please make sure you have both the *text and the workbook* before spring session begins. We likely will continue using the *Situaciones* text and workbook also. Other materials may be used at the discretion of the instructor.

**Max: 15 Min: 10 weeks****10:30 - 11:50 AC81W****Digital Photography Workshop****Bernadette Clemens-Walatka B.A.****Location: FLI Rm 1**

All levels of experience are welcome. We use any camera from cell phones to changeable lens cameras. There is an assignment of each week, after the first week, of four printed 8" by 10" prints that we share. The photos are mounted on Bristol Board with acid free glue sticks. We Discuss the details during the first class including printing and mounting. The group discussions are gentle and positive with a small group of friends.

**Max: 12 Min: 6 8 weeks****10:30 - 12:20 CT14W****iPhone and iPad Basics****Richard Sunshine, Ph.D., Jane Keller and Marilouise****Hagenberg, M.A., M.S.****Location: FLI Rm 5**

Become acquainted with the iPhone and iPad and have fun while you expand your skills in this hands-on class. The class will focus on the basics, but will also cover tips, tricks, and apps which save time, steps and provide new features as time permits. Synergies between the iPhone and iPad will be emphasized. An iPhone running the current iOS 13 operating system or iPad running the iPadOS 13 is required. *Copy fee: \$5.00, due to the instructor at the first class.*

**Max: 8 Min: 5 10 weeks**

**10:30 - 11:20 HF11W**

**Spring Walking Club at St. Joseph County Parks**

**Jamie Hartzke**

**Location: St. Patrick County Park**

St. Patrick's County Park (April 15, 29 and May 13)

Spicer Lake Nature Preserve (April 22)

Bendix Woods County Park (May 6)

Walks begin at 10:30 am

Boomers put on your walking shoes and enjoy what spring has to offer at St. Joseph County Parks! We'll walk the scenic park trails and learn about the history and features of each park. Each walk will be approximately 50-60 minutes. Transportation provided to other sites from St. Patrick's County Park. NO FLI tuition. Please register at FLI and pay at 1st class. Fee: \$15.00 per person for 5 sessions. Questions about the walking club can be directed to Jamie Hartzke at 574/277-4828.

**Max: 75 Min: 5 5 weeks**

**11:00 - 12:20 LT21W**

**Short Stories: American Women Writers**

**Sonia Gernes, Ph.D.**

**Location: FLI Rm 2/3**

This course will examine short stories written by American women from 1892 to 1991. We will analyze the stories from a literary perspective, looking at how each author handles the elements of fiction to portray her vision of life and experience. We will also examine some aspects of gender and women's history. Students will be expected to read the assigned story prior to class and be prepared to discuss it. Discussion questions will be handed out prior to the class.

Text: *The Art of the Short Story*. Dana Gioia and R. S. Gwynn, editors. Pearson, Longman, publishers. Paperback. (Available on Amazon.)

**Max: 24 Min: 10 9 weeks**

**11:00 - 11:50 RP54W**

**Spirituality and the Earth**

**Robert Asplund, MS**

**Location: FLI Rm 6**

In this course the teacher will pursue the hypothesis that spirituality (not necessarily religion) is an important attribute for all humans to understand and develop. We will identify factors that enhance or inhibit the development of this attribute using current and historical resources and also stories from prehistory (like the gradual transition from "Mother Earth" to "God the Father"). We especially note that the survival of nature (even with its current stresses) is a most

important synergistic factor in this goal by examining topics such as diversity within and evolution of ecosystems. Please note the possibility that some current beliefs might be challenged in this course. *Copy fee: \$3.00, due to the instructor at the first class.*

**Max: 15 Min: 8 8 sessions**

**12:00 - 1:20 RP33W**

**To Resacralize the World:**

**St. Paul and the French Philosophers**

**Chris Miller, M.A.**

**Location: FLI Rm 6**

Modern French Philosophers, some of whom are 'atheists' have turned to St. Paul in order to "rediscover" the divine presence of a world in which Christianity is seemingly exhausted. At least, Friedrich Nietzsche claims this to be so. Our class will speak about this sense of religion and spirituality that is emerging to resacralize the modern world. St. Paul, Jacques Derrida, Alain Badiou, Martin Heidegger, and others are on the docket. *Copy fee: \$5.00, due to the instructor at the first class.*

**Max: 15 Min: 5 10 weeks**



**12:00 - 1:50 HF43W**

**Matter of Balance**

**Leah Kelly Schrock**

**Location: FLI Upper Room**

Too many of us are falling down and 1 in 5 falls result in serious injury. It is becoming more and more important to learn how to manage falls, manage our concerns

about falling, and improve our activity levels. We will learn to make changes to our environment which reduces our fall risks and set goals for increasing physical activities. We will also do gentle stretching, range of motion, and flexibility exercises. This is

a falls prevention class - we will not be discussing or demonstration how to fall.

