

Monday

3/1/2021 - 4/16/2021

Lighthouse Models: An Email Guided Independent Study

Marie A. Blunt

This 6 week guided independent study class will not Zoom or meet in person but communicate via email and pdf documents written by the instructor. Students will learn about lighthouses and build 6 lighthouse models using cardstock, glue, and other materials generally found at home or available in craft stores for a nominal cost.

Each weekly class will consist of three activities: 1) students constructing a lighthouse model; 2) students reading a short "Did You Know" Article about lighthouses; and 3) students responding via email to instructor posed questions about these activities. Upon enrollment the instructor will email each student a Welcome Letter with a detailed list of supplies required to complete the 6 models (materials supplied by student).

Each Monday beginning 3/1/21 and ending 4/12/21 the instructor will email one lighthouse model kit to the student as a PDF attachment for the student to print. The instructor will be available via email to answer questions about that model. In addition, each Monday the instructor will pose a question related to the week's "Did You Know" reading assignment. The "Did You Know" articles are short, but each contains links for additional information. Students may explore as much or as little of the additional information as they wish. Models, reading assignments and the ensuing discussions should be completed by the end of the week and the cycle will begin again the following Monday with a new model and reading assignment. Students may study the material any time, but questions about the content will only be entertained by the instructor over the assigned week via email unless prior arrangements are made.

Prerequisite: Participants must be able to open and print pdf documents independently. Instructor will not be available to help with technical or printer problems, only issues related to the class content.

Max: 15 Min: 3 6 weeks

9:00 AM - 9:50 AM 3/1/2021 - 5/10/2021

Polish for Everyone

Dorota Janik

Begin, or continue, a journey with Polish. We will build on your knowledge of language, memories and love for things Polish. With addition of new phrases, simplified grammar, and conversation you will prepare to embark on the next trip to Chicago Polish store, write a Christmas note in Polish to your loved one or simply enjoy reminiscing on the conversations you overheard growing up. Text and other materials will be announced during the first class.

Max: 10 Min: 2 10 weeks

9:30 AM - 10:30 AM 3/1/2021 - 5/10/2021

Continuing Beginning German

Ronald Cosner, M.A.

Further study of dative case will continue, as well as further exploration of Emil, the graded reader, and learning from A1 segments of Deutsche Welle online.

Max: 14 Min: 4 10 weeks

10:00 AM - 11:00 AM **3/1/2021 - 5/10/2021**

Basic Economics

James Halteman Ph.D.

This class explores the way our economic system produces and allocates resources by using practical examples from the real world. How do markets work and where do they fail? What role might the government play in these processes? How can we maintain trust in each other when markets are so impersonal? Is the gap between the rich and poor expanding and, if so, what should we do about it? Do we benefit from world trade? What moral and ethical principles apply in economic activity? What might the economic world look like in 50 years? No economic background is needed for this course.

Participants need only have a curiosity about the many places where economics touches our lives.

Max: 15 Min: 8 10 weeks

11:00 AM - 12:20 PM **3/1/2021 - 5/10/2021**

Understanding Societal Conditioning

Deborah Dwyer

Gain a greater understanding of the existing unconscious beliefs and patterns that have created the structures of racism in our society. Explore the historical roots that shape perceptions and lead us away from a true regard for ourselves and for all people.

Increase awareness, effectiveness, and compassion to better play a part in a healing solution for our community.

Max: 15 Min: 5 10 weeks

11:00 AM - 12:00 PM **3/1/2021 - 5/10/2021**

Intermediate German

Ronald Cosner, M.A.

After finishing reviewing time, further studies will include Genitive Case, more dative prepositions, and a review of past tense. In addition, Emil will conclude, and the graded reader will continue as well as online studies from A1 segments of Deutsche Welle.

