

9:00 - 10:20 SN12HPT**Human Memory****Marie A. Blunt, M.Min.****Location: Howard Park 1**

How accurate is a witness's memory of a crime? Do brain training programs work? In what ways is long-term memory not like a library? And perhaps most pressing... How can I improve my memory as I age? This course's main goal is to share a basic understanding of the concepts in human memory and learning. To achieve this goal we will explore concrete techniques for becoming more productive learners, learn about the ways our memory can get us into trouble (and what to do about it), and discuss the philosophical nature of what it means to live a healthy and meaningful life with your memory system. **No class March 24.**

Max: 50 Min: 7 9 weeks**9:00 - 10:20 LT82T****Reading Anna Karenina****Max Westler, Ph.D.****Location: FLI Rm 6**

"No author who has ever lived has shown such power of insight into the variety of life---the differences, the contrasts, the collisions of persons and things and situations, each apprehended in its absolute uniqueness and conveyed with a degree of directness and a precision of concrete imagery to be found in no other writer." Those are the words of Isaiah Berlin praising the art of Leo Tolstoy. We will be spending our semester reading a single novel: Tolstoy's *Anna Karenina*, arguably his greatest work. It is of crucial importance that we all be using the same text---in this case, *the translation by Richard Pevear and Larissa Volokhonsky*, available as a Penguin Classic Deluxe Edition (ISBN 0-14-303500-2). This edition is available from Amazon for \$16.00 (new) or less (used). If you are planning to take this course, you must have this text.

Max: 12 Min: 5 10 weeks**9:00 - 10:20 RP21T****Reading the Gospels****Deacon John Tugman B.A.****Location: FLI Rm 5**

Shared reading of the complete Gospels of Matthew, Mark, Luke and John. This will be a participation course, not a lecture. Class will sit in a circle and everyone who is willing will take a turn reading aloud a paragraph or so of whichever Gospel we're working on that week, with the hope of completing each Gospel in two or three consecutive meetings. A participant may choose

to not read aloud, but it is hoped that most everyone will be willing to take a turn as we go. There will be some opportunity for discussion and questions, but not in great depth; we want to hear each story as a whole. You may bring your own favorite Bible or use one of the many options Deacon John will make available.

Max: 12 Min: 5 10 weeks**9:00 - 10:20 CT72T****Using Office Word: Photos & Documents****Phil Bertoni, MNS****Location: FLI Rm 1**

Students will spend several sessions learning (reviewing) the basics of the Microsoft Word software program. Next, students will learn how to work with photos & illustrations – resizing, cropping, rotating, inserting text captions, etc. Uploading photos from their particular smart phone to their PC as well as downloading photos & illustrations from the Internet & emails to their PC will be covered. Inserting photos & illustrations into Word documents will be a focus. Creating greeting cards will be the main focus. Creating newsletters & flyers will also be discussed. Students will need their own lap-top PC computer (sorry, Apple users). Only one computer software program installed on your PC will be required: Microsoft Word. *Copy fee: \$5.00, due to the instructor at the first class.*

Max: 10 Min: 2 10 weeks**9:00 - 9:50 SN44T****Basic Economics****James Halteman Ph.D.****Location: FLI Rm 2/3**

This class explores the way our economic system produces and allocates resources by using practical examples from the real world. How do markets work and where do they fail? What role might the government play in these processes? How can we maintain trust in each other when markets are so impersonal? Is the gap between the rich and poor expanding and, if so, what should we do about it? Do we benefit from world trade? What moral and ethical principles apply in economic activity? What might the economic world look like in 50 years? No economic background is needed for this course. Participants need only have a curiosity about the many places where economics touches their daily lives.

Max: 30 Min: 10 10 weeks

TUESDAY

9:15 - 10:15 HF52JFT

Stretching, Toning & Yoga

Dottie Wallace, M.S.

Location: J Fed

This class is a combination of exercises to strengthen and tone muscles of the whole body, as well as yoga practice for balance and relaxation purposes. You need to bring a Yoga mat to sit, a large towel and a stretchy band. *This class meets twice each week, on Tuesday and Thursday.*

Max: 15 Min: 5 10 weeks

9:30 - 11:20 LT33T

Creative Writing: Fiction and Memoir

Beth Buechler

Location: FLI Rm 4

This fiction and/or memoir course will be about writing engaging plots, dialogue, settings, and compelling characters; and later, applying revisions. Sustaining an audience for memoir other than family is quite the challenge; so, writing your personal story as fiction doesn't mean making up lies. It means applying certain skills. *\$5 copying fee to instructor at the first class.* Two Books of Suggested Reading are: *On Writing*, by Stephen King (any version is fine), and *The Situation and the Story: The Art of Personal Narrative*, by Vivian Gornick.

