

# Service From Home

## COVID-19 Response

#VikingsForOthers

*"This is my commandment: love one another as I love you." - John 15:12*



Villa Angela-St. Joseph

HIGH SCHOOL

*Faith. Family. Future.*

## Know the Impact

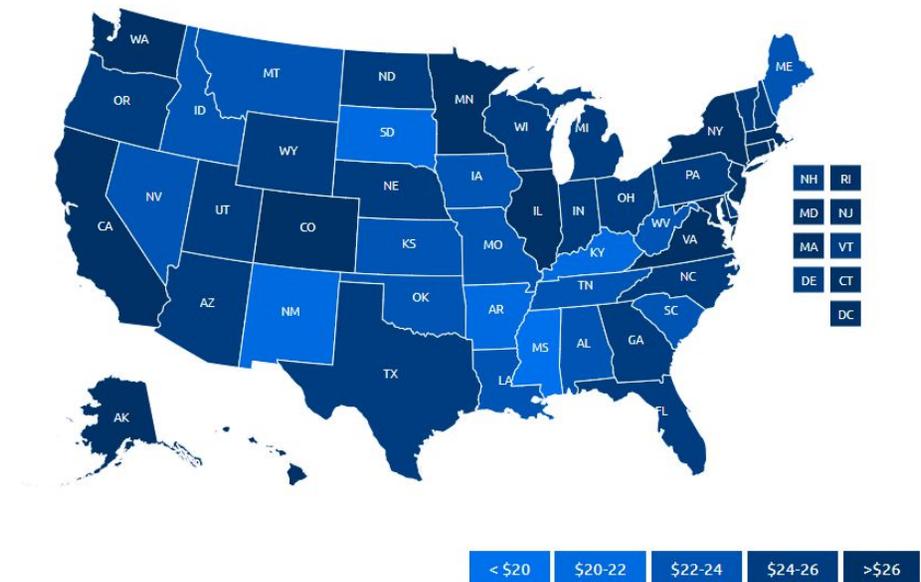
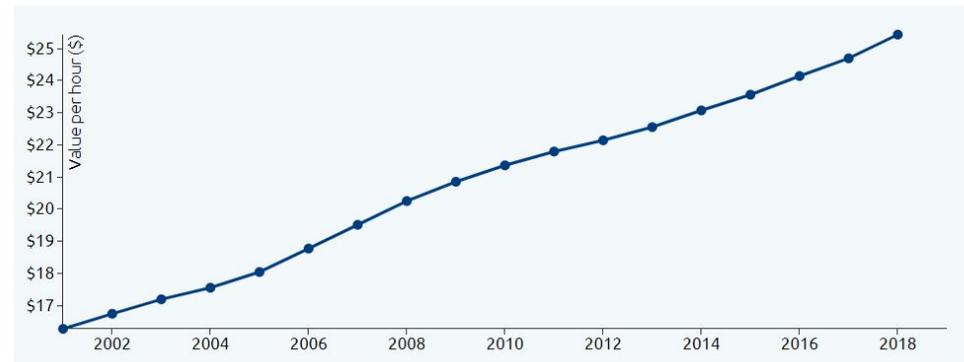
Volunteers assist in many organizations and in many capacities. The selfless giving of volunteers' time and effort is what enables nonprofits and organizations doing work for great causes to continue with their work without increasing their expenses.

The average value of a volunteer in Ohio in 2018 was \$24.05 per hour.

The most recent data shows that the national value of a volunteer hour is \$25.43.

Being of service to others is something we do from our hearts. Being of service impacts more than just ourselves, it impacts individuals and it impacts our society as a whole.