Max: 14 Min: 3 10 weeks

12:00 PM - 1:00 PM **3/1/2021 - 4/19/2021**

Intermediate Chair Yoga and Strength

Cathy Roe, certified instructor

This is a continuation of Chair Yoga and Strength, a class for anyone that has some chair yoga experience. We open with a flow movement sequence for 15 minutes. Then we go in to a 15 minute segment of light free weights, still sitting in the chair. We stand with the chair (to help us with balance) for the next 25 minutes, and do yoga poses as well as balance exercises. The last 5 minutes are sitting with easy stretches. Contact me through Forever Learning if you have no chair yoga experience and wish to join, I will send you a series of 4 free video classes to get you ready. Please note, this class will hold its last meeting the week of the Forever Learning Spring Break.

Max: 50 Min: 5 8 weeks

12:30 PM - 1:30 PM

3/1/2021 - 5/10/2021

Un mélange français

Jerry Gloster, M.A.

This weekly gathering of Francophiles will provide an opportunity for individuals with some basic French to work on their language skills in an informal setting. Past FLI students of French have coordinated a series of fun learning opportunities for participants from elementary through advanced levels. In-class practice in French conversation will use materials such as French short stories, videos, movies, news articles, poetry, songs, games, or grammar exercises as the focus for each two-week unit. Volunteer leaders will rotate over the course of the semester, so variety is guaranteed. For example, two weeks might be devoted to French folktales from “Contes et légendes du monde francophone” (Vary & Brouillet), another two weeks to grammar exercises in “Discovering French (Rouge)” (Valette & Valette), while another unit might use French literature selections from the “Easy French Reader” (de Roussy de Sales), and so on. No books need to be purchased; electronic scans of the necessary materials will be provided. Students may be asked to view videos or films online via YouTube or via Kanopy (which is available free to St. Joseph County Public Library cardholders).

Max: 25 Min: 5

10 weeks

1:00 PM - 2:00 PM

3/1/2021 - 5/10/2021

Rest In Peace

Kathleen Matuszak, MPA

An upfront informational course discussing death, dying and the funeral industry. We will include a history of why we do the things we do, the costs involved, and all of the "oowy-goowy-gorey" details we all want to know but are afraid to ask. This class will be lecture with "side-bar" question and answer sessions. Some content will be determined by student interests and questions. Kathleen is the General Manager of St. Joseph Funeral Home and Cemetery.

Max: 25 Min: 5

10 weeks

2:00 PM - 3:30 PM

3/1/2021 - 5/10/2021

French Idiots—Uh, I Mean Idioms.

Jerry Gloster, M.A.

Exploring the wonderful world of French idioms, which I refer to as idiots, which are so necessary to carry on daily conversations. Much of everyday speech in English or French is colored by a variety of colorful phrases to express our feelings, thoughts, ideas.... People might ask, “Cat got your tongue?” Show people wish each other, “break a leg.” And when it is raining, it is raining cats and dogs. But in France it never rains cats and dogs—il pleut des cordes—that is, it rains ropes. These expressions can seldom be translated literally back and forth into either language without absurd or nonsensical results. Though picking up where we left off in the Fall, this should make no difference to newcomers, because we are simply taking idioms in order of interest, not in any connected sense.

We will complete chapter 28 and move on to chapter 27 (the only 2 chapters from this book that I will be using), from The Ultimate French Review and Practice by Stillman & Gordon, McGraw-Hill, 3rd or 4th ed. Merriam-Webster's Easy Learning French Idioms (French & English Ed.) Paperback – June 1, 2011.

Max: 20 Min: 5

10 weeks

3:00 PM - 3:45 PM **3/1/2021 - 4/15/2021**

Knitting a child's cardigan

Marilouise Hagenberg, M.A., M.S.

Students will learn how to knit a basic cardigan with button band and shawl collar. Students must be able to cast-on, knit, purl, complete a basic bind-off and know how to make simple increases and decreases.

Supplies: Instructor will send the list of supplies once registration has been received. Size 6 and 7 straight needles (can use circular), yarn, markers and stitch holders will be needed. This class meets twice weekly on Mondays and Thursdays, 3-3:45 p.m. Students are expected to knit outside class.