**Late start/First class March 18.**

**Max: 20 Min: 5 8 weeks**



**12:00 - 1:50 BF11SFW**

**Legal Opportunities and Issues for Those 60 and Better**

**Douglas Germann, Sr., JD**

**Location: Southfield Village**

What are you facing these days? This is a course directed by you: Your questions become our course outline. For instance, you can learn about:

- The crisis of paying for long-term care and nursing homes
- Guardians and POAs
- Alzheimer's and dementia
- The long-term care labyrinth
- Medicaid
- Wills
- Trusts
- How to choose the right nursing home or assisted living
- End of Life conversations and choices  
What help is there in our community?
- Living Wills, DNR, POST, and other advance directives
- How to be an executor
- How to be a POA

Special note: For the first class, we will be showing an excerpt from a film called "Consider the Conversation," about how we are treated by our medical system and our culture as we approach death, and what is the best way to get the amount and kind of care we want.

**Max: 12 Min: 8 6 weeks**

**12:30 - 1:50 RP81W**

**Pilgrimage on the Camino de Santiago**

**Thomas Labuziowski**

**Location: FLI Rm 5**

The Camino in Spain pilgrimage can be life transformational. The vast majority of pilgrims say the Camino is one of the most powerful experiences of their life. There are many routes and ways to walk one of the oldest paths in the world. There are short or lengthy options.

The class will feature several local Camino pilgrims who will provide insights, advice and answer questions. You will see why the Camino is so unique and stands out compared to other walks, pilgrimages and world travel destinations. Many past students of this class have successfully completed their own Caminos.

**Max: 15 Min: 6 10 weeks**

**12:30 - 1:20 LT24W**

**A Farewell to Arms by Ernest Hemingway**

**Steven Gable, M.D.**

**Location: FLI Rm 2/3**

*A Farewell to Arms* by Ernest Hemingway is considered by many to be his finest book. It is also held to be the best novel concerning World War I. And many feel it is one of the greatest love stories in all of literature. Hemingway, in real life, was a wounded ambulance driver in Italy who fell in love with a nurse. In 1929, he wrote this novel about an American ambulance driver who is wounded in Italy and loves a nurse. Is this autobiography or is it fiction? Is it good or is it great? We will also read the short story "Big Two-Hearted River" and discuss its relationship to the novel. *There will be no classes March 18 and March 25.*

**Max: 30 Min: 5 8 weeks**

**1:00 - 2:20 DN42W**

**Old Time Ballroom Dance: Time-Travel**

**Kate Shoupe**

**Location: FLI Gym**

Do you enjoy social dancing? Come and try Old Time Ballroom dancing — an easy to learn, sociable, and enjoyable exercise. All dancers perform the same



sequence of moves based on ballroom dance steps and music. No need to come with a partner.

This semester we will travel back through time from the present to 1650, learning a few dances of each period: 20-21st century two-step, swing, blues, tango, and the foxtrot; 19th century waltz and waltz cotillion, schottische, polka, and quadrilles; 17-18th century waltzes, longways country dances, and perhaps even a minuet. Come join us for a whirl on the dance floor!

**Max: 30 Min: 8 10 weeks**

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**Scholarships are available for all Forever Learning classes based on space availability. These scholarships are possible through the generous donations of all those who embrace learning. Forms are available in this guide, in our office and online.**

**1:00 - 2:20 LT25W**

**The Reflective Journal**

**Lev Levenson, Ph.D, MSW**

**Location: FLI Rm 1**

The term “reflective journal” refers to a journal or diary in which you seek to reflect on and examine your life. The specific entries will vary from person to person and from time to time.

The goal of this course is to enable you to benefit from writing about your thoughts and feeling, the situations you encounter,



and the experiences you have. By using the methods I will teach, you will be enabled to explore yourself in some depth, who you are, the meaning of your life, the contributions of your past, present and future to your continuing development as a person.

The benefits of keeping a reflective journal have been shown in clinical studies and research, and in informal comments. The benefits include increased insights into yourself; increased ability to cope with stress; development of your spiritual self; and resolution of psychological and social issues, both past and present. Using a reflective journal also aids in one’s ability to deal with aging concerns.

The course will consist of a number of methods of writing a reflective journal, class discussion, and in-class exercises. No prior experience in writing a diary or journal is required. There is no text; handouts will be provided.

**Max: 8 Min: 4 10 weeks**

**1:30 - 2:20 AC32W**

**Beginning Quilling**

**Dahnean Roth**

**Location: FLI Rm 4**

Quilling is a paper filigree art of rolling strips of paper to form a variety of shapes and place them into a format to create virtually anything artistic. *Material fee: \$20.00 due to the instructor at the first class, for tools and materials.*

**Max: 12 Min: 5 10 weeks**

**2:00 - 2:50 PD21W**

**Okay Boomer - Understanding Generational Differences**

**Dorothy J. Mincy M.A.**

**Location: FLI Rm 5**

What are the differences between the Traditionalists, the Baby Boomers, Generation X and the Millennials? Which generation is known as “the Doers” the Radio Babies, and the Chief Friendship Officers? Which is the “Me” generation?