Max: 10 Min: 4 10 weeks

10:00 - 11:20 SN22HPT

The Universe

James Powell, Ph.D.

Location: Howard Park 2

The Universe is a series of lecture presentations explaining the origin of creation from the very beginning (The Big Bang) up to the present time (Now) with all the twists and turns needed to create a habitable planet with living creatures. Topics in the six class sessions are: The Ancient Universe, Astronomy and Telescopes, The Cosmos, The Galaxies and Stars, The Solar System and Planets, and The Earth. The presentations require little or no prior scientific knowledge.

Max: 50 Min: 5 6 weeks

10:30 - 12:20 CT13T

iPad Photo Editing Workshop

Richard Sunshine, Ph.D. and Jane Keller

Location: FLI Rm 5

This workshop will use a \$2.00 and a \$5.00 app on the iPad to edit photos and create collages. The photo

editing will include removing unwanted features, adding images, changing background, and adjusting the exposure and color in selected areas of student photos, and adding text. The apps will provide many of the features of Photoshop Elements at a much lower cost.

Max: 8 Min: 5 10 weeks

10:30 - 12:50 SP11T

The Golden Age of Cinema

Randall Matthews and Jeff Schneider

Location: FLI Rm 2/3

Our class will enjoy watching a classic movie each session. We will frame the movie with an instructor introduction and a summary analysis by both the instructor and the class.

Max: 30 Min: 5 10 weeks

10:30 - 11:20 PD22HPT

After the Casserole

Marie A. Blunt, M.Min.

Location: Howard Park 1

What do you do after your neighbor's spouse dies? How can you help a friend when cancer is diagnosed? What do you say when your adult child loses a job? What are the signs of clinical depression versus 'the blues?' When something tragic happens, we know to bring a casserole, but often don't know what to say or do next. This class will offer practical skills from the Christian perspective such as listening, prayer, stages of grief, community resources, assertiveness and how to recognize when a professional might be helpful. *No class March 24.*

Max: 50 Min: 8 9 weeks



11:00 - 12:20 LT81T

The Red and The Black by Stendhal

James Field, M.D.

Location: FLI Rm 6

This French novel follows the life and adventures of the complex protagonist, Julien Sorel, in a story of ambition, passion, deceit, and betrayal. The setting is Restoration France in the 1820's, which is vividly portrayed with elements of satire.

The recommended text is The Modern Library edition, translation by Burton Raffel and introduction by Diane Johnson.

Max: 20 Min: 5 10 weeks

11:00 - 12:20 SP41T**Beginning/Continuing Sign Language****Marcia Haslett M.Ed.****Location: FLI Rm 1**

Our course will help you learn and continue your skills using a Visual Language. An introduction to hearing loss followed by lots of practice using basic conversational vocabulary, fingerspelling, and the importance of gesture/mime, facial expressions, eye-gaze and body language. Sign it to say it! *Sign book available from instructor at first class, \$11.00. Copy fee: \$4.00, due to the instructor at the first class.*

Max: 15 Min: 4 10 weeks**11:30 - 12:50 LF13T****French 101B****Jerry Gloster, M.A.****Location: FLI Rm 4**

Elementary Beginning course in the French language—a new beginning for students new to the language or those who really need an intense refresher course. Text: *French for Beginners* by Angela Wilkes, Passport Books, any edition. As soon as you sign up for the class, if you do not already have the text, go online and order it immediately. Books come from Britain and take a couple of weeks or so to arrive. Watch pricing. Most are way overpriced, but if you search carefully, you can find copies at a decent price. *Copy fee: \$3.00, due to the instructor at the first class.*

Max: 10 Min: 3 8 weeks**12:30 - 1:20 MU31T****Introduction to the Accordion****Bill Schmitt MPA and David Doolin****Location: FLI Upper Room**

The accordion is a favorite traditional yet modern instrument. We'll take enjoyable looks at cultural music worldwide and the accordion's role, plus the playing and performing - of polkas and way beyond. Ability to read music is not required, but useful. Accordions will be available for rental at a low fee. Bill Schmitt has been an accordionist since his youth, but in recent times has made new presentations thanks to a digital accordion and his activity with The Music Village as instructor and board member. He wants to share his love of the instrument as part of people's international legacies and local community-family life. Dave Doolin's familiarity with the instrument inside and out helps provide and enjoyable, song based introduction.