## Historic Dollar Value of a Volunteer Hour: 2002-2018



## Service from Home Opportunities

<u>Service Opportunity</u>	<u>What You'll Need</u>	<u>Activity /Tutorials</u>	<u>How To Demonstrate Completion</u>	<u>How To Measure Hours</u>
<b>Birthday Cards for the Elderly</b>	Paper, coloring utensils, optional stickers	Thoughtfully create birthday cards with a colorful cover and nice sentiment written inside.	<ol style="list-style-type: none"> <li>1. Take pictures of all your cards, 6 or 12 cards per photo.</li> <li>2. Take a picture of yourself making the cards/ holding the cards.</li> <li>3. Submit photos to the GC assignment.</li> <li>4. <i>Turn in cards to Miss Wilson upon return.</i></li> </ol>	1 card = 5 min. 12 cards = 1 hour
<b>Prayer Cards for Hospice Patients</b>	Paper, coloring utensils, optional stickers	Thoughtfully create prayer cards with a colorful cover and a prayerful, uplifting message written inside.	<ol style="list-style-type: none"> <li>1. Take pictures of all your cards, 6 or 12 cards per photo.</li> <li>2. Take a picture of yourself making the cards/ holding the cards.</li> <li>3. Submit photos to the GC assignment.</li> <li>4. <i>Turn in cards to Miss Wilson upon return.</i></li> </ol>	1 card = 5 min. 12 cards = 1 hour
<b>Cards for Soldiers Overseas</b>	Paper, coloring utensils, optional stickers	Thoughtfully create "thinking of you" cards with a colorful cover and a prayerful, uplifting message written inside.	<ol style="list-style-type: none"> <li>1. Take pictures of all your cards, 6 or 12 cards per photo.</li> <li>2. Take a picture of yourself making the cards/ holding the cards.</li> <li>3. Submit photos to the GC assignment.</li> <li>4. <i>Turn in cards to Miss Wilson upon return.</i></li> </ol>	1 card = 5 min. 12 cards = 1 hour
<b>Letters for Prisoners</b>	Lined paper, writing utensils	Thoughtfully write letters to prisoners with prayerful, uplifting messages written and anonymously signed.	<ol style="list-style-type: none"> <li>1. Take pictures of all your letters, 6 or 12 letters per photo.</li> <li>2. Take a picture of yourself making the letters/ holding the letters.</li> <li>3. Submit photos to the GC assignment.</li> <li>4. <i>Turn in letters to Miss Wilson upon return.</i></li> </ol>	1 letter= 5 min. 12 letters = 1 hour

<p>“Why Service is Important to Me” Video</p>	<p>Video Recording Device, School Gmail, Editing software optional</p>	<p>Create a 45 second - 1 minute long video, including you speaking, to answer the question, “Why is service important to you?”. Presentation is important. Student must be in school uniform and complete the assignment with a presentable backdrop (i.e. blank wall or book shelf in back).</p>	<ol style="list-style-type: none"> <li>1. Submit your video to the GC assignment. (if too large of a file, email via Google link)</li> </ol>	<p>Production of a 45 second - 1 minute video = 2 hours</p>
<p>“Where I Serve” Video</p>	<p>Video Recording Device, School Gmail, Editing software optional</p>	<p>Create a 45 second - 1 minute long video, including you speaking, to answer the questions, “Where do you do service and why should others serve there too?”. Presentation is important. Student must be in school uniform and complete the assignment with a presentable backdrop (i.e. blank wall or book shelf in back).</p>	<ol style="list-style-type: none"> <li>1. Submit your video to the GC assignment. (if too large of a file, email via Google link)</li> </ol>	<p>Production of a 45 second - 1 minute video = 2 hours</p>
<p>American Cancer Society: Relay for Life Fundraising</p>	<p><a href="https://secure.acsevents.org/site/STR?fr_id=95450&amp;pg=team&amp;team_id=2520354">https://secure.acsevents.org/site/STR?fr_id=95450&amp;pg=team&amp;team_id=2520354</a></p>	<p>Join our team, entering your full name in the sign up. Share your personal fundraising link with others to raise money for the American Cancer Society. The average volunteer in Ohio is worth \$24.05 an hour. Let’s see how big of an impact even \$10 for an hour can make!</p>	<ol style="list-style-type: none"> <li>1. Mark submit on the Google Classroom assignment dropbox and leave a comment with the dollar amount there.</li> <li>2. Email Miss Wilson when you have finished your fundraising. (It’s easily tracked online.)</li> </ol>	<p>\$10 raised = 1 hour</p>
<p>Global Child Thrive Act</p>	<p><a href="https://support.crs.org/act/lead-the-way-ECD?ms=MA Mcrs0220ltw00btn00&amp;_ga=2.172645603.177705594.1584652832-1931899453.1582507697">https://support.crs.org/act/lead-the-way-ECD?ms=MA Mcrs0220ltw00btn00&amp;_ga=2.172645603.177705594.1584652832-1931899453.1582507697</a></p>	<p>Sign the form with all of your accurate information.</p>	<ol style="list-style-type: none"> <li>1. Submit 2 screenshots of the form 1) as you complete it and 2) the after submission screen.</li> </ol>	<p>Signing = 30 minutes</p>