Max: 6 Min: 3 6 weeks

4:00 PM - 5:15 PM **3/1/2021 - 5/10/2021**

Walking around the neighborhood or on pilgrimage across Spain on the Camino

Thomas Labuziowski

This course will cover all the benefits and pleasures of walking around the neighborhood to walking across Spain on pilgrimage on the Camino de Santiago. Over the 10 week course we will meet some of the world's most experienced walkers, pilgrims, authors, and more. Optional extra social distanced safe area walks on other days will be available for class members. Dozens of previous Camino Class students will also join the class. The winter class had zoom guest speakers from Spain, Australia, Italy, Ireland, Holland, and France, as well as authors, film makers, pilgrim priests, singers, songwriters, musicians, podcast makers, world travelers and more. They all have one thing in common, that they love walking and encourage others to help transform their lives by putting one foot in front of the other.

Max: 50 Min: 5 10 weeks

Tuesday

8:00 AM - 10:00 AM **5/4/2021 - 5/25/2021**

St. Joseph County Parks Birding Trail Hikes

Michaele Klingerman

Join a St. Joseph County Parks naturalist to explore the four parks which are featured in the new Indiana Birding Trail. Look and listen for birds during the spring migration season. Each walk will last approximately 2 hours. No FLI tuition. Questions about the walking club can be directed to Michaele Klingerman at 574-654-3155. You must be capable of walking on uneven surfaces for approximately two miles.

*St. Patrick's County Park: Brown Barn (May 4)

*Spicer Lake Nature Preserve: Nature Center (May 11)

*Bendix Woods County Park: Runnels Shelter (May 18)

*Beverly D. Crone Restoration Area (May 25)

Fee: \$15/person for 4 sessions due at the first class.

Max: 15 Min: 5 4 weeks

10:00 AM - 11:30 AM **3/2/2021 - 4/27/2021**

Creating Greeting Cards Using Your PC.

Phil Bertoni, MNS

Making professionally-looking greeting cards using WORD (PC computer only). The first several weeks will be devoted to using the Microsoft Office WORD software program with emphasis on the WORD commands needed for making the cards. Students will learn how to insert photos and illustrations into their cards, including text messages. Downloading photos and illustrations from the Internet, and uploading photos from a cell phone, resizing, cropping photos and illustrations, etc., will be covered. Worksheets will be emailed to participants ahead of time. Toward the end of the course, a free photo editing software program will be investigated for interested students to download and learn to use.

Max: 10 Min: 2 8 weeks

10:00 AM - 11:00 AM **3/2/2021 - 4/27/2021**

Great Decisions 2021

Paul Stevenson

Great Decisions is a national discussion program created by the Foreign Policy Association. Each year eight timely topics are chosen for the creation of a short video and classroom discussion materials. Interested students will receive a link to watch the video and then meet each week in a Zoom for instructor lead discussion. The 2021 topics are Global Supply Chains and U.S. National Security, The future of Persian Gulf Security, Brexit: taking stock and looking ahead, The coldest war: toward a return to great power competition in the Arctic?, China and Africa, The two Koreas, The World Health Organization's response to Covid-19, The end of globalization?

Max: 25 Min: 5 8 weeks

10:00 AM - 11:20 AM **3/2/2021 - 5/11/2021**

Continuing Sign Language

Marcia Haslett, M.Ed.

Our continuing course includes extended review with signed conversational phrases, question-asking/answering; improve your expressive & receptive clarity with on-screen communication partners; incorporate the visual aspects of signing with current events, simple songs. Instructor provides practice vocabulary ideas and links for online videos to encourage self-practice. 'Sign Like a Champion!' via Zoom format. Individuals who already have sign skills but have not been in a previous FLI sign class, are welcome to enroll.

Access to text: Signing for Kids (and Adults!) by M. Flodin and \$5 supplies fee payable to instructor after first class.

Max: 8 Min: 3 10 weeks

10:30 AM - 11:50 AM **3/2/2021 - 5/11/2021**

Reading the Stories of Jesus

Deacon John Tugman

Shared reading and discussion of the Gospels, this semester Matthew and John. We will read the entirety of each gospel, pausing for discussion after each chapter, typically covering five or six chapters per class. The priority is the shared reading of each gospel so that we hear the total story in a concentrated dose, rather than just one episode at a time as happens in most church services. Bring your own Bible, any translation. Get to know Jesus better, whatever your current relationship with him. A great way for someone who does not know the Jesus story well to be introduced to him. The course

focuses on the story, not religious doctrine; all Christians, non-Christians, and non-believers welcomed and respected.