What influenced each generation? Are core values drastically different and if so, how does that impact our society? How does each generation view education and how do they deal with money? What does each generation think about retirement? Which group “lives to work” and which has a strong sense of entitlement? Come and find out when generational differences matter and when they do not. Dive into a more comprehensive understanding of each generation so that you can understand what we really mean by “generational differences”.

**Late start/First class March 11**

**Max: 10 Min: 3 8 weeks**

**2:00 - 3:20 HF21W**

**Hatha Yoga**

**Jeanne Cook, M.A.**

**Location: FLI Upper Room**

Yoga for beginners and continuing students. Yoga postures (asanas), yoga breathing techniques (pranayama), and deep relaxation. Practice emphasizes the mind as well as the body in this very traditional yoga of India. Improve flexibility, balance, and sense of well-being. You will need to bring your own mat, blanket, or towel to lie on.



**Max: 20 Min: 5 10 weeks**

**2:00 - 3:50 RP71SFW**

**Did Grandma/Grandpa Ever Tell You the Story...?**

**Douglas Germann, Sr., JD**

**Location: Southfield Village**

For sale: baby shoes, never worn; mourning shawl, threadbare; 101 stories told into 11 sets of grandchildren’s eyes.

What is the value of a story—even such a short story—to downstream generations? Might we get intentional about using story not just to build a better world, rather to grow a better humanity?

We study story theory and craft from the likes of Collins, Campbell, McKee, Eisler, and Kelly; we probe

ways to use story to bend the arc of humanity. We practice writing, telling, and hearing stories. We look at what futures are possible, what it means to be human, how our stories might travel across generations, and artful soulful ways to invite a more finely-woven, far-sighted, and promise-making species. Your homework for our first meeting: write a story about someone finding a way. You will be encouraged to read a lot.

**Max: 12 Min: 4 10 weeks**

**2:00 - 2:50 LH31JFW**

**Hebrew**

**Chen Nissan, Israeli Emissary**

**Location: J Fed**

This class is for participants who have Hebrew reading and basic grammar skills. We will study grammar and practice all four language skills: reading, writing, listening and speaking. Textbook: *Living Language - Hebrew*, by Living Language and Amit Shaked Pasman.

**No class April 15.**

**Max: 12 Min: 5 9 weeks**

**2:30 - 3:20 LS21W**

**Beginning Spanish 1 Continued**

**Robert Hama, M.A.**

**Location: FLI Rm 6**

This course will continue the Beginning Spanish 1 class taught in the Fall '19 semester. We will use the book *Spanish in 10 Minutes a Day* by Kristine K. Kershul (available at Barnes and Noble or Amazon), beginning with chapter 11. New students are welcome, but please obtain the book in advance and review chapters 1-10 on your own. We will work in large and small groups to practice pronunciation and speaking. Linda Conyers, Frank Gray, and Nancy Strauss are co-teachers.

**Max: 25 Min: 7 10 weeks**

**2:30 - 3:20 AC33W**

**Intermediate Quilling**

**Dahnean Roth**

**Location: FLI Rm 4**

This is a continuing quilling class from the beginner quilling class. It is required to take the beginning quilling class before taking the intermediate class. *\$15.00 is due to the instructor at the first class for materials.*

**Max: 12 Min: 5 10 weeks**

## Forever Friendly Charitable Contributions

If you are age 70½ or older, IRS rules require you to take required minimum distributions (RMDs) each year from your tax-deferred retirement accounts. This additional taxable income may push you into a higher tax bracket and may also reduce your eligibility for certain tax credits and deductions. To eliminate or reduce the impact of RMD income, charitably inclined investors may want to consider making a qualified charitable distribution (QCD).

A QCD is a direct transfer of funds from an IRA custodian, payable to a qualified charity like Forever Learning. Amounts distributed as a QCD can be counted toward satisfying your RMD for the year, up to \$100,000, and can also be excluded from your taxable income.

This is not the case with a regular withdrawal from an IRA, even if you use the money to make a charitable contribution later. In this case, the funds would be counted as taxable income even if you later offset that income with the charitable contribution deduction.

Why is this distinction important? If you take the RMD as income, instead of as a QCD, your RMD will count as taxable income. Having higher taxable income can directly impact your eligibility for certain deductions and credits. For example, your taxable income helps determine the amount of your Social Security benefits that are subject to taxes. Keeping your taxable income level lower may also help reduce your potential exposure to the Medicare surtax. Please consult your tax professional to determine for the most effective options for your specific financial situation.