

Concerned about a teen
using alcohol, marijuana,
or other drugs?

Some education and
intervention may be
helpful.

What is Teen Intervene?

It is a free, virtual, 2-4 session,
evidence-based program to address
adolescent alcohol and other drug
use in its early stages by providing
education, support and motivation to
reduce substance use.

The model reflects the belief that it is
important to meet teens where they
are at, recognize a teen may or may
not see their use as a problem or see
a need to change their behavior.

Teen Intervene draws from various
models proven effective in
addressing substance use; including
motivational interviewing, stages of
change theory, and cognitive-
behavioral therapy.

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Teen Intervene Services





Who is Teen Intervene for?

Teenagers who have experienced mild to moderate problems associated with their substance use. They may have been “caught” by parents, police, or others drinking or using marijuana at home, at school, at a gathering with friends, or at other places in the community. They are not addicted but can benefit from some education and intervention.

Who can refer a teen?

Anyone concerned about a teen’s substance use can be referred. See contact info in this brochure and call to schedule an appointment.

What happens in Teen Intervene?

There is an introductory session to explain the program and provide a brief screening to rule out an addiction disorder, which would warrant a referral to treatment. Follow up sessions provide education tailored to individual needs. A session with parents may be included.

Are parents involved?

A session for parents/guardians, and the teen together is a standard part of the program but may not always be possible.

Who conducts the Teen Intervene Sessions?

Prevention Specialists and counselors trained in the Teen Intervene Model and working for NYS Office of Addiction Services and Supports, (OASAS) funded agencies.

Goal of Teen Intervene

- Help teens reduce or eliminate alcohol and other drug use
- Provide education around alcohol and drugs
- Provide referrals to further help if needed

Where does Teen Intervene take place?

Currently, this program is being offered virtually but may be in-person in the future.

CONTACT US:

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