Max: 12 Min: 4 10 weeks

10:30 AM - 11:30 AM 3/2/2021 - 5/11/2021

Advanced Genealogy

Peg Adams, M.Mus.

This is a continuation of Beginning Genealogy taught fall semester 2020 but will be of interest to anyone working on their family history. Class members will have a choice in some of the topics which will include breaking through a brick wall, immigration records, dating photos, and more. Participants are encouraged to participate and share knowledge.

Max: 20 Min: 5 10 weeks

10:30 AM - 12:30 PM 3/2/2021 - 5/11/2021

iPad Photo Editing Workshop

Richard Sunshine, Ph.D.

This workshop will use a \$2.00 and a \$5.00 app on the iPad to edit photos and create collages, cards, and posters. The photo editing will include removing unwanted features, adding images, changing background, adjusting the exposure and color in selected areas of student photos, adding text, and creating collages and cards. The apps will provide many of the features of Photoshop Elements at a much lower cost. Two devices will be required:

1. An iPad to practice and learn on, and
2. A computer or second iPad to watch the class demonstrations.

Jane Keller will be co-teaching.

Max: 12 Min: 5 10 weeks

12:30 PM - 1:40 PM 3/2/2021 - 5/11/2021

Beginning Sign Language

Marcia Haslett, M.Ed.

Sign It to Say It' via Zoom format. Our course introduces you to to fingerspelling and basic sign language vocabulary. Overview of hearing loss and its implications in daily life. Learn the importance of gesture, mime, facial expression, eye-gaze and body language to convey meaning to your on-screen sign partners.

Access to text: Signing for Kids (and Adults!) by M. Flodin, \$12 and \$4 supplies fee - arrange with instructor before second class.

Max: 7 Min: 2 10 weeks

12:30 PM - 2:00 PM 3/2/2021 - 5/11/2021

Nouns & Adjectives & Other Fun French Stuff

Jerry Gloster, M.A.

This class intends to greatly expand the student's vocabulary by looking at a variety of nouns according to themes of everyday life. We will look at everything from the parts of a car, childcare, cooking, outdoor activities.... We will learn how to color our nouns with a variety of adjectives, learning which precede the noun, which follow, and in those special cases where meaning changes depending on the placement of the adjective. We will review comparison of adjective, and while at it, adverbs, just for the fun of it. We will cover many other aspects of daily life and conversation.

Our text will be: The Ultimate French Review and Practice by Stillman & Gordon, McGraw-Hill, 3rd or 4th. ed. Books can be found at Amazon as well as from other booksellers. (A supplementary text, not necessary, but helpful: 6,000+ Essential French Words, Living Language [Random House], 2004.)

Max: 20 Min: 5 10 weeks

1:00 PM - 3:00 PM 3/2/2021 - 5/11/2021

The Rise of the Ottoman Turks 1200-1453

Jack Williams, Ph.D.

During the later Middle Ages, the Ottoman Turks emerged as one of the most powerful empires in Europe and the Near East. Who were these Turks, and how did they assemble this vast state? In what ways did their empire effect the future development of Eastern Europe and Anatolia? Join us as we explore the tumultuous events that reshaped the geography and political development of this important civilization.

Max: 50 Min: 5 10 weeks

1:00 PM - 1:50 PM 3/2/2021 - 5/11/2021

Issues in Aging

Kirsten Sharpe

This will be a seminar course with a different speaker/expert each week to assist students with a variety of issues we all face as we enter the third age of our lives. Students must register for the entire series at a single class fee. Speakers will include (not necessarily in this order):