Late Start/First class March 17.**Max: 8 Min: 3 8 weeks****1:00 - 1:50 PD11T****Issues in Aging****Kirsten Sharpe****Location: FLI Rm 6**

This will be a seminar course with a different speaker/expert each week to assist students with a variety of issues we all face as we enter the third age of our lives. Students must register for the entire series at a single class fee. Speakers will include:

- Luis Zapata, VP Financial Wellness, 1st Source Bank - What is identity theft, how it happens, how to prevent it, and what to do if it happens to you.
- Tammy Higginbotham, CarePatrol - What is the difference between In-Home Care & Home Health Care? Who pays, knowing when you should be asking for help and what services are offered.
- Kirsten Sharpe, The Realtor for Seniors, Managing Broker & Owner of Sharpe Realty - Overwhelmed by the Thought of Moving, Where to start and what to expect.
- Mike Snyder, Prairie Publications - Music's effect on keeping you young & sharp.
- Paul Eash, Elder Care Attorney - POA, Guardianship and other elder law topics.
- Cyndy Searfoss, Foundation for Hospice - Hospice 101: what you need to know about hospice and palliative care.
- Shauna Luthringer, Palmer Funeral Home - Funeral pre-planning and how that provides guidance and peace of mind to your family.
- Bret Forsyth, Edward Jones - Making your money last in retirement - plan for the expected & prepare for the unexpected.
- Jim Turnbo III, Fitness and Nutrition expert, author and speaker - How regular exercise, balanced nutrition, and brain training can help you age gracefully.
- Officer James Burns, South Bend Police Dept. - Personal safety: how to stay safe inside and outside your home.

Max: 15 Min: 5 10 weeks**1:00 - 2:20 RP43T****Dietrich Bonhoeffer: A Man for Our Season?****LeRoy Friesen, OCDS, Ph.D.****Location: FLI Rm 5**

This is a largely biographical study of German Lutheran churchman Dietrich Bonhoeffer, born in Breslau in

1906, hanged on Hitler's orders on Easter Monday, 1945. Themes explored include: family/faith/vocational origins; early international/ecumenical exposures; central role in Confessing Church/German Christian conflict; the illegal Finkenwalde seminary; the theologian as resistor; the prisoner in love; radical writings from the cell; the posthumous struggle for Bonhoeffer's legacy. The central, albeit primarily implicit, question of the course: what word does this scarcely believable life speak to us in 2020?

Max: 15 Min: 5 10 weeks

1:00 - 2:50 HL31T

Chinese Mahjong

Cecelia Hossler

Location: FLI Rm 1

Mahjong is a Chinese game of skill, strategy, and calculation. It is considered a "mind sport" and is fun and interesting to play. The game is played with four players using a collection of tiles divided into five or six suits. You will learn the basics of the official game and strategy tips for playing. Researchers believe that playing the game is beneficial for individuals with the beginning signs of dementia, cognitive, and memory difficulties. So, come challenge your mind with Chinese Mahjong.

Max: 8 Min: 4 10 weeks

1:00 - 2:20 LF23T

French 101D

Jerry Gloster, M.A.

Location: FLI Rm 4

Advanced Beginners Class.

Continues from Spring semester

2019 and Fall semester

2019. The class is for those already with a rudimentary knowledge of French or those who need a refresher course. Those who know a little French should have no problem catching up. Will do a brief review the first class day. And for those completely new to French, I will provide extra tutoring to help you keep up. Text: *French for Beginners* by Angela Wilkes, Passport Books, any edition. As soon as you sign up for the class, if you do not already have the text, go online and order it immediately. Books come from Britain and take a couple of weeks or so to arrive. Watch Pricing. Most are way overpriced, but if you search carefully, you can find copies at a decent price. *Copy fee: \$3.00, due to the instructor at the first class.*

Max: 12 Min: 4 8 weeks



1:30 - 2:50 LT31T

Storytelling and Philosophy:

Flannery O'Connor and Simone Weil

E. Jane Doering, Ph.D. and Ruthann K. Johansen, Ph.D.

Location: FLI Rm 2/3

In our 21st century conditions of political and economic unrest, the long wars and social oppression that contribute to forced migrations of unprecedented numbers of refugees, major environmental changes, along with the rampant unwillingness of too many people to face these dilemmas, this course turns to the works of two 20th century women writers—one a storyteller and the other a philosopher—for insight.

Flannery O'Connor read the first English translations of Simone Weil's writings in the 1950s. These two courageous women, audacious in their thinking, continents apart, were on a search for truth about the human condition. Both felt the intense need to disseminate their ideas: O'Connor in fiction and Weil in expository essays.

