



# TAKING STOCK OF YOUR BLESSINGS WORKSHEET

*Take some time in a quiet place to be with God and reflect on the following:*

1. **Who are the important persons (relationships) that have blessed your life? What are/were the special blessings of these relationships? As you jot down each person (relationship), say a prayer for that person.**

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2. **What are the institutions that have blessed your life? What were the special blessings that these institutions gave to you? As you jot down each institution, say a prayer for the success of their mission.**

*(eg. **Good Shepherd Church** – welcomed and supported my family when we moved to a new city; **Archdiocese of Santa Fe** –educated myself, my family, and parish leaders; **Covenant Music Ministry** – gave me a way to praise God as never before)*

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3. **What blessings do I want to bestow on future generations? What organizations will help me do this?**

*(eg. **Archdiocese of Santa Fe** – to bless future generations of New Mexico Catholics by providing them with parish churches and vibrant ministries; **Christian Relief Services** – to bless the poor with food, housing basic necessities in other lands; **Our Church Mission Outreach Program**, etc.)*

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4. **How will I say “thank you” for the blessings God has given me through the above relationships, institutions, and organizations?**

\_\_\_\_\_ Bequest of cash, securities, real estate, and /or personal property in my **will**

\_\_\_\_\_ Designating the person/institution as a **beneficiary** of my life insurance, 401K

\_\_\_\_\_ Creating a **charitable remainder trust** or **charitable gift annuity**

\_\_\_\_\_ Other \_\_\_\_\_