- Kirsten Sharpe, The Realtor for Seniors, Managing Broker & Owner of Sharpe Realty - Overwhelmed by the Thought of Moving: Where to Start and What to Expect.
- Luis Zapata, Vice President, Financial Wellness, 1st Source Bank - What is identity theft, how it happens, how to prevent it, and what to do if it happens to you.
- Patty Piechocki, Program Specialist, Institute for Excellence in Memory Care - Understanding Alzheimer's and Dementia 101.
- Beth Hlabse, Mental Health Counselor, Cornerstone Family Therapy – Re-envisioning Emotional Well-being and Connection: Identifying and Overcoming Loneliness, Depression, & Anxiety.
- Paul Eash, Elder Care Attorney - POA, Guardianship and other elder law topics.
- Cyndy Searfoss, Foundation for Hospice – Hospice 101: what you need to know about Hospice and Palliative Care.
- Shauna Luthringer, Palmer Funeral Home - Funeral pre-planning and how that provides guidance, and peace of mind, to your family.
- Cat Ludwig, Registered Dietician – How food and nutrition affect your life.
- Patti Vandergrift, Always Best Care Senior Services – In-home care: what is it, when do you need it, and how to pay for it.
- Leah Schrock, REAL Services - Caregiving: how to care for others while caring for yourself.

Max: 30 Min: 5 10 weeks

2:00 PM - 3:30 PM 3/2/2021 - 5/4/2021

Fabulous Baskets and Bags

Sue Schneider

Have you always looked admiringly at Vera Bradley® accessories and wondered if you could do it yourself? You can! Join us for this Zoom class designed to build basic skills so you can go on to create endless fabric bags, purses, and home decor items using skills you learn here. We will make four

beginner projects you can keep for yourself or give as gifts! We will begin with small fabric baskets, move on to a cell phone holder, mesh project bag, and zippered makeup bag. Zoom class will be supplemented by instructor handouts and assistance, printed patterns, and video tips given by the pattern designer herself. You will become familiar with using stabilizers, mesh, zippers, and vinyl to enhance your projects. We will use free patterns from "byannie.com." Class will run nine weeks. To minimize supply costs, you will provide your own fat quarters and we will pool our resources to get mesh, stabilizer, interfacing, vinyl, and zippers.

Max: 8 Min: 3 9 weeks

3:00 PM - 4:30 PM 3/2/2021 - 5/11/2021

Beginning Origami

Lorenzo Riva

Discover the joy of folding origami! This course will cover simple models (animals, objects, envelopes), basic techniques (rabbit ears, crane folds, bases), and the language of origami books. Arm yourself with a lot of paper and enthusiasm and get ready to learn!

Students will need to purchase origami paper. Instructor recommends the 120 Sheets by Daiso Japan (\$4.90) on Amazon. Anything sold in higher quantities than 100-120 sheets will most likely not be a perfect square, which is important when doing origami.

Max: 40 Min: 2 10 weeks

3:00 PM - 4:00 PM 3/2/2021 - 5/11/2021

Intermediate German

Monika Wayne

Intermediate German will practice all four language skills: reading, writing, listening, and speaking. Most materials will be emailed to the participants. Students will need a printer. With the input from the students, we will also choose a book to read and discuss. This book will have to be purchased.

Max: 16 Min: 4 10 weeks

Wednesday

9:00 AM - 10:15 AM 3/3/2021 - 5/12/2021

Basic Spanish Continuing

Nancy Sechrest, M.A.

This is a continuing course from Fall 2020. We will begin with chapter 9 of the *Destinos* series.

Max: 12 Min: 4 10 weeks

9:30 AM - 10:30 AM 3/3/2021 - 5/12/2021

Why Studebaker Failed

Leighton Schmitt

How does a company go from 12,000 employees and its biggest profit ever in 1959, to bust four years later? This course will answer that question blending history and storytelling with economics, car design, and finance. Studebaker made great cars, but that wasn't enough for them to stand the test of time. We'll focus on the business decisions Studebaker executives made and discuss the external forces that ultimately led to the end of the line for South Bend's largest company. It's a story of brilliance, idiocy, dividends, suicide, big gambles, and huge losses. I hope you'll join us to find out.