In this class, we will read and discuss five O'Connor stories in light of Simone Weil's religious and philosophical concepts as developed in certain of her critical essays. Our goal is to highlight parallels and contrasts between Weil's concepts and O'Connor's fictional depiction of the human struggle, given the perennial challenges that evil and suffering cause. Together these two writers do not merely illustrate the enduring value of literature for contemplating and interpreting truth in every age; they offer us insight and resources for confronting the dire need for attention in interpersonal and communal relations in our time. Texts to be used: Simone Weil, *Waiting for God*, any edition, Flannery O'Connor, *The Complete Stories of Flannery O'Connor*, Farrar, Straus & Giroux, 1971. Both available as used copies and in public libraries

Max: 20 Min: 5 10 weeks

2:00 - 3:00 SN41HPT

Big History: The Big Bang, Life and the Rise of Humanity

Mitchell Wayne, Ph.D., Holly Goodson, Ph.D. and Alan Dowty, Ph.D.

Location: Howard Park 1

Big History is a highly acclaimed series of 48 video lectures by Professor David Christian that cover all of history from the Big Bang to the present day. The spring series will begin with the appearance of written records, about 5000 years ago, and the formation of cities,

states, and civilizations in the following centuries. The video lectures require no previous historical or scientific background and are designed to provide the widest possible perspective on universal history. The lectures are followed by a discussion with three Notre Dame professors.

Max: 40 Min: 8 8 weeks

2:00 - 3:20 SP22T

Laudate Si? Yes!! (Solving the Big Problems)

Bob King

Location: FLI Rm 6

Learn powerful tools to solve the toughest problems with win/win solutions. We will work in groups to practice tools on local or global problems including reducing homelessness, improving public education and improving healthcare. National or global problems may include improving health standards and reducing world poverty and hunger.

Max: 20 Min: 5 10 weeks

2:00 - 2:50 MU42T

Guitar

David Denlinger

Location: FLI Upper Room

Introduction to Acoustic guitar. Beginner level. Taught in partnership with the Music Village and Forever Learning. Limited number of guitars are available to borrow or rent. *Copy Fee: \$1.00, due to the instructor at the first class. Late Start/First class March 17.*

Max: 20 Min: 10 8 weeks

2:30 - 3:20 HP15T

The Kings and Queens of England

Roger Chrastil, M.A.

Location: FLI Rm 5

From Egbert, King of Wessex in AD 802 to the reign of Queen Elizabeth II in the present day, the Kings and Queens of England present a glittering array of pride, power and pageantry. In this class we will explore over 1200 years of English monarchy, from the Anglo-Saxons to the Windsors. Join us as we examine the rich and unfolding story of the monarchs of England.

Max: 15 Min: 5 10 weeks



Watch your email for our monthly newsletter and updates!

2:30 - 3:20 LG14T

German: Intermediate Level

Monika Wayne, M.A.

Location: FLI Rm 4

This class continues to study German grammar, vocabulary and practices all language skills: reading, writing, listening and speaking. No textbook is necessary. *Copy fee: \$5.00, due to the instructor at the first class.*

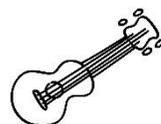
Max: 10 Min: 4 10 weeks

3:00 - 3:50 MU41T

Ukulele Beginner Level

David Denlinger

Location: FLI Upper Room



Ukulele

Students will learn the basics of note names, chords and rhythm patterns. Popular songs will be taught with a basic understanding of reading music and tablature as well as reading a lyric/chord sheet. Students should provide their own instrument. *Copy fee: \$1.00, due to the instructor at the first class.*

Late Start/First class March 17.

Max: 20 Min: 10 8 weeks

3:30 - 5:00 SP55T

University Lecture Series

Genevieve W. Trench

Location: FLI Rm 2/3

This four-part series hosts individual speakers on a variety of pertinent topics facing our nation today. Our schedule is as follows:

- April 14 - *Public Education: Indiana and Beyond*, Speaker: Stuart Greene, PhD., Professor Emeritus, Notre Dame and School Board Member, St. Joseph Co. Public Schools
- April 21 - *Economic Inequality in the United States*, Speaker: Klajdi Bergu, PhD., Asst. Professor of Economics, Judd Leighton School of Business and Economics, IUSB
- April 28 - *Health in the United States*, Speaker: Mark D. Fox, M.D., PhD., MPH, Director of Indiana University School of Medicine, Notre Dame and Deputy Health Officer, St. Joseph County
- May 5 - *The Current Political Climate in the United States* Speaker: Josh Kaplan, Ph.D., Professor of Political Science, Notre Dame.

Max: 30 Min: 10 4 weeks