Pennies for Patients Reflection	<a href="#">Honored Heroes - Brief Bios</a>  Google Docs	Read about the awesome honored heroes. Reflect on commonalities you share with one of the honored heroes and how reading their brief bio may have caused you to reflect or consider something from a new perspective.	<ol style="list-style-type: none"> <li>1. Submit your essay to the specific GC assignment.</li> </ol>	300 word reflection = 1 hour
"Pennies for Patients" Video	Video Recording Device, School Gmail, Editing software optional	Create a short video about participating in Pennies for Patients and share it with friends and family asking for online donations.	<ol style="list-style-type: none"> <li>1. Submit your video to the specific GC assignment.</li> </ol>	Creating a 15-30 second video = 1 hour
Pennies for Patients Fundraising	<a href="https://events.ils.org/pages/noh/Villa-Angela-St-Joseph-High-School-2020">https://events.ils.org/pages/noh/Villa-Angela-St-Joseph-High-School-2020</a>	Join our "school" team, entering your full name in the sign up. Share your personal fundraising link with others to raise money for the Leukemia and Lymphoma Society. The average volunteer in Ohio is worth \$24.05 an hour. Let's see how big of an impact even \$10 for an hour can make!  <a href="#">YouTube Tutorial</a>	<ol style="list-style-type: none"> <li>1. Mark "turn in" on the specific Google Classroom assignment and leave a comment with the dollar amount there.</li> <li>2. Email Miss Wilson when you have finished your fundraising. (It's easily tracked online.)</li> </ol>	\$10 raised = 1 hour
"Why A Viking Serves" Essay	Google Docs	300 word essay. Reflect on your experience of what it means to be a viking and why service is at the core of who we are. Your essay should answer the questions: "Why does a VASJ student do service hours? Why would a VASJ student do more than the required hours?" This can include your personal experiences of service.	<ol style="list-style-type: none"> <li>1. Submit your essay to the specific GC assignment.</li> </ol>	300+ word essay = 1 hour

<b>Prayer Shawl</b>	500-800 yards of yarn, needles and stitching tools <a href="https://www.shawlministry.com/instructions.html">https://www.shawlministry.com/instructions.html</a>	This should be a creative and prayerful experience time to consider the needs of the person who will eventually receive this shawl.	<ol style="list-style-type: none"> <li>1. Take photos/video of your progress making the shawl.</li> <li>2. Take a photo of you with your final product.</li> <li>3. Submit photos/videos to the specific GC assignment.</li> <li>4. Turn into Miss Wilson upon return.</li> </ol>	1 shawl = 3 hours
<b>Fleece Tie-Blanket for the Homeless</b>	Requires anywhere from 1.5 to 3 yards, (1.3-2.7 meters) of each fleece. 1.5 yards makes a decent size throw, 2.5-3 yards (2.3-2.7 meters) makes a nice twin size blanket.  Scissors or other tool for cutting fleece  <a href="https://www.youtube.com/watch?v=8rQ89wbLOZ8">https://www.youtube.com/watch?v=8rQ89wbLOZ8</a>	This should be a creative and prayerful experience for you, time to take into consideration the needs of the person who will eventually receive this blanket.	<ol style="list-style-type: none"> <li>1. Take photos/video of your progress making the blanket.</li> <li>2. Take a photo of you with your final product.</li> <li>3. Submit photos/videos to the specific GC assignment.</li> <li>4. Turn into Miss Wilson upon return.</li> </ol>	1 blanket = 3 hours
<b>Art for Hospital Patient</b>	Small canvas, paint, paintbrushes	Use your creativity and paint a scene that will inspire those who are restricted to the confines of their hospital room.	<ol style="list-style-type: none"> <li>1. Take photos/video of your progress making the art.</li> <li>2. Take a photo of you with your final product. Submit photos/videos to the GC dropbox.</li> <li>3. Turn into Miss Wilson upon return.</li> </ol>	1 painted canvas = 1 hour

*If you have an idea for any other way you could potentially do service at home and are wondering if it can count, please send an email to Miss Wilson for consideration.*