Max: 50 Min: 10 10 weeks

10:00 AM - 11:00 AM **3/3/2021 - 5/12/2021**

Remarry or Not - For Widows and Widowers

David Paliganoff

Guiding widows and widowers through the steps to consider remarriage or not. The ABCs of remarriage and key words are discussed on your path to the 'second most important decision' in one's life. By the last class, you may have written or journaled a short novella regarding your decision. Instructor booklets will be available in the FLI office for pickup prior to the first class to registered students.

Max: 8 Min: 5 10 weeks

10:00 AM - 10:50 AM **3/3/2021 - 5/12/2021**

Beginning Spanish 1

Robert Hamma, M.A.

This course will help you learn proper pronunciation and gain confidence in simple forms of conversation. You will practice speaking with one another and learn vocabulary for use in travel and ordinary daily conversations. Suitable for beginners or those needing to get back into speaking Spanish. We will use the book Spanish in 10 Minutes a Day by Kristine K. Kershul (available at Barnes and Noble or Amazon).

Max: 16 Min: 6 10 weeks

10:00 AM - 11:50 AM **3/3/2021 - 5/12/2021**

Silvertones

Maretta Hershberger, M.A.

Silvertones is a glee club for seniors – no auditions! We welcome anyone who wants to sing. Our focus is on performance of music that is both fun and entertaining, as well as serious. We've been on hiatus since COVID came to town, but we're back this spring with a twist - our rehearsals and performances will be online. This group has great camaraderie, so time for socializing will be included in the Zoom rehearsal. Should things open up a bit later in the spring, we may have a few abbreviated rehearsals in a larger space with social distancing and marks.

Max: 30 Min: 10 10 weeks

10:30 AM - 11:45 AM **3/3/2021 - 4/27/2021**

Digital Photography Workshop

Bernadette Clemens-Walatka, M.L.A.

All levels of experience are welcome. We use any camera, from cell phones to interchangeable lens cameras. There is an assignment each week, after the first week, of four photographic files that we will share. Each participant attaches file images to an email, and sends to email to me in advance of the session. I will put the photos together in a simple slide show. We have adjusted our class to the ZOOM format for the last two semesters, and the ZOOM format works well. Our group discussions are gentle and positive as a small group of friends. This course is a workshop, with emphasis on the elements of the image (the art) with limited technical discussion. The assignments change from session to session.

Max: 10 Min: 6 8 weeks

10:30 AM - 12:30 PM **3/3/2021 - 5/12/2021**

Basic iPhone iPad

Richard Sunshine, Ph.D.

The class will focus on using the iOS 14 and iPadOS 14 operating systems. It will cover the basics, but will also cover tips, tricks, and apps which save time, steps and provide new features as time permits.

Synergies between the iPhone and iPad will be emphasized. Two devices will be required:

1. An iPhone 6S or later or an iPad currently running iPadOS 14 to practice and learn on, and
2. A computer or second iPad to watch the class demonstrations.

Jane Keller will be co-teaching.

Max: 12 Min: 5 10 weeks

10:30 AM - 11:30 AM **3/3/2021 - 5/12/2021**

Spanish - Advanced

Nancy Sechrest, M.A.

This class is a continuing class from past semesters. We will begin the semester with chapter 10 in Situaciones and episode 10 of Destinos.

Max: 30 Min: 5 10 weeks

11:00 AM - 12:20 AM **3/3/2021 - 5/12/2021**

The American Short Story: 1970-2000

Sonia Gernes, Ph.D.

In this class, will examine ten short stories written by prominent authors of the late 20th century. We will analyze these stories from a literary perspective, looking at how each author handles the elements of fiction to portray his/her vision of life at the end of the millennium. Students will be expected to read the assigned stories prior to class. Discussion questions about the stories will be emailed to students each week.

PLEASE NOTE: This class is a repeat of a course called "The Contemporary Short Story" that I taught in Spring 2015.

Text: *The Scribner Anthology of Contemporary Short Stories*. Ed. Williford and

Martone. Scribners, 1999 edition. Please be sure to get the 1999 edition which has a blue cover. A later edition with a yellow cover does not have the same stories.

Max: 24 Min: 12 10 weeks

11:00 AM - 12:30 PM **4/14/2021 - 5/12/2021**

St. Joseph County Parks Wednesday Spring Walking Club

Jaimie Hartzke

Boomers put on your walking shoes and explore the St. Joseph County Parks! We'll walk the scenic park trails and learn about the history and features of each park. Each walk will be approximately 50-60 minutes. No FLI tuition. Questions about the walking club can be directed to Jamie Hartzke at 574/277-4828. Walks begin at 11 am. Fee: \$15/person for 5 sessions due at first class.

*St. Patrick's County Park: Brown Barn (April 14 and May 12)

*Ferrettie-Baugo Creek County Park: Oak Tree Shelter (April 21)

*Spicer Lake Nature Preserve: Nature Center (April 28)

*Bendix Woods County Park: Runnels Shelter (May 5)

Max: 20 Min: 5 5 weeks

12:00 PM - 1:50 PM

3/3/2021 - 4/14/2021

Legal Opportunities and Issues for Those 60 and Better

Douglas D. Germann, Sr., JD

COVID brings us a shiver: our loved ones could be here today, gone next week. Is their Will and POA up to date? Is ours? This course is directed by you: What are you facing? Your questions are our course outline. You might ask about:

- The crisis of paying for long-term care and nursing homes
- Guardians and POAs
- Alzheimer's and dementia
- The long-term care labyrinth
- Medicaid
- Wills
- Trusts
- How to choose the right nursing home or assisted living
- End of Life conversations and choices
- What help is there in our community?
- Living Wills, DNR, POST, and other advance directives
- How to be an Executor
- How to be a POA

Special note: For the first class, we will be showing an excerpt from a film called "Consider the Conversation," about how we are treated by our medical system and our culture as we approach death, and what is the best way to get the amount and kind of care we want.

Max: 40 Min: 5

6 weeks

12:30 PM - 1:30 PM

3/3/2021 - 5/12/2021

For Whom the Bell Tolls

Steven Gable, M.D.

For Whom the Bell Tolls is one of Ernest Hemingway's four major novels. Published in 1940, its setting is the recently concluded Spanish Civil War, which Hemingway covered as a journalist. The novel deals with war, death, and love. The class will be on Wednesdays at 12:30. "Ask not for whom the bell tolls - it tolls for thee."

Max: 30 Min: 5

10 weeks

2:00 PM - 3:00 PM

3/3/2021 - 5/12/2021

American Mah Jongg Online

Lynn McDonald

Have you been missing your mah jongg group during the pandemic? Did you learn to play the game but don't have a local group to play with? Let me show you how to play online. You will watch over my shoulder while I play, using two popular online mah jongg sites (myjonggpremium.net and realmahjongg.com). I'll show you how to navigate the game on the two sites. Once you know how to use the sites, you can play alone (against the computer), with friends, or with strangers. As I play, we'll discuss what the tiles are telling us: what hands are suggested by the tiles, how to choose between hands, when to switch hands, and how to employ winning strategies. Paid membership to the online sites is not necessary for the class unless you want to take a turn being in the driver's seat of the game (which will be available to interested students). Another focus of the class will be learning the 2021 National Mah Jongg League card (its secrets, patterns, and quirks), which arrives April 1st, so you can get your game dusted off and ready to go, in anticipation of being able to play in person again soon (we

hope!). This class assumes a basic knowledge of the rules and will require a 2021 NMJL card (see ordering info, below). For the first few classes, we'll use the 2020 card (I can provide 2020 copies to those who don't have one) until the 2021 card is available. (I will not provide copies of the 2021 card).

Supplies needed:

2021 National Mah Jongg League card of hands. Order NOW from <http://www.nationalmahjonggleague.org/store.aspx> or (212) 246-3052.

\$9 standard, \$10 large print

Max: 20 Min: 4 10 weeks

Thursday

9:00 AM - 10:30 AM 3/4/2021 - 5/13/2021

Watercolor Workshop

Dorothy McGovern

Prerequisite: Basic Watercolor skills such as setting up your palette, mixing colors, preparing your paper, and independently completing a painting.

This class is designed as a sharing workshop. We will start each class with each of us sharing a project that we've been working on the week before. We will then move to our focus topic/technique for the day. Each class will conclude with a project challenge to work on that week with the intent of sharing at the next class.

For example, if the topic is flowers, we would focus on painting three or four different flowers - sharing techniques - and even trying a quick "what can you paint in 5 minutes" flower watercolor to get the paint and our creative juices flowing. Then we would transition into a flower watercolor. We will have a few samples available, but your project would be to paint your own version and share it with us the following week.

Max: 15 Min: 5 10 weeks

1:00 PM - 3:30 PM 4/15/2021 - 5/13/2021

St. Joseph County Parks Thursday Spring Walking Club

Jaimie Hartzke

Boomers put on your walking shoes and explore St. Patrick's County Park! We'll walk the scenic park trails and learn about the history and features of this beautiful park. Each walk will be approximately 50-60 minutes. No FLI tuition. Questions about the walking club can be directed to Jamie Hartzke at 574/277-4828. April 15, 22, 29, May 6, 13

St. Patrick's County Park: Brown Barn

Fee: \$15/person for 5 sessions due at the first class. You must be capable of walking on uneven surfaces for approximately 2 miles.

Max: 20 Min: 5 5 weeks

1:30 PM - 2:20 PM **3/4/2021 - 5/13/2021**

The Language and Culture of Italy through Food

Nancy D'Antuono, Ph.D.

Beyond the vocabulary associated with the unique historical background regarding food and cooking of many Italian regions, the course will include major grammar points as well as conversational skills, especially for those traveling, or intending to travel to Italy or who just love Italian food. Supplementary material as needed will be provided by the instructor.

Text: Andrea Parisi, Italian Through Food. A practical guide to Learning the Language of La cucina italiana.

ISBN 9781540700988

Max: 15 Min: 3 10 weeks

2:00 PM - 3:30 PM **3/4/2021 - 5/13/2021**

Having Fun with French

Jerry Gloster, M.A.

This class is aimed at any students who were in any of my beginning French classes Spring 2020 or Fall 2020 or for any other students who have a rudimentary beginning in French. This class is to help students preserve and continue their learning in French.

The text we will be using is: Easy French: Step-by-Step, Mastering High Frequency Grammar for French Proficiency--Fast by Myrna Bell Rochester, McGraw-Hill Education, 2009. Cover price for the pbk ed. is \$16.00 but may be found elsewhere cheaper and/or used.

Max: 15 Min: 5 10 weeks

2:00 PM - 4:00 PM **4/8/2021 - 5/13/2021**

Walking in Nature

Rev. Marianne Chalstrom

Explore and experience the spiritual and health benefits of being outside in nature. Sharpen observation skills for being present. Note: this is NOT an art class; simple line or note-taking practice support observation and experience of being in nature. This course is an opportunity to explore the renewing and restorative gifts of being outside in nature, experiencing what poets, philosophers and the wise of many generations have known and neuroscience is just now confirming: nature restores and heals. A reading list will also be included. Simple materials:

- Pen or pencil, pocket sketchbook about postcard size
- Small pocket note pad to jot observations
- Color pencils or small watercolor palette
- Other optional materials will be discussed 1st session

First meeting: Little Flower gazebo and grounds, later meetings at Cobus Creek Park, CR 8 Elkhart Co

Max: 10 Min: 5 6 weeks

2:30 PM - 3:25 PM **3/4/2021 - 5/13/2021**

Continuing Italian Grammar

Nancy D'Antuono, Ph.D.

We will continue with the study of Italian language and culture in the Oggi in Italia text. This is a continuing language class, but new students are always welcome.

Max: 15 Min: 3 10 weeks

Friday

10:00 AM - 11:00 AM

3/5/2021 - 4/30/2021

Dream Group

Ruth Andrews

Dreams are messages from God. Explore your dreams and share with others in a confidential setting. Weekly themes include how dreams change over a lifetime, dream interpretation, dream work, recurring dreams, lucid dreaming, dreams as muse and dreams as transition agent.

Max: 5 Min: 5 8